



June 2012  
Summer Edition

SAVE THE

DATE  
FOR  
VOLUNTEERING

Details of  
summer volunteer  
opportunities available  
this year are on the  
back page



Volunteering,  
why not give it  
a go?



## THE DOCK - BELFAST'S FIRST HONESTY BOX CAFE

The Dock is a pop-up café in the heart of the Titanic Quarter run completely by volunteers, headed up by Tegan Glover, the Project Manager.

The Dock is a place for building community. That

means Belfast locals meeting students from Belfast Met. chilling out in the middle of exams, local musicians playing an acoustic set, local artists displaying their creativity, knitting groups chatting over the clacking of knitting needles and residents moving into the Titanic Quarter from all across the world.

Of course, community happens best over a cuppa and The Dock has a team of volunteers on hand to make sure the kettle is always on. The volunteers keep the café running Tuesday to Friday 11.00am to 7.00pm and Saturday 11.00am to 5.00pm. Building life in the Titanic Quarter wouldn't happen without them.

If you're interested in knowing more about volunteering at the The Dock check out [www.the-dock.org](http://www.the-dock.org) or call in some time for a cuppa and see for yourself! To find it, go to the back of the Odyssey Arena and it's at the far end of the new apartments.

# VOLUNTEERING OPPORTUNITIES

How could you make a difference for these organisations and the people they serve?

## Children and Youth

- ★ **Youth work** with East Belfast Alternatives Street by Street Project, a community safety initiative aimed at tackling anti-community and anti-social activity.
- ★ **Youth work** with East Belfast Alternatives at their community drop in
- ★ **After schools, Tutors 4 Courses** and **youth work** with Dundonald Family and Community Initiative. There are opportunities for the new term in September 2012.
- ★ **Brownie leader** with Willowfield Parish Girl Guides. The group is for girls from age seven to 10, meets on Tuesday evenings and starts again in the new term in September 2012.

## Administration

- ★ **Mail-shot helpers** with Cancer Focus Northern Ireland, the new name for Ulster Cancer Foundation
- ★ **Administration** with Aware Defeat Depression
- ★ **Administration** with Greenway Women's Centre
- ★ **Newsletter** volunteers with Greenway Women's Centre for their monthly newsletter

**Dundonald Family and Community Initiative** is a community development organisation based in Ballybeen Estate. It responds to local needs, supporting and working proudly with people in the Ballybeen and wider Dundonald community. It has opportunities for volunteer tutors and after-school programme helpers.

## Conservation

- ★ **A Date With Nature assistants** based at the Ulster Museum with RSPB. This project aims to enthuse people about wildlife and so the volunteers will engage with visitors - to talk with them about nature, conservation, the important work that RSPB does and how they can support RSPB with that work.
- ★ **Reserve assistant** at the RSPB Belfast Harbour Reserve
- ★ **Various** roles with Lagan Valley Regional Park including; heritage guides to help man the Lock Keeper's Cottage and share the history with visitors, Saturday conservation volunteers to meet every other Saturday morning and carry out conservation tasks in the park, volunteers who record wildlife and photography volunteers who take photographs in the park.

**Braniel Community Association** is expanding and is welcoming people to their group as volunteers. There are opportunities for casual, short-term, longer term one-off volunteers in areas such as youth work, community arts, sports and event management.

## Fundraising

- ★ **Fundraising** with Dundonald Family and Community Initiative
- ★ **Community Fundraiser** with Headway Belfast
- ★ **Fundraising Events** with Cancer Focus Northern Ireland, the new name for Ulster Cancer Foundation

## Media

- ★ **Volunteer Blogger** at the RSPB Belfast Harbour Reserve. Do you love nature? Do you love blogging? Do you have a few hours to spare a week? This could be for you.

## Community and Social Groups

- ★ **Befriending** with RECALL. Its volunteers visit older and vulnerable in their own homes offering company, friendship and support to very isolated people in South and East Belfast. RECALL is looking for friendly, enthusiastic and motivated people to volunteer with the project.
- ★ **Lay Health Information Worker** with EBCDA
- ★ **Project volunteer, volunteer artist, befriending volunteer, physiotherapy volunteer** with Headway Belfast
- ★ **Health promotion, driving and Walking Group leaders** with Cancer Focus Northern Ireland, the new name for Ulster Cancer Foundation

**Greenway Women's Centre** has been providing services to women and their families within Cregagh and the wider community since 1985. The Centre provides a wide range of educational and support services to local women. The organisation was originally formed by volunteers and over the years volunteers have continued to play an integral role in the delivery and development of Greenway's services. There are various volunteer opportunities available at the moment in the Centre including admin, reception and cleaning roles.



- ★ **Community Information** volunteers and **support group facilitators** with Aware Defeat Depression
- ★ **Mens' Health Clinic** volunteer with EBCDA
- ★ **Events** volunteers with EBCDA
- ★ **Information stand** volunteer with Shopmobility Belfast at Connswater Shopping Centre
- ★ **Visitor centre assistant** at the RSPB Belfast Harbour Reserve
- ★ **Awareness** volunteer with Bowel Cancer UK for those with a personal experience of bowel cancer.
- ★ **Community** volunteer with Bowel Cancer UK to host information stands.
- ★ **Reception, cleaning and Drop In café** volunteers with Greenway Women's Centre
- ★ **Various** volunteer roles with a community base with Braniel Community Association

## Retail and Catering

- ★ **Retail** roles with Marie Curie Shops on Belmont Road, Cregagh Road and in Ballyhackamore. They are looking for volunteers who would be interested in shop customer service, stock preparation, shop house collection, cover manager and their collection service.
- ★ **Sales assistants** with Cancer Focus Northern Ireland, the new name for Ulster Cancer Foundation
- ★ **Café** volunteers with the Dock in the Titanic Quarter

**Bowel Cancer UK** is looking for volunteers who have had a personal experience of bowel cancer to take part in raising awareness of bowel cancer statistics, symptoms, risk factors, prevention, screening and the role of Bowel Cancer UK amongst the general public.

# VOLUNTEERING UPDATE

## Summer 2012 Volunteer Opportunities

**If you have time to spare over the next few summer months why not consider volunteering for a day. It's a great chance to meet new people, try out new skills and make a difference in East Belfast.**

### Headway Belfast Bag Pack Saturday 11 August

Headway is the only charity solely dedicated to providing support and information to survivors of brain injury, their families and carers. It helps to rebuild lives after brain injury by offering services to enhance social and physical development. Join Headway Belfast at a bag pack fundraiser on Saturday 11 August 2012 10.00am to 5.00pm at Marks and Spencers, Boucher Road. They are looking for anyone able to help out for an hour or two. Interested volunteers can contact Gemma Ralston at 9070 5125 or email [gemma.belfast@headwayni.org](mailto:gemma.belfast@headwayni.org).

### Children in Crossfire Bag Pack Saturday 11 August

Children in Crossfire is an Irish/UK based child rights organisation with country programmes in Tanzania, Ethiopia and The Gambia. It particularly focus on young children with malnutrition, young children with disabilities and young children with cancer. Children in Crossfire is holding a bag pack at Tesco, Connswater on Saturday 11 August, starting at 11.00am and finishing at 6.00pm.

If you are interested in volunteering for the day, please contact Mark McMahon on 028 7126 9898 or email [mark.mcmahon@childrenincrossfire.org](mailto:mark.mcmahon@childrenincrossfire.org).



### Finding the perfect match

Does volunteering sound like something you want to try out but you're not sure where to start?

Do you want someone to help you through the process of finding the perfect opportunity for you?

Why not make an appointment with EBCDA's Volunteer Development Coordinator, Katy Purvis.

You'll be guided through thinking about your skills and where best to use them. You will also be kept informed of the latest training opportunities open to EBCDA volunteers.

### The Reading Campaign Thursday 12 July

Two of the most educationally deprived council wards in Northern Ireland are in East Belfast. Volunteers are asked to get involved at a stall serving tea and coffee on the 12 July 2012 to raise funds to buy new books for Christmas presents for children in these areas. The stall will be on the Lisburn Road, Belfast. Contact Michael McKelvey for more details on 07725 866286 or email [Michael\\_McKelvey@talk21.com](mailto:Michael_McKelvey@talk21.com)

**if you'd like to advertise  
your organisation's  
volunteering opportunities in  
EBCDA Volunteer News  
contact Katy Purvis**

### Volunteer Stories

Are you volunteering at any exciting events this summer? We'd love to hear your stories and share them with East Belfast - you may be the one who inspires others to volunteer! Get in touch at the details below.

**New volunteer opportunities  
become available regularly, keep  
checking the EBCDA website for  
updates.**

[www.ebcda.org](http://www.ebcda.org)

### Register

Registering with EBCDA's Volunteer Project will keep you informed of volunteering opportunities and training as well as giving you support and guidance through the application process and supporting you in your volunteering role.

Contact Katy for more details or visit [www.ebcda.org](http://www.ebcda.org)



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