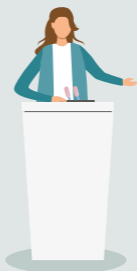




EAST BELFAST
**A Connected
Community**



**East Belfast
Community
Development
Agency**



**COMMUNITY
FUND**

This book contains contact details for local health services, community and support groups throughout East Belfast – plus general details about where to turn if you need information or help.

Whether it's a simple query to a crisis, you'll find the answer in here.

So keep your copy handy.





EAST BELFAST

A Connected Community

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MEDICAL, HEALTH & WELLBEING





**GP Surgeries,
Health Centres
& Clinics**



Braniel Surgery

74 Ravenswood Crescent
BT5 7PT

028 9040 1844

www.cherryvalleygp.co.uk

Bridges Family Practice

2-6 Bryson Street
BT5 4ES

028 9045 8722

www.brysonstreetsurgery.co.uk

Castle Medical Centre

35-45 Castlereagh Road
BT5 5FB

028 9045 7109



Castlereagh Medical Centre

21 Ballygowan Road
BT5 7LH

028 9079 8308

www.castlereaghmedicalcentre.co.uk

Cherryvalley Health Centre

Kings Square, Kings Road
BT5 7BP

028 9040 1844

www.cherryvalleygp.co.uk

Connswater Family Practice

Arches Health Centre,
Westminster Avenue, BT4 1NS

028 9056 3394

Cregagh Surgery

36 Montgomery Road
BT6 9HL

028 9070 9079

www.cregaghsurgery.co.uk



Dundonald Medical Centre

16 Church Road, Dundonald
BT16 2LN

028 9048 3100

www.dundonaldmedicalcentre.co.uk

Eastside Surgery

56 Templemore Avenue
BT5 4FT

028 9045 1000

www.eastsidesurgery.hscni.net

Greenway Practice

Arches Health Centre
Westminster Avenue, BT4 1NS

028 9056 3350

www.greenwaypractice.co.uk

Harland Medical Practice

Arches Health Centre
Westminster Avenue, BT4 1NS

028 9056 3397

www.harlandmedicalpractice.co.uk



Hollywood Road Surgery

54 Hollywood Road
BT4 1NT

028 9065 4668

www.hollywoodroadsurgery.co.uk

Kerrsland Surgery

169 Upper Newtownards Road
BT4 3HZ

028 9029 6600

www.kerrslandsurgery.com

Knock Medical Centre

423b Upper Newtownards Road
BT4 3LH

028 9065 4018

www.knockmedical.co.uk



Lewis Square Practice

Arches Health Centre
Westminister Avenue
BT4 1NS

028 9056 3362

www.lewissquare.co.uk

Linen Court Surgery

336 Beersbridge Road
BT5 5DY

028 9045 7677

www.linencourtsurgery.com

South East Family Practice

370-372 Cregagh Road
BT5 4ES

028 9079 2214

www.southeastfamilypractice.co.uk



Templemore Medical Centre

225 Albertbridge Road
BT5 4PX

028 9046 7630

www.templemoremedicalcentre.co.uk

The Mount Surgery

50 Castlereagh Street
BT5 4NH

028 9045 8314

www.themountpractice.co.uk

The Victoria Practice

Arches Health Centre
Westminister Avenue, BT4 1NS

028 9056 3358

www.thevictoriapractice.co.uk

Willowfield Surgery

50 Castlereagh Road, BT5 5FP

028 9045 7862

www.willowfieldsurgery.co.uk



**Woodstock
Medical Centre**

222 Woodstock Road
BT6 9DL

028 9045 8103

www.woodstockmedicalcentre.co.uk





Dental

Clear Dental

339 Cregagh Road, BT6 0LE

028 9079 2729

339cregagh@cleardental.net

www.cleardental.net

Belmont Orthodontics

98 Belmont Road, BT4 2AP

028 9065 6666

www.belmontorthodontics.co.uk

Clear Dental

372 Cregagh Road, BT6 9EY

028 9079 3015

cregaghroad@cleardental.net

www.cleardental.net



Bridge Dental

211 Albertbridge Road
BT5 4PO

028 9691 9777

www.bridgedentalbelfast.com

Bupa Dental Care

115-117 Belmont Road
BT4 3BE

028 9047 1503

www.bupa.co.uk

Bupa Dental Care

Dundonald

963 Upper Newtownards Road
BT16 1RL

028 9048 7680

www.bupa.co.uk

Cherryvalley Dental Care

33 Gilnahirk Road, BT5 7DB

028 9040 1689

info@cherryvalleydental.co.uk

www.cherryvalleydental.co.uk



East Belfast Dental and Implants

65 Cregagh Road, BT6 8PX

028 9068 0445

www.eastbelfastdentalclinic.co.uk

Dental Care Dundonald

789 Upper Newtownards Road
BT16 2QY

028 9048 3119

www.dentalcairedundonald.co.uk

Smart Dental Care Dundonald

1003 Upper Newtownards Road
BT16 1RN

028 9048 3240

www.smartdentalcare.co.uk

Elite @ Arches Dental Clinic

415-417 Newtownards Road
BT4 1AQ

028 9073 2000

www.elitearchesdentalclinic.co.uk



Elite Dental Practice

248 Ravenhill Road
BT6 8GJ

028 9045 9696

www.elitedentalpractice.co.uk

Mr RJ Crutchley Dental Surgery

48 Castlereagh Road, BT5 5FP

028 9045 9018

Jordan Dental Care

41-43 Holywood Road
BT4 3BA

028 9047 1266

www.jordandentalcare.co.uk

Clear Dental

222 Knock Road
BT5 6QB

028 9040 1851

knockroad@cleardental.net
www.cleardental.net



Greenwood Specialist Dental Clinic

416 Upper Newtownards Road
BT16 1RL

028 9065 33

info@greenwoodsdcc.co.uk

www.greenwoodsdcc.co.uk

Clear Dental, Dundonald

953 Upper Newtownards Road
BT16 1RL

028 9048 3537

www.clear dental.ne

Menary Dental

107 Holywood Road
BT4 3BE

028 9047 1511

www.menarydental.com

Nick Wright Dental Practice

115 Holywood Road, BT4 3BE

028 9047 1471

www.nickwrightdental.com



Clear Dental, Rosetta

61 Rosetta Road, BT6 0LR

028 9049 1406

rosetta@cleardental.net

www.cleardental.net

Sandown Dental & Implant Clinic

33-35 Sandown Road, BT5 6GT

028 9047 1070

www.sandowndental.com

Bloomfield Dental Studio

344 Beersbridge Road Belfast
BT5 5 DY

02890451989

www.bloomfielddentalstudio.com

Stormont Dental Care

502 Upper Newtownards Road
BT4 3HB

028 9065 3678

www.stormontdentalcare.co.uk



Turk Dental Care

114 Castlereagh Street

BT5 5FR

028 9045 1303

www.djmaguiredentists.co.uk/location-turk

Woodstock Dental Practice

266 Woodstock Road

BT6 9DN

028 9045 7561

www.woodstockdentalpractice.co.uk





Pharmacies

Austin Pharmacy

344 Cregagh Road, BT6 9EY

028 9040 1158

www.austinpharmacy.co.uk

Boots Pharmacy

77 Cregagh Road, BT6 8PY

028 9045 7606

www.boots.com

Boots Pharmacy

257 Woodstock Road, BT6 8PQ

028 9045 7611

www.boots.com



Boots Pharmacy

338-340

Beersbridge Road

BT5 5DY

028 9045 7394

www.boots.com



Boots Pharmacy

404-408 Newtownards Road

BT4 1HH

028 9045 7623

www.boots.com

Boots Pharmacy

Connswater Shopping Centre

BT5 5LP

028 9045 9871

www.boots.com

Boots Pharmacy

44 Hollywood Road

BT4 1NT

028 9047 1871

www.boots.com



Boots Pharmacy

423 Upper

Newtownards Road

BT4 3LH

028 9065 4612

www.boots.com

Braniel Pharmacy

78 Ravenswood Park

BT5 7PT

028 9040 1837

Castlereagh Pharmacy

339 Castlereagh Road

BT5 6AB

028 9070 4841



Dundela Pharmacy

17-19 Belmont Road
BT4 2AA

028 9065 7853

www.dundela.co.uk

Gordons Chemists

185-187 Albertbridge Road
BT5 4PS

028 9045 8318

www.gordonsdirect.com

Gordons Chemists

194-196 Albertbridge Road
BT5 4GU

028 9045 9689

www.gordonsdirect.com



Gordons Chemists

416-418 Woodstock Road
BT6 9DQ

028 9045 8846

www.gordonsdirect.com

Gordons Chemists

35 Castlereagh Road
BT5 5FB

028 9045 7852

www.gordonsdirect.com

Gordons Chemists

13 Greenway Cregagh Road
BT6 0DT

028 9040 1023

www.gordonsdirect.com



Groves Pharmacy

50 Belmont Road
BT4 2AN

028 9047 1629

www.grovespharmacy.com

Loopland Pharmacy

253 Castlereagh Road
BT5 5FL

028 9045 7629

www.looplandpharmacy.com

McDonalds Pharmacy

81 Castlereagh Street
BT5 5FD

028 9045 7838

www.mcdonaldspharmacy.co.uk



McDowell's Pharmacy

209-211 Newtownards Road
BT4 1AD

028 9045 7336



McKay Pharmacy

19a Westminster Avenue North
BT4 1QQ

028 9065 9900

www.mckaypharmacy.com

Medicare Pharmacy

967 Upper Newtownards Road
BT16 1RL

028 9048 7668

www.medicare-group.com

Medicare Pharmacy

11 Kings Square
BT5 7EA

028 9040 1077

www.medicare-group.com



Medicare Pharmacy

34-36 Gilnahirk Road
BT5 7DG

028 9040 1469

www.medicare-group.com

Sandown Pharmacy

386 Upper Newtownards Road
BT4 3EY

028 9065 5166

Strandburn Pharmacy

176-180 Connsbrook Avenue
BT4 1JY

028 9065 3804

www.strandburnpharmacy.co.uk



Well Pharmacy

125 Newtownards Road
BT4 1AB

028 9045 7959

www.well.co.uk



Well Pharmacy

2 Ballygown Road
BT5 7LL

028 9040 1785

www.well.co.uk



COMMUNITY & SUPPORT GROUPS





Family Support

Belfast Warm & Well

(National Energy Action NEA)

warmandwell@nea.org.uk

www.nea.org.uk/northern-ireland

028 9023 9909

East Belfast Sure Start

(families of children aged 0-4 yrs)

admin@surestarteast.org.uk

East Belfast Network Centre,
55 Templemore Avenue, Belfast
BT5 4FG

www.eastbelfastsurestart.co.uk

028 9073 5686



Extern

[www.extern.org/Pages/
Category/young-people-and-families](http://www.extern.org/Pages/Category/young-people-and-families)



Inner East Family Support Hub

028 9045 6766

Area: Inner East Belfast

Family Support NI

www.familysupportni.gov.uk

0845 600 6483

Area: Belfast

Macmillan Community Link Worker

Connected Community
Care for Cancer

cccforcancer@belfasttrust.hscni.net

028 9590 1407 or **07565 256 356**

Area: East Belfast



Wellbeing & Mental Health

Concerned About Your Mental Health (Belfast Trust)

www.belfasttrust.hscni.net/healthy-living/mental-health/concerned-about-your-mental-health

East Belfast Survivors of Suicide

eastbelfastsos@gmail.com

 eastbelfastsos

028 9046 0201

Lifeline NI 24/7 Helpline

www.lifelinehelpline.info

0808 808 8000

Samaritans

www.samaritans.org

116 123



Community Groups

Ardcarn Local Residents Group

Garethwright13@icloud.com

Area: Ardcarn

Ballymac Friendship Trust

roz.small@hotmail.com

07713 446448

Area: Pitt Park

Belfast City Mission

(Island Street)

jg2_nicholson@hotmail.com

www.belfastcitymission.com

028 9032 0557

Area: Inner East Belfast



Bloomfield Community Association

info@bloomfieldcommunity.co.uk
www.bloomfieldcommunity.co.uk
028 9045 2282

Area: Bloomfield / East Belfast

Clonduff Community Association


Lisahillisclarke@hotmail.co.uk
Area: Castlereagh / East Belfast

Compassion Belfast

office@compassionbelfast.org
 compassionbelfast
07450 771267

Area: Ravenhill/Cregagh/
Woodstock

Cregagh Community Association

marlene.dodds@hotmail.com
 Cregagh Community Association
Area: Cregagh



Diamond Project / Charter NI

Karlene@charterni.org

www.charterni.org

Area: Lord Street/Avoniel Area

East Belfast Community Development Agency

info@ebcda.org

www.ebcda.org

028 9045 1512

Area: East Belfast

East Belfast Mission

info@ebm.org.uk

www.ebm.org.uk

028 9045 8560

Area: East Belfast

Engage with Age

info@engagewithage.org.uk

www.engagewithage.org.uk

028 9073 5696

Area: East and South Belfast



Lagan Village Youth and Community Group

infolaganvillage@gmail.com

 laganvillage15

028 9045 6993

Area: Ravenhill / Woodstock Road

Oasis Caring In Action

www.oasis-ni.org

028 9087 2277

Area: East Belfast

Short Strand Community Forum

shortstrandcc@hotmail.co.uk

028 9045 0720

Area: Short Strand

Tullycarnet Neighbourhood Collective (Charter NI)

info@charterni.org

www.charterni.org

Area: Tullycarnet



**Ulster Tower Street
Community Development
Association**

Janinelayton@hotmail.co.uk

Area: Templemore Avenue

**Walkway
Community Association**

rachaelwalkway@hotmail.co.uk

028 9059 5858

Area: Ravenscroft/Bloomfield

Willowfield Parish Church

office@willowfieldchurch.co.uk

www.willowfieldchurch.co.uk

028 9045 7654

Area: Woodstock Road, Cregagh
Road and Ravenhill Road as far
as Ardenlee Avenue



Warm Spaces



St Donard's Church of Ireland Nit & Natter Group

St Donard's Church of Ireland
Coffee Bar

10A Bloomfield Rd, BT5 5LT

Every Thurs: 10am-12pm

028 9065 2321

Willowfield Parish Community Association

Open House - drop in space

Willowfield Church Hall

Every Tues: 10am-1pm

Women's Drop In

Willowfield Church Hall

Every Mon: 7pm-9pm

Hobby Club The Micah Centre

Every Thurs: 10.30am-12pm



Parent and Toddler Group

Willowfield Church Hall
Every Wed: 10am-12pm

Men's Youth Club

Willowfield Church Hall
Every Thurs: 8p-10pm
149 My Ladys Rd, BT6 8FE

028 9045 3041

Knock Presbyterian Church Community Hub

Knock Presbyterian Church
53 Kings Rd, BT5 6JH
Every Tues: 11am-2pm

028 9079 4582

In This Together

Social Space (for registered clients)

In This Together Office, East Belfast Network
Centre, 55 Templemore Ave, BT5 4FG

Term time Tues: 10:30am-12pm

info@togetherni.com

07783 431899



Megain Nazarene

The Olive Branch - warm meal & warm conversations

Megain Nazarene

256 Newtownards Road

Every Thurs: 6pm-8pm

sammyrobinson93@icloud.com

Ballymac Friendship Trust

Warm space

Wed & Fri: 10.30am-12.30am

Hot meal

Wed: 12.45pm-2pm

1a Fraser Pass

07713 446448

Short Strand

Community Forum

Hot meal and family safe space

26a Beechfield Street

Thurs: 11am-2pm

028 9045 0720



Food Provisions



The Larder

Community Food Hub

St Christopher's Church

70 Mersey St, BT4 1EW

Every Tues: 10am-12pm

Every Thurs: 6pm-8pm

Every Fri: 10am-12pm

hello@thelarderbelfast.com

07752 271547



In This Together Social Supermarket

In This Together Office,
East Belfast Network Centre,
55 Templemore Ave, BT5 4FG
Every Tues, Wed & Thurs: 11am-12pm
info@togetherni.com
07783 431899

Trussel Trust - Dundonald Food Bank

971 Upper Newtownards Road,
Dundonald, BT16 1RL
Mon, Wed, Fri: 9am-12pm
info@dundonald.foodbank.org.uk

Trussel Trust - Castlereagh Food Bank

Orangefield Presbyterian Church
464 Castlereagh Road, BT5 6BH
Tues and Thurs: 2.30pm-4.30pm
info@dundonald.foodbank.org.uk



Employability & Advice



Belfast Works Connect Belfast Works Project and Community Family Support Programme

*(Employability & Family
Support Programmes)*

www.ebm.org.uk/employability

 [employabilityeastbelfast](https://www.facebook.com/employabilityeastbelfast)

028 9045 8560

Area: East Belfast/Dundonald

Springboard Opportunities

springboard-opps.org

general@springboard-opps.org

028 9031 5111



Older People

Dementia Friendly East Belfast

dementiafriendlyeastbelfast@
gmail.com

www.dementiafriendlyeastbelfast.com

Dementia Navigator Service

(East Belfast)

028 9504 2700

Engage with Age Telephone Befriending Service

07423 702721



Young People

Cedar Foundation

www.cedar-foundation.org

Doyle Youth Centre

028 9045 6987

Area: Short Strand

Dreamscheme NI

www.dreamschemeni.org



East Belfast Alternatives

www.alternativesrj.org

028 9045 6766

Area: East Belfast

East Belfast Community Development Agency

info@ebcda.org

028 9045 1512

Area: Inner East Belfast

Ledley Hall Boys and Girls Club

ledleyhall@hotmail.com

028 9045 1722

Area: Beersbridge Road, Avoniel,
Lord Street



Mencap NI

www.northernireland.mencap.org.uk

Prince's Trust

[www.princes-trust.org.uk/
help-for-young-people](http://www.princes-trust.org.uk/help-for-young-people)

YMCA

www.belfastymca.org

YouthAction NI

www.youthaction.org

Youth Initiatives

admin@youthinitiatives.com

www.youthinitiativesni.org

028 9046 0778

Area: Primarily Inner East Belfast
(can connect with young people
across the east)

Willowfield Youth

 willowfielddyouth



Ethnic Minority Support

Bomoko NI Bomoko

(refugee & asylum seekers;
women only)

info@bomokoni.org.uk

Chinese Welfare Association

reception@cwa-ni.info

028 9028 8277

Hate Crime Support

[bilingualsupportworker@
migrantcentre.ni](mailto:bilingualsupportworker@migrantcentre.ni)



Migrant Centre NI

Immigration Advice

euss@migrantcentreni.org

07730 747860

Northern Ireland African and Caribbean Organisation

info@acsoni.org

Roma Helpline

romahelpline@forwardsouth.org

Refuge Language

info@refugelanguage.com

07859 931887



LGBTQIA+ Support



The Rainbow Project

info@rainbow-project.org

028 9031 9030

Rainbow Refugees NI

rainbowrefugeesni@gmail.com



HELPLINES

www.helplinesni.com





Helplines

Action Mental Health

www.amh.org.uk

028 9182 8494

Addiction NI

www.addictionni.com

028 9066 4434

CAUSE (Carers' Helpline)

www.cause.org.uk

0800 103 2833



Childline Helpline

www.childline.org.uk

0800 1111



MapNI

Men's Advisory Project

info@mapni.co.uk

www.mapni.co.uk

028 9024 1929

nidirect Coronavirus Regulations & Testing

[www.nidirect.gov.uk/campaigns/
coronavirus-covid-19](http://www.nidirect.gov.uk/campaigns/coronavirus-covid-19)

Belfast Trust

Hospitals, GP Out of Hours,
Social Work

www.belfasttrust.hscni.net

NHS 111

111



**PIPS Suicide
Prevention Ireland
028 9080 5850**



**Patient and Client Council
Support Service
0800 917 0222**

**BHSCT Maternity Service
Information Line
028 9615 1173**

**Ophthalmology Enquiries Line
028 9615 1944**

**Belfast HSC Trust Staff
Psychological Support Helpline
028 9615 1888**



ELECTED OFFICIALS & REPRESENTATIVES





MP, MLAs & Councillors



MP

Gavin Robinson MP

Strandtown Hall

96 Belmont Avenue

Belfast, BT4 3DE

gavin.robinson.mp@parliament.uk

028 9047 3111



MLAs

Andy Allen (UUP)

andy.allen@mla.niassembly.gov.uk

028 9046 3900

Joanne Bunting (DUP)

joanne.bunting@mla.niassembly.gov.uk

028 9079 7100

Naomi Long (Alliance)

naomi.long@mla.niassembly.gov.uk

028 9047 2004

Peter McReynolds (Alliance)

peter.mcreynolds@mla.niassembly.gov.uk

07715 602040

David Brooks (DUP)

david.brooks@mla.niassembly.gov.uk

028 9694 4487



Councillors

LISNASHARRAGH WARD:



Davy Douglas (DUP)

douglasd@belfastcity.gov.uk

07826 511647

Bradley Ferguson (DUP)

fergusonb@belfastcity.gov.uk

07826 511657

Eric Hanvey (Alliance)

eric.hanvey@belfastcity.gov.uk

07823 668780

Brian Smyth (Green Party)

smythbrian@belfastcity.gov.uk

07823 668431

Michael Long (Alliance)

long_m_a@hotmail.com

07876 395436

Seamas De Faoite (SDLP)

defaoites@belfastcity.gov.uk

07469 943401



ORMISTON WARD:



Christine Bower (Alliance)

christine.bower@alliancepartyni.org

07721 165002

Anthony Flynn (Green Party)

anthony.flynn@belfastcity.gov.uk

07823 668432

Jenna Maghie (Alliance)

maghiej@belfastcity.gov.uk

07721 165132

Ross McMullan (Alliance)

ross.mcMullan@belfastcity.gov.uk

07823 668429

Jim Rodgers (UUP)

rodgersj@belfastcity.gov.uk

07801 882478



Andrew McCormick
(DUP)

mccormickandrew@belfastcity.gov.uk

07826 511646

James Lawlor (DUP)

lawlorj@belfastcity.gov.uk

07826 511638

TITANIC WARD:

Sammy Douglas (DUP)

douglass@belfastcity.gov.uk

07795 926732

Sonia Copeland (UUP)

copelands@belfastcity.gov.uk

028 9032 0202

Ruth Brooks (DUP)

brooksr@belfastcity.gov.uk

07826 511688



Fiona McAteer

(Alliance)

mcateerf@belfastcity.gov.uk

07826 511767

Padraig Donnelly (Sinn Fein)

donnellyp@belfastcity.gov.uk

07826 511697

David Bell (Alliance)

belldavid@belfastcity.gov.uk

07826 511659

All Councillors can
be contacted at the
address below:

c/o Members' Room
City Hall
Belfast, BT1 5GS



EAST BELFAST
**A Connected
Community**

Design: shesaid.design



East Belfast
Community
Development
Agency



COMMUNITY
FUND