



EDUCATION AND TRAINING

ASCERT Training Courses

ASCERT is a leading provider of training programmes dealing with substance misuse and other related issues. They have a wide range of training that can be accessed for free. If you cannot find a course that is suitable to you they can provide or develop bespoke programmes tailored to your specific needs.

Web: www.ascert.biz

Extern Training Courses

Extern works alongside children, young people, and families facing challenges to empower positive change and support family unity. They support people who are homeless or facing homelessness, those dealing with mental health issues and the impact of suicide, people experiencing problem drug and alcohol use and people living with problem gambling.

Extern's Harm Reduction Training delivers specialist training to individuals wanting to gain awareness of complex drug & alcohol use and how these can be managed.

Web: www.extern.org

Belfast Drugs and Alcohol Connection Team BDACT provide advice, information, signposting and awareness raising to a range of community and stakeholder partners. They can provide training on a wide range of drugs and alcohol related issues as well as attend events/initiatives in the community to raise awareness.

Web: www.drugsandalcoholni.info

GamCare - Northern Ireland

This one-hour gambling awareness session is designed to give an overview of the signs of problem gambling and gambling related harm in young people and where to sign-post young people for appropriate support.

Three hour CPD accredited Brief Intervention course is aimed at professionals who do not specialise in the treatment of gambling problems, participants with knowledge and skills to deliver an effective Brief Intervention, provide support and signpost to age appropriate services. To book or for more info

Email: hello@bigdeal.org.uk

OUR NETWORK

East Belfast Drugs and Alcohol Network was established in 2013 by East Belfast Community Development Agency (EBCDA.)

The forum is attended by community groups, voluntary agencies, service providers and statutory organisations with an interest in drugs and alcohol related issues. For more information on EBCDA and the Network visit www.ebcda.org.

In 2022, a series of workshops were held to establish what drugs and alcohol related services currently exist. This leaflet was produced for community organisations and groups to easily signpost individuals that may be facing drugs or alcohol related challenges toward.

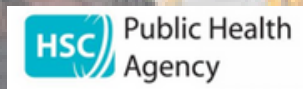
OUTCOMES

- A greater awareness among local people of drugs and alcohol services available for those living in East Belfast.
- Develop a greater community awareness of the East Belfast Drugs and Alcohol Network.
- Increase knowledge and education of existing drugs and alcohol related services for local community workers, groups and organisations encouraging signposting of local people.

East Belfast Drugs & Alcohol Addiction & Support Services Leaflet

2022/23

**Produced in partnership
with community, voluntary and
statutory organisations as part of the
East Belfast Drugs & Alcohol Network**



MENTAL HEALTH



Survivors of Suicide

Support for those affected by suicide
Call: 028 90460201.



New Life Counselling - Action Mental Health

Counselling service . Call: 028 90391630



Inspire Addictions Service

Mental health support and advocacy. Call: 028 90664434



UHUB

Counselling service. Call: 02891888448



REACH OUT Service

Provided by EXTERN provides a drop in office from the Spectrum Centre to individuals whose lives have been affected by substance misuse.

E: reachout@extern.org | Drop in Mon-Fri 9am-5pm



Protect Life Crisis Mentoring Service

Support for 11-25 year olds who present with issues around self-harm, suicide & emotional health and well-being.

E: Edel.Maginnestart360.org Call: 028 9043 5810

Call: 02891888448

COMMUNITY SAFETY



East Belfast Street Team

Community safety; anti-social behaviour.
Call: 07379462930



East Belfast Alternatives

Restorative practice in response to anti-social behaviour as a result of drugs and alcohol.

Call: 028 90456766



Resolve

Community based restorative justice

Call: 028 90456766



East Belfast Neighbourhood Policing Team

Supporting local communities with crime and antisocial behaviour.

Web: psni.police.uk | Call 101 | In emergency call 999

E: nptbelfasteast@psni.police.uk



Belfast Sharps Safety

Reporting of sharps or needles in public spaces.

E: sharps@belfastcity.gov.uk | Call 028 90270469



Belfast City Council Anti Social Behaviour Officer

If you encounter antisocial behaviour in your area, you can contact the antisocial behaviour officers.

Call: (East Belfast) 028 9032 0202 (ext 3485)

or 078 2542 0791

TREATMENT & SUPPORT



Steps 2 Cope

1:1 support for young people affected by a parents use of alcohol

Website: www.ascert.biz



Inspire Addictions Service

Addiction counselling

Call: 028 90664434



Dunlewy Addiction Services

Free counselling, training, recovery and support within the field of addiction.

Call: 02890392547

E: admin@dunlewy.org



START 360 Daisy

Information, advice and a one-to-one support to reduce the harm caused by substance use

Call: 028 9043 5810



Barnardos PHAROS

A support service for families and children affected by parental substance misuse. Sessions are provided on an individual, family or group basis, and includes outreach and centre based work.

Call 02890 663 470 E: pharos@barnardos.org.uk



Extern Drugs Accommodation Support Project (DASP)

Support to IV drug users enabling them to stabilise their lives by accessing temporary supported accommodation.

Call:028 9033 0433



Extern Alcohol Housing Support team

Outreach team which works with adults who are at risk of homelessness as a result of their chronic or severe alcohol addiction. Call 028 9033 0433



Extern Needle and Syringe Exchange

The Needle and Syringe Exchange Service is a free, confidential service for people who inject drugs. They can get new, sterile injecting equipment through the service. Call: 0800 085 8426



South & East Belfast Community Addictions Team

Provides a wide range of services to adults who are addicted to drugs/alcohol. GP referral only service. Call: 028 9504 4698



Extern Street Injectors Support Service (SISS)

Signposting & support to vulnerable drug users

Call: 028 9033 0433

ADDITIONAL INFORMATION



East Belfast Independent Advice Clinic (EBIAC)

Advice and advocacy on a wide variety of issues, including welfare benefits, tax credits, employment, housing and debt.

Call:028 9073 5690

E: advice@ebiac.org



GamCare

Free information, advice and support for anyone affected by problem gambling.

Provides education, information and support to young people (11-18) worried about their own or someone else's gambling.

E: northernirelandteam@gamcare.org.uk



RAPID

A community-led initiative supported regionally by the PSNI and Public Health Agency, and locally by Drug and Alcohol Coordination Teams and Policing and Community Safety Partnerships. RAPID promotes and facilitates the removal of all types of prescription and illegal drugs from the local community through drug disposal bins. The two locations in East Belfast are; Connswater Shopping centre (located at the back near boots) TESCO Knocknagoney (at community board)



DOT Guide

A toolkit created by parents to support other parents connect the dots between their children and potential drug use.

Web: <https://www.gsync.uk/parents-dotguide>

CONTACT

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