**EBCDA Full Members**

Age Concern East Belfast & Castlereagh (IND)
Ballymacarrett District LOL No 6 District
BRACE (Ballymac Regeneration & Comm Enterprise)
Bloomfield Community Association
Ballymac Friendship Trust
Ballymacarrett Somme Festival
Boring Wells
Ballybeen Women’s Centre
Clara wood Community Association
Cregagh Community Association
Connswater Womens Group
Cregagh Retired Active Gentlemen
Connswater Community Group
Dundonald Sea Cadets
Dundonald Ladies Community Group
EBIAC - East Belfast Independent Advice Centre
East Belfast Wise Mens Shed
East Belfast Mission
Engage With Age
East Belfast Area Youth Project
East Belfast Sure Start
Friends of Mullen Mews
Greenway Women’s Centre
Knocknagoney Community Centre
Knocknagoney Area Forum

Lagan Village Youth & Community Group
Mountpottinger Methodist Church
Newtownards Road Womens’ Group
Newtownards Road Elim Pentecostal Church
Oasis Caring In Action
Oasis Trading
Oak Partnership
Round Tower Community Project
Ravenscroft Nursery School
Short Strand Community Forum
Short Strand Festival
Short Strand Partnership
St Columbas’ Ladies’ Guild
Survivors of Suicide Support Group
Tullycarnet Community Support Services Ltd
The Asian AssociationThe Hopefuls
Templemore Avenue School Association
Ullans Academy
Walkway Community Association
Wandsworth Community Association
Willowfield Parish Church
Willowfield Parish Community Association

**Associate Members**

Alison Wghtman
Ashfield Boys’ High School
Belfast City Council
Belfast Health & Social Care Trust (Comm Dev)
Belfast Interface Project
BRO South & East Team
Charter for Northern Ireland
Chung Do Kwan NI
Connswater Homes Ltd
Contact NI
Dundonald Green Belt Association
Dundonald Townswomens Guild
East Belfast Alternatives
East Belfast Area Youth Project
East Belfast Learning Disability Services

GEMS Northern Ireland Limited
Glen Jordan
Green Action
Hosford
Inverary Community Centre
Links Women’s Group
Newtownbreda Women’s Institute
NI Housing Executive
Ravenhill Presbyterian Men’s Fellowship
Ravenscroft Nursery School
RNIB NI
Start 360
Tuesday Mother & Toddlers
Wilgar Community Forum
Youth Action Northern Ireland
Youth Initiatives
Welcome to our annual report covering April 2017 – March 2018. In keeping with our 5-year strategy theme ‘People Build Communities’ we have followed the same format as the past 2 years to present a more graphic representation of our work over the past 12 months. This allows us to compare and contrast changes and differences each year, whilst presenting a more readable format for our members and funders with the intention of making it easier to understand and to allow us to show you the impact and outcome of our work.

As in previous years, this report can only give you a brief flavour of the extent of our work. But we would highlight 2 major pieces of work started this year. Firstly, our East Belfast Community Capacity & Leadership Programme (EBBC&LP) targeting 252 people and 42 community groups in 13 super output areas in East Belfast. Secondly, we have focussed a lot on recording the impact of our work and have developed a computer-based CRM system. 2018-2019 period will be very much a test ground to use the CRM system and for the staff to get comfortable in using it. This new system will allow us to refine our recording process to ensure we are measuring the impact, focussing on our Mission and our Theory of Change, these are:

**Mission**

East Belfast Community Development Agency exists to provide resources, support and capacity building programmes for community groups that are based on partnership, equal opportunities and sustainable outcomes.

**Theory of Change**

EBCDA’s job is to add value to the activity undertaken by groups in local areas and to work with key organisations to ensure the continued development of a community sector in East Belfast that is recognised, valued and effective. We seek to support successful community development, encourage reflective practice and promote cooperation and locally based solutions.
To promote good financial management practice in the community sector by offering financial management advice, training services and a community accountancy service.

Theme 2
Community Resource & Finance Services

To assess the needs of the community sector and work with other key organisations to draw up programmes, projects, plans and strategies that build capacity.
Theme 3
Community Development
Training, Education & Advocacy

To encourage, support and facilitate the provision of quality community development education and training opportunities. To seek to influence the policies of community, voluntary, government and public agencies so that they recognise the value of adopting a community development approach and that the community sector in East Belfast might benefit.
How our work has impacted East Belfast

- 27 were full members
- 17 were associate members
- 15 were Northern Ireland wide
- 14 were Belfast based
- 76 were based in East Belfast

Worked with 123 Organisations

- 523 interventions
- 51 volunteers supported
- 1121 people attending
- 58 average per staff member
- 49 events
They heard about the event through

- Facebook 15%
- Twitter 1%
- Weekly ebulletin 9%
- Word of mouth 45%
- Email invite 21%
- Letter 2%
- Other 7%

EBCDA accessed an additional £22,000 to develop the work with groups

EBCDA worked with 6874 people

In the following age groups

- 18-25 11%
- 26-40 29%
- 41-60 38%
- 61-74 17%
- 75+ 5%

The people involved were

- These people had an income of
  - £10,000< 34%
  - £10,001 - £20,000 30%
  - £20,001 - £30,000 18%
  - £30,001 - £40,000 8%
  - £40,001> 10%

27% Male
73% Female

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73% Female
Where our money came from

**Total**: £744,215

- **PHA: INVESTING FOR HEALTH**: £115,649 (16%)
- **TEO: URBAN VILLAGES**: £21,835 (3%)
- **TEO: SOCIAL INVESTMENT FUND**: £214,457 (29%)
- **SMALL GRANTS AND DONATIONS**: £3,678 (0.1%)
- **SELF-GENERATED**: £25,266 (3%)
- **BELFAST CITY COUNCIL**: £88,819 (12%)
- **DFC: COMMUNITY EMPOWERMENT DIVISION**: £88,408 (12%)
- **DFC: COMMUNITY INVEST FUND**: £43,564 (6%)
- **PHA: HEALTHY LIVING & STRATEGY**: £142,539 (19%)
How we spent our money

Charitable Activities – 80%
- Staff Costs: £266,700 (45%)
- Programme Costs: £322,432 (55%)

Support & Governance Costs – 20%
- Staff Costs: £89,231 (60%)
- Running Costs: £58,579 (40%)

Total: £736,942
134 people attended various forums

- Youth Practitioners Forum: 12
- Community Development Cafe: 10
- Drug & Alcohol Stakeholders Forum: 9
- Race Relations Forum: 5
- East Belfast Health Forum: 4

Community Development Support
117 people participated in training through the East Belfast Community Capacity & Leadership Programme (EBCC&LP)

7 groups provided with payroll services for 32 staff

11 independent financial assessments provided

12 groups supported to register with Northern Ireland Charity Commission

48 weekly ebulletins distributed to 483 recipients’

135 enhanced Access NI checks countersigned

39 groups engaged through East Belfast Community Capacity & Leadership Programme (EBCC&LP)

100+ Provided an East Belfast view at meetings, conferences and seminars with the Public Health Agency, Belfast City Council, NICVA, NI Community Development Networks Forum, Belfast Health & Social Care Trust, Department for Communities, The Executive Office, Community Empowerment Division
Health Development Support

138 people completed Top Tips for Looking After Yourself

317 people active in Walking Groups/Treasure Trails

947 people participated in Active Belfast sessions

124 children provided with healthy lunches through Holiday Hunger Summer Nutrition Programme

57 parents took part in Nutrition workshops Holiday Hunger Summer Nutrition Programme
11 Suicide awareness and information provided
120 Took part in dancercise classes
103 Took part in drop-in donation pilates
127 Took part in drop-in donation Yoga
650 people received a brief intervention through Ash to Cash programme
15 Smoking cessation information stands sessions provided
As part of the process, staff were asked to record comments, within the Intervention Record Form, under 5 sections. What follows is an example from the 123 Intervention Record Forms.
How was initial contact made or developed with this group?

- Group was going through process of registering as a charity and asked for assistance with their accounts and to prepare an independent examination
- Made contact with staff from NI Abdominal Aortic Aneurysm at an event and organised the delivery of a session for men
- Asked to facilitate a session on Stress with the staff team
- Offer of Ash to Cash programme
- As a result of a visit from EBCDA staff to inform us of the opportunities through East Belfast Community Capacity & leadership programme
- Making East Belfast Dementia Friendly.

Intended Impact
(What Difference Did We Want To Make)

- To ensure the group was accounting for the funding correctly and would meet with Charity Commission Procedures
- To give the women’s group a fun physical activity to engage in
- To equip with positive coping mechanisms and provide a safe space to talk openly
- Raise awareness of the benefits of quitting smoking both financially and health related
- To building leadership opportunities, relevant training for the organisation and governance development
- Explore how East Libraries can be linked closer with dementia friendly work to raise awareness with service users.
**Your View On Impact**  
(Will Impact Be Long Term)

- Groups are realising how important it is to have accurate financial records as a requirement when they register with the charities commission
- Sessions generated a lot of interest on social media and attracted a number of different participants from the local area
- Positive impact on the group – opened up, facilitated increased peer support within the group, provided group opportunity to try positive coping strategies for stress
- Good to help identify the risk of diabetes and help others to make changes to reduce the risk
- Highlighted how groups are doing a lot which they don’t record or give themselves credit for
- Good to review procedures and enable the development of stronger governance.

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**Unintended Impact**  
(What Additional Difference Did We Make)

- More detailed understanding accounting and book keeping procedures
- The pilot was so successful that a role has been created in NICHS to roll this programme out across Belfast
- Activity sessions motivated them to be active all through the week by walking more, make new friends and be more aware of their mental health
- More groups interested in EBCDA’s approach to well being in local communities and requested more information on how they might implement similar approach in other communities across the city
- More demand for bespoke training and governance support than anticipated
- All staff and volunteers want to or need to avail of the programme for the benefit of the organisation and the sector in East Belfast.
Groups View On Impact
(Impact Statements)

• I can’t thank you enough for this as it has taken a lot of pressure of me

• Group were pleased with the information and are looking forward to working together in the future

• Felt listened to and supported by each other to open up and develop positive strategies. Group really valued the session and would like to incorporate another session into their programme later in the year

• Delighted that EBCDA could assist with courses and impressed with the programmes/sessions that can be provided

• We need to realise our important leadership role in our community and value this

• The workshops brought clarity for group’s future work and provided the opportunity to explore how to improve meetings.
We are grateful to our staff team and Board of Directors for their time, effort and commitment to EBCDA. Thanks also to our funders, Department for Communities (DfC) Belfast City Council (BCC) and the Public Health Agency (PHA), The Executive Office and Community Empowerment Directorate (CED). Thank you also to our members for their support and working closely with us to build towards achieving our strategy for 2015-2020 ‘People Build Communities’.

Board of Directors

Karen Purdy  Chairperson  Emma Shields
Bernie McConnell  Vice Chair  Tommy Sandford
Rev Mervyn Gibson  Hon Treasurer  Janice Cherry  (Co-Option)
Annie Cook  Bobby Ellison  (Co-Option)
Sammy Douglas  Glen Jordan  (Co-Option)
Rachael Davison  Richard Williamson  (Co-Option)
Liz Oslon  Kim Briggs  Company Secretary

Staff Members

Michael Briggs  Executive Director  Jean Higginson  Admin Support Officer
Kim Briggs  Resource & Finance Director  Sharon Traynor  Health Development Coordinator
Jonny Currie  Community Development Director  Narendra Munna  Health Development Coordinator
Linda Armitage  Health Development Director  Gillian Hamilton  Emotional Wellbeing Coordinator
Linda McCracken  Reception and Administrative Support Officer  Alison Coulter  Health Connections Coordinator
Marie-Anne Templeman  Finance Manager

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