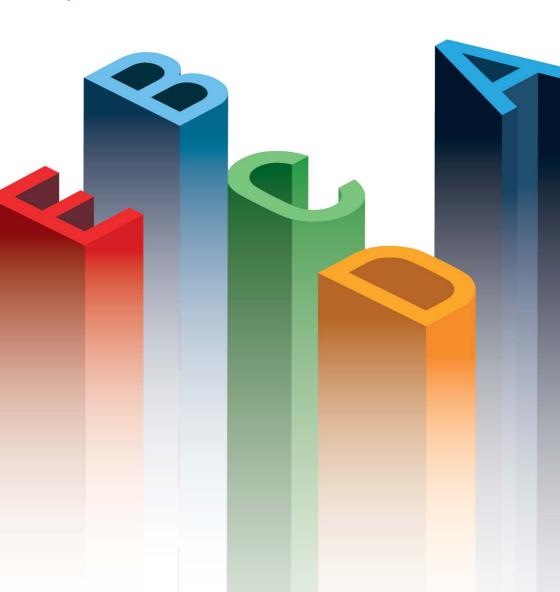
# PEOPLE BUILD COMMUNITIES



**Annual Report** 

April 2017 - March 2018



#### **EBCDA Full Members**

Age Concern East Belfast & Castlereagh (IND)
Ballymacarrett District LOL No 6 District

BRACE (Ballymac Regeneration & Comm Enterprise)

**Bloomfield Community Association** 

Ballymac Friendship Trust

Ballymacarrett Somme Festival

**Boring Wells** 

Ballybeen Women's Centre

Clarawood Community Association Cregagh Community Association Connswater Womens Group Cregagh Retired Active Gentlemen

Connswater Community Group

**Dundonald Sea Cadets** 

**Dundonald Ladies Community Group** 

EBIAC - East Belfast Independent Advice Centre

East Belfast Wise Mens Shed

East Belfast Mission Engage With Age

East Belfast Area Youth Project

East Belfast Sure Start

Friends of Mullen Mews

Greenway Women's Centre

Knocknagoney Community Centre Knocknagoney Area Forum Lagan Village Youth & Community Group

Mountpottinger Methodist Church

Newtownards Road Womens' Group Newtownards Road Elim Pentecostal Church

Oasis Caring In Action Oasis Trading Oak Partnership

Round Tower Community Project Ravenscroft Nursery School

Short Strand Community Forum Short Strand Festival Short Strand Partnership St Columbas' Ladies' Guild Survivors of Suicide Support Group

Tullycarnet Community Support Services Ltd The Aslan AssociationThe Hopefuls Templemore Avenue School Association

**Ullans Academy** 

Walkway Community Association Wandsworth Community Association Willowfield Parish Church

Willowfield Parish Community Association

#### Associate Members

Alison Wahtman

Ashfield Boys' High School

Belfast City Council

Belfast Health & Social Care Trust (Comm Dev)

Belfast Interface Project BRO South & East Team

Charter for Northern Ireland

Chung Do Kwan NI

Connswater Homes Ltd

Contact NI

Dundonald Green Belt Assocation Dundonald Townswomens Guild

East Belfast Alternatives

East Belfast Area Youth Project

East Belfast Learning Disability Services

**GEMS Northern Ireland Limited** 

Glen Jordan Green Action

Hosford

**Inverary Community Centre** 

Links Women's Group

Newtownbreda Women's Institute

NI Housing Executive

Ravenhill Presbyterian Men's Fellowship

Ravenscroft Nursery School

RNIB NI

Start 360

Tuesday Mother & Toddlers

Wilgar Community Forum

Youth Action Northern Ireland

Youth Initiatives

# Chair & Executive Director

Welcome to our annual report covering April 2017 – March 2018. In keeping with our 5-year strategy theme 'People Build Communities' we have followed the same format as the past 2 years to present a more graphic representation of our work over the past 12 months. This allows us to compare and contrast changes and differences each year, whilst presenting a more readable format for our members and funders with the intention of making it easier to understand and to allow us to show you the impact and outcome of our work.

As in previous years, this report can only give you a brief flavour of the extent of our work. But we would highlight 2 major pieces of work started this year. Firstly, our East Belfast Community Capacity & Leadership Programme (EBBC&LP) targeting 252 people and 42 community groups in 13 super output areas in East Belfast. Secondly, we have focussed a lot on recording the impact of our work and have developed a computer-based CRM system. 2018-2019 period will be very much a test ground to use the CRM system and for the staff to get comfortable in using it. This new system will allow us to refine our recording process to ensure we are measuring the impact, focussing on our Mission and our Theory of Change, these are:

#### **Mission**

East Belfast Community Development Agency exists to provide resources, support and capacity building programmes for community groups that are based on partnership, equal opportunities and sustainable outcomes.

#### **Theory of Change**

EBCDA's job is to add value to the activity undertaken by groups in local areas and to work with key organisations to ensure the continued development of a community sector in East Belfast that is recognised, valued and effective. We seek to support successful community development, encourage reflective practice and promote cooperation and locally based solutions.

# Our three themes, detailed below, form the day to day basis of our work



#### Theme 3

# **Community Development Training, Education & Advocacy**

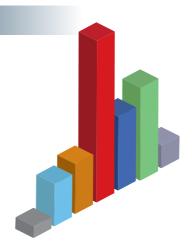
To encourage, support and facilitate the provision of quality community development education and training opportunities. To seek to influence the policies of community, voluntary, government and public agencies so that they recognise the value of adopting a community development approach and that the community sector in East Belfast might benefit.

#### **How our work has impacted East Belfast**



#### They heard about the event through

<b>f</b> Facebook	15%
<b>Y</b> Twitter	1%
Meekly ebulletin	9%
Word of mouth	45%
Email invite	21%
Letter	2%
♠ Other	<b>7</b> %





EBCDA accessed an additional £22,000 to develop the work with groups

# EBCDA worked with **6874** people

In the following age groups

18-25 11% 26-40 **29**%

41-60 38%

61-74 **17**%

**5**% 75+



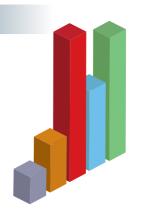
#### The people involved were



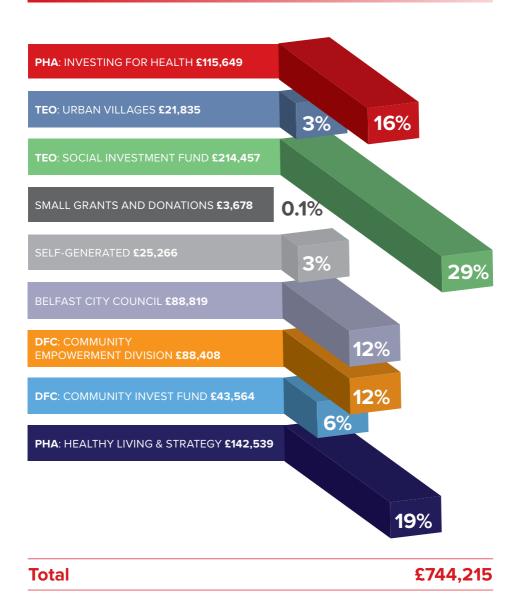
These people had an income of

£10,000< 34% £10,001 - £20,000

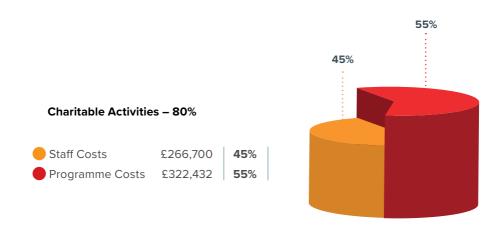
30% £20.001 - £30,000 18% £30,001 - £40,000 8% £40,001> 10%

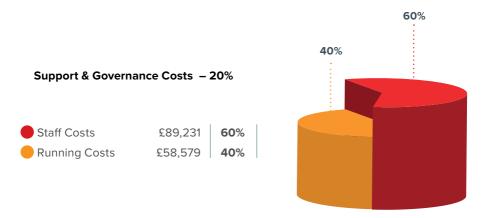


#### Where our money came from



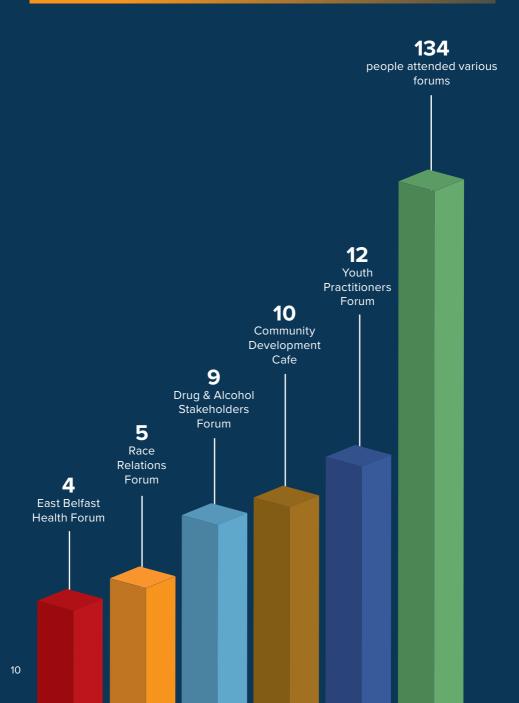
### How we spent our money





Total £736,942

### **Community Development Support**



#### 117

people participated in training through the East Belfast Community Capacity & Leadership Programme (EBCC&LP)

#### 7

groups provided with payroll services for 32 staff

#### 11

independent financial assessments provided

## 12

groups supported to register with Northern Ireland Charity Commission

## 48

weekly ebulletins distributed to 483 recipients'

# 135

enhanced Access NI checks countersigned

## 39

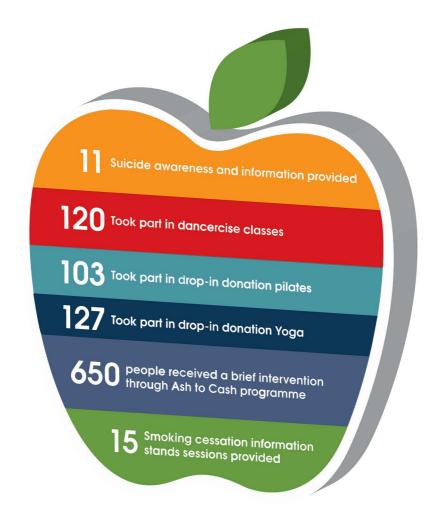
groups engaged through East Belfast Community Capacity & Leadership Programme (EBCC&LP)

## 100+

Provided an East Belfast view at meetings, conferences and seminars with the Public Health Agency, Belfast City Council, NICVA, NI Community Development Networks Forum, Belfast Health & Social Care Trust, Department for Communities, The Executive Office, Community Empowerment Division

# Health Development Support





#### How do we know?

(information gathered from Intervention Record Forms)

As part of the process, staff were asked to record comments, within the Intervention Record Form, under 5 sections. What follows is an example from the 123 Intervention Record Forms





# How was initial contact made or developed with this group?

- Group was going through process of registering as a charity and asked for assistance with their accounts and to prepare an independent examination
- Made contact with staff from NI Abdominal Aortic Aneurysm at an event and organised the delivery of a session for men
- Asked to facilitate a session on Stress with the staff team
- Offer of Ash to Cash programme
- As a result of a visit from EBCDA staff to inform us of the opportunities through East Belfast Community Capacity & leadership programme
- · Making East Belfast Dementia Friendly.



#### **Intended Impact**

(What Difference Did We Want To Make)

- To ensure the group was accounting for the funding correctly and would meet with Charity Commission Procedures
- To give the women's group a fun physical activity to engage in
- To equip with positive coping mechanisms and provide a safe space to talk openly
- Raise awareness of the benefits of quitting smoking both financially and health related
- To building leadership opportunities, relevant training for the organisation and governance development
- Explore how East Libraries can be linked closer with dementia friendly work to raise awareness with service users.



#### **Unintended Impact**

(What Additional Difference Did We Make)

- More detailed understanding accounting and book keeping procedures
- The pilot was so successful that a role has been created in NICHS to roll this programme out across Belfast
- Activity sessions motivated them to be active all through the week by walking more, make new friends and be more aware of their mental health
- More groups interested in EBCDA's approach to well being in local communities and requested more information on how they might implement similar approach in other communities across the city
- More demand for bespoke training and governance support than anticipated
- All staff and volunteers want to or need to avail of the programme for the benefit of the organisation and the sector in East Belfast



#### **Your View On Impact**

(Will Impact Be Long Term)

- Groups are realising how important it is to have accurate financial records as a requirement when they register with the charities commission
- Sessions generated a lot of interest on social media and attracted a number of different participants from the local area
- Positive impact on the group opened up, facilitated increased peer support within the group, provided group opportunity to try positive coping strategies for stress
- Good to help identify the risk of diabetes and help others to make changes to reduce the risk
- Highlighted how groups are doing a lot which they don't record or give themselves credit for
- Good to review procedures and enable the development of stronger governance.



#### **Groups View On Impact**

(Impact Statements)

- I can't thank you enough for this as it has taken a lot of pressure of me
- Group were pleased with the information and are looking forward to working together in the future
- Felt listened to and supported by each other to open up and develop positive strategies. Group really valued the session and would like to incorporate another session into their programme later in the year
- Delighted that EBCDA could assist with courses and impressed with the programmes/sessions that can be provided
- We need to realise our important leadership role in our community and value this
- The workshops brought clarity for group's future work and provided the opportunity to explore how to improve meetings.

We are grateful to our staff team and Board of Directors for their time, effort and commitment to EBCDA. Thanks also to our funders, Department for Communities (DfC) Belfast City Council (BCC) and the Public Health Agency (PHA), The Executive Office and Community Empowerment Directorate (CED). Thank you also to our members for their support and working closely with us to build towards achieving our strategy for 2015-2020 'People Build Communities'.

#### **Board of Directors**

Karen Purdy	Chairperson	Emma Shields	
Bernie McConnell	Vice Chair	Tommy Sandford	
Rev Mervyn Gibson	Hon Treasurer	Janice Cherry	(Co-Option)
Annie Cook		Bobby Ellison	(Co-Option)
Sammy Douglas		Glen Jordan	(Co-Option)
Rachael Davison		Richard Williamson	(Co-Option)
Liz Oslon		Kim Briggs	Company Secretary

#### Staff Members

Michael Briggs	Executive Director	Jean Higginson	Admin Support Officer
Kim Briggs	Resource & Finance Director	Sharon Traynor	Health Development Coordinator
Jonny Currie	Community Development Director	Narendra Munna	Health Development Coordinator
Linda Armitage	Health Development Director	Gillian Hamilton	Emotional Wellbeing Coordinator
Linda McCracken	Reception and Administrative Support Officer	Alison Coulter	Health Connections Coordinator
Marie-Anne Templeman	Finance Manager		

#### **East Belfast Community Development Agency**

East Belfast Network Centre 55 Templemore Avenue Belfast BT5 4FP T 028 9045 1512 E info@ebcda.org www.ebcda.org



ebcda



East Belfast Community Development Agency







