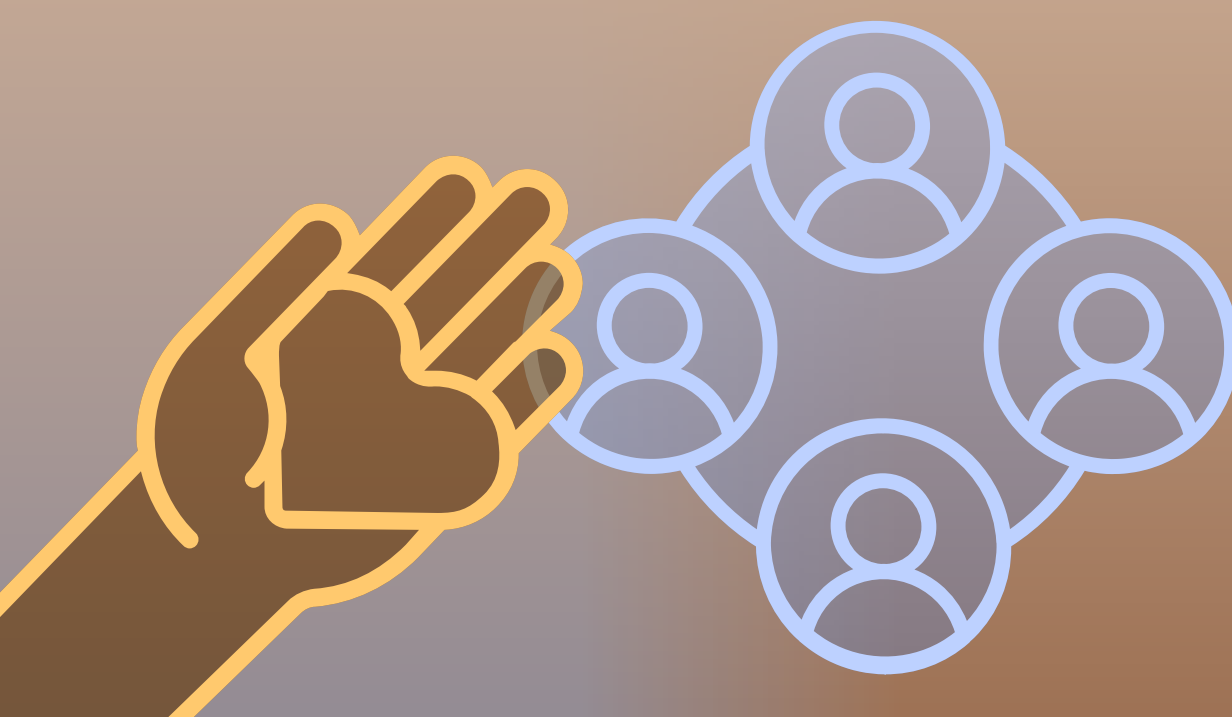


# PEOPLE BUILD COMMUNITIES

ANNUAL REPORT 21/22

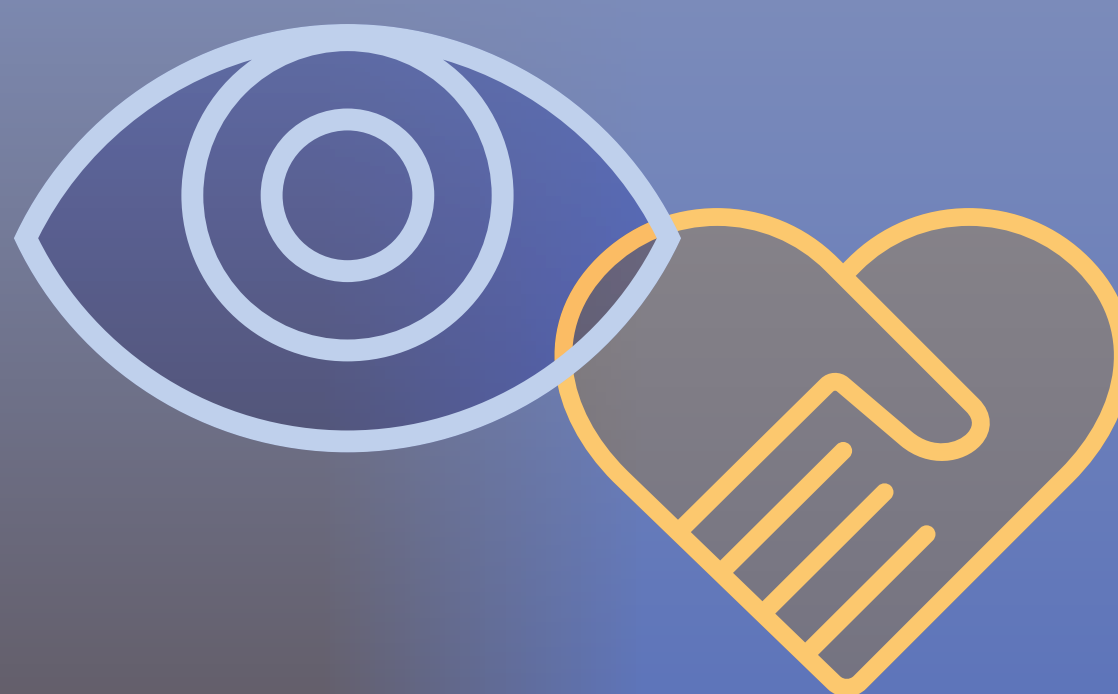


## Introduction



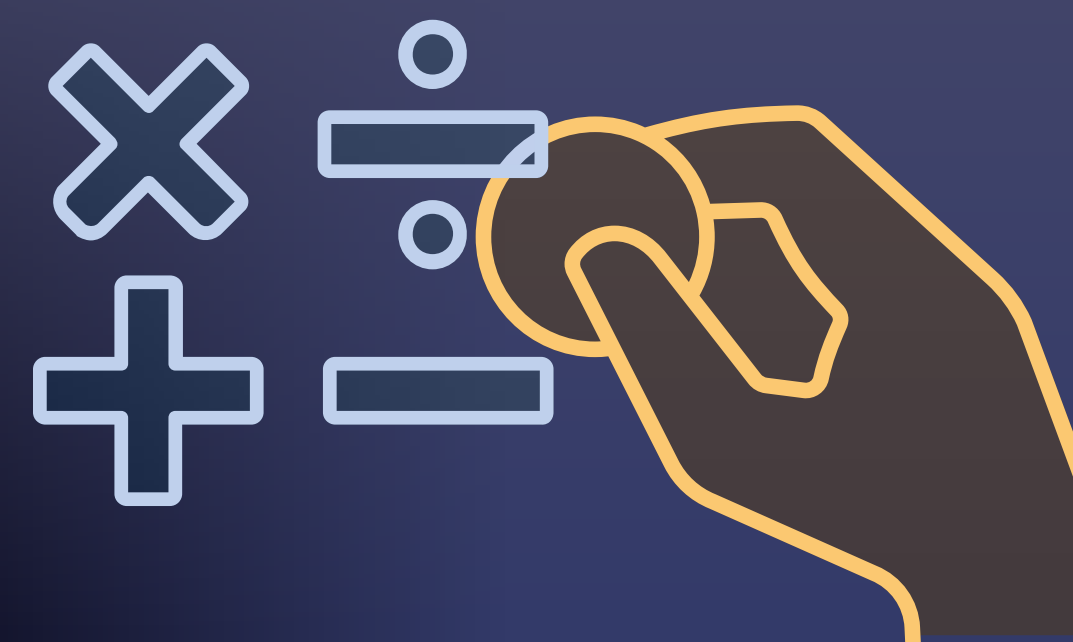
## Theme 1

Community Support  
& Capacity Building



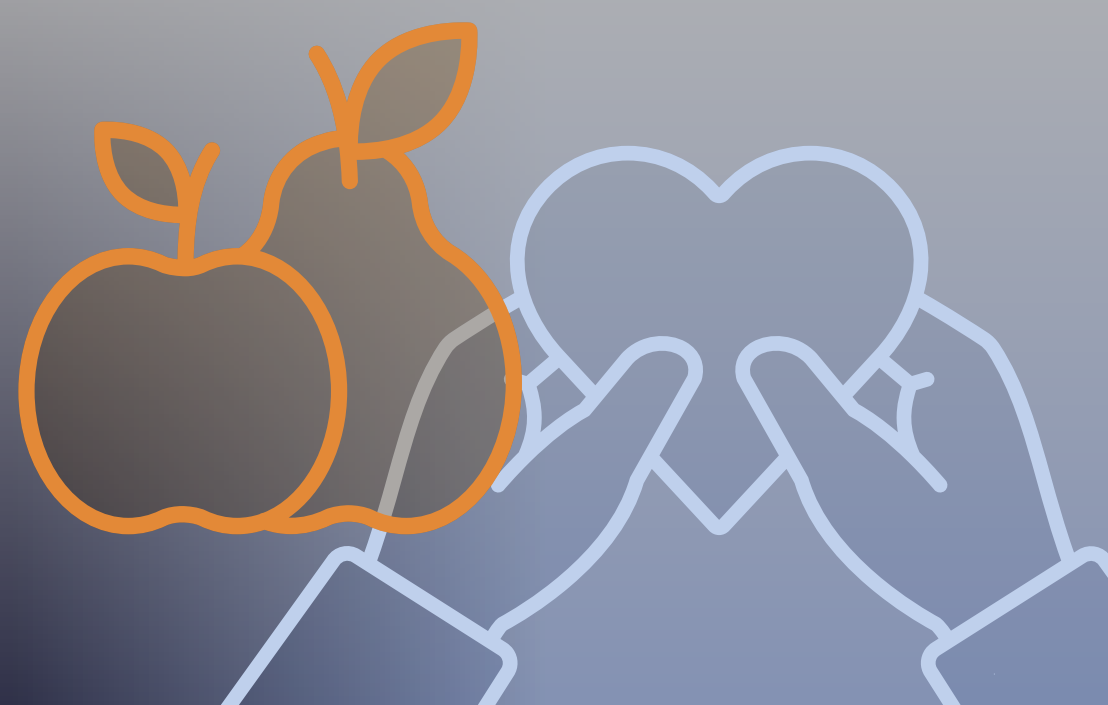
## Theme 2

Community Resource  
& Finance Services



## Theme 3

Community Health  
Development



## Finance: Income & Expenditure



## Members, Board and Staff





# Introduction

Chair & Executive Director



**Welcome to our annual report covering the April 2021 - March 2022 period. Whilst our previous reporting period was consumed with tackling Covid, this period has been a combination of dealing with Covid and trying to get back to some sort of normal functioning, probably like so many of you. Like everyone who is reading this, April 2020 to March 2021 was a very different year to any previous years through our 50+ year history.**

We have slowly introduced more face-to-face meetings, following the government guidelines, which seemed to change every other week. Staff have been based in the office more and this has helped staff connect again, nothing like bouncing an idea of a colleague who is in the same room as you! By year end we were at full strength of, in the office and delivery to the community sector in East Belfast.

We were please and humbled to have won 3 awards this year, the EastSide Award for Excellence in Health & Wellbeing, the Inspire Workplace Award and the Belfast Healthy City Mental Health Award. Huge congratulations to our Board and staff on these awards.

This is the second year of reporting on our 5-year strategy "People Build Communities". This report is following the new format as we are reporting all of our work under our three themes agreed in the strategy 2020-2025, these are:

## Theme 1 - Community Support & Capacity Building :

To assess the needs of the community sector and work with other key organisations to:

- recognise the principles and values of adopting a community development approach
- draw up support programmes that develop the community sector
- plan projects that lead to more collaborative working
- develop plans and strategies that build capacity
- advocate on behalf of and with communities
- seek to influence the policies of community, voluntary, government and statutory agencies.

## Theme 2 - Community Resource & Finance Services :

To manage our human and physical resources and promote good financial management practice in the community sector by:

- offering financial management advice and guidance
- providing financial training and support services
- providing a payroll and community accountancy service
- managing and maintaining East Belfast Network Centre
- ensuring the sector is up to date in charity compliance.

## Theme 3 - Community Health Development :

To encourage, support and facilitate the provision of community health programmes and projects that:

- seek to influence the health policies of community, voluntary, government and statutory agencies
- promote and provide opportunities for health education and training
- support the community sector to recognise the value of adopting a community development health approach in their work
- builds the capacity of the communities in East Belfast to develop collective solutions to their health problems
- plan and deliver health projects that lead to more collaborative working.

## Mission

East Belfast Community Development Agency exists to provide resources, support and capacity building programmes for community groups that are based on partnership, equal opportunities and sustainable outcomes.

## Theory of Change

EBCDA's job is to add value to the activity undertaken by groups in local areas and to work with key organisations to ensure the continued development of a community sector in East Belfast that is recognised, valued and effective. We seek to support successful community development, encourage reflective practice and promote cooperation and locally based solutions.

## Thanks

We are grateful to our staff team and Board of Directors for their time, effort and commitment to EBCDA. Thanks also to our funders, Department for Communities (DfC) Belfast City Council (BCQ), the Public Health Agency (PHA), The Executive Office and the Community Empowerment Directorate (CED). Thank you also to our members for their support and working closely with us to build towards achieving our strategy for 2020-2025 "People Build Communities"

**Karen Purdy, Chair**

**Michael Briggs, Executive Director**



Belfast  
City Council



Department for  
Communities



Northern Ireland  
Executive  
[www.northernireland.gov.uk](http://www.northernireland.gov.uk)



HSC Public Health  
Agency



# Theme 1

Community Support  
& Capacity Building

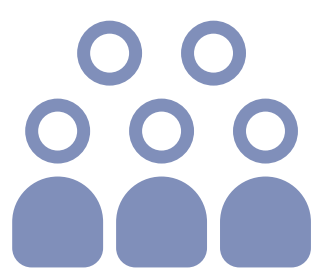
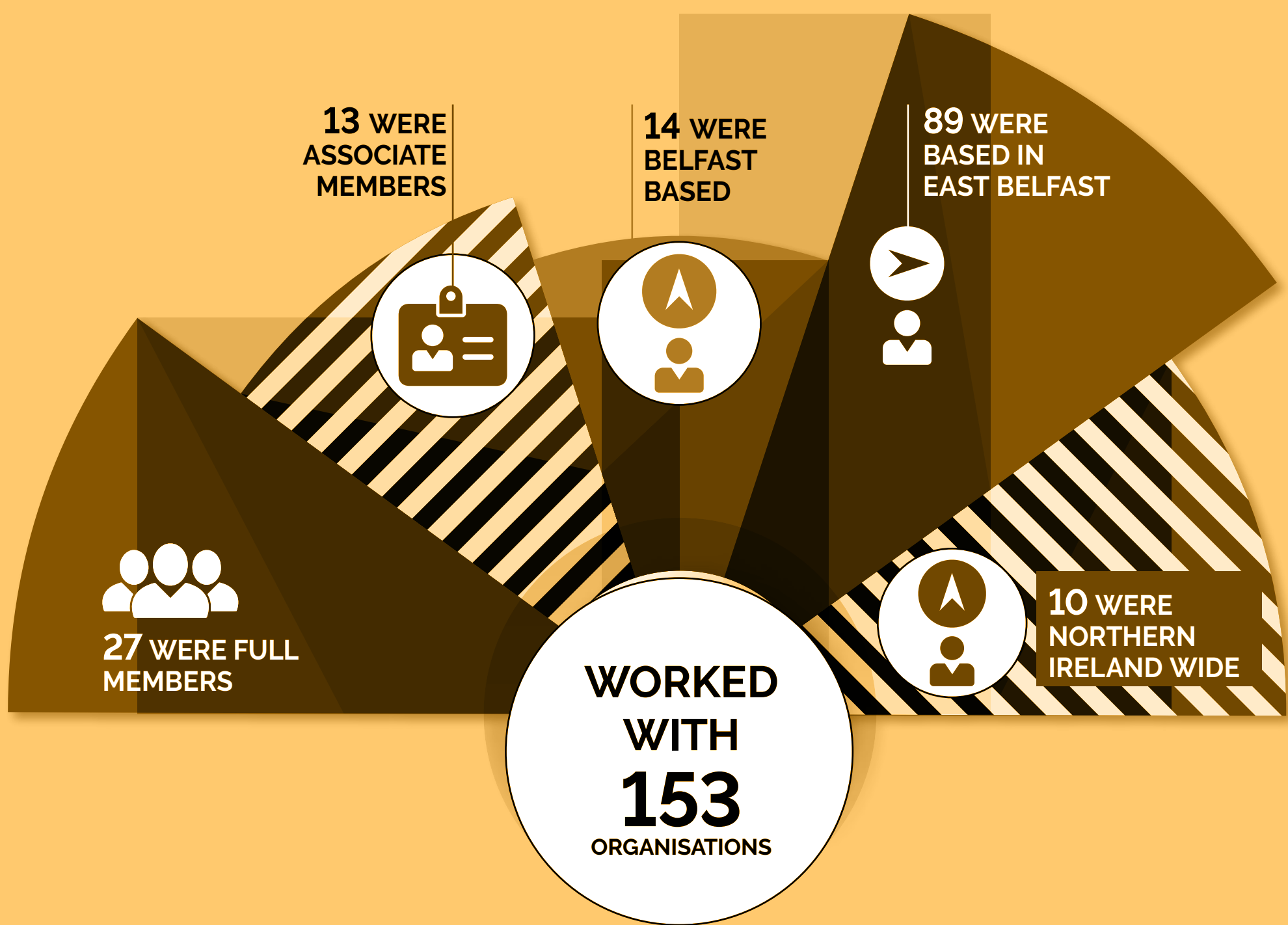
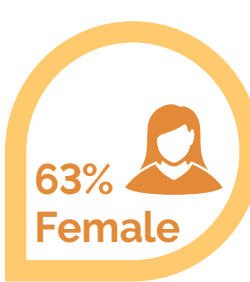


To assess the needs of the community sector  
and work with other key organisations.

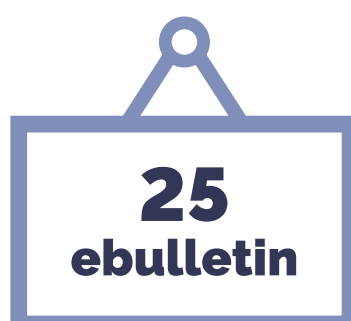


delivered a service to  
**over 8,250 people**  
in conjunction with other  
partners in East Belfast.

The people involved were



Worked with NICVA to deliver the  
final element for East Belfast of  
BCC Transformative Leadership  
Programme delivered to **18 people**



produced and  
distributed to  
**347 subscribers**



Youth Practitioners  
e-bulletin produced  
and distributed to 56  
recipients



groups supported  
with funding support,  
both applying for and  
managing funding



Access NI Information  
Sessions



Facilitated consultations  
in relation to  
developments affecting  
East Belfast



Good Governance  
sessions



Groups supported with  
Access NI Checks



People processed  
through Access NI  
Disclosures



Youth Volunteer  
celebration events



Covid Volunteers  
celebration event



Volunteers supported  
through safeguarding  
and first aid training



Volunteer recruitment  
events



Facilitated a process  
of support for 8 new  
groups



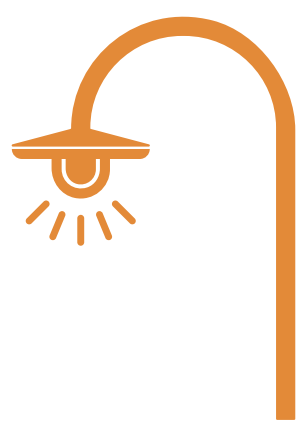
Produced BME local  
services map for East in  
6 different languages



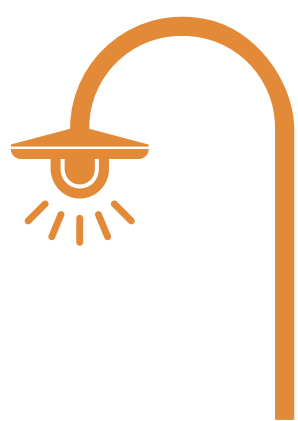
Consultations with  
young people



Youth Volunteers  
provided with  
opportunity to gain new  
skills



**76** sessions delivered by  
East Belfast Street Team  
Collaborative Programme



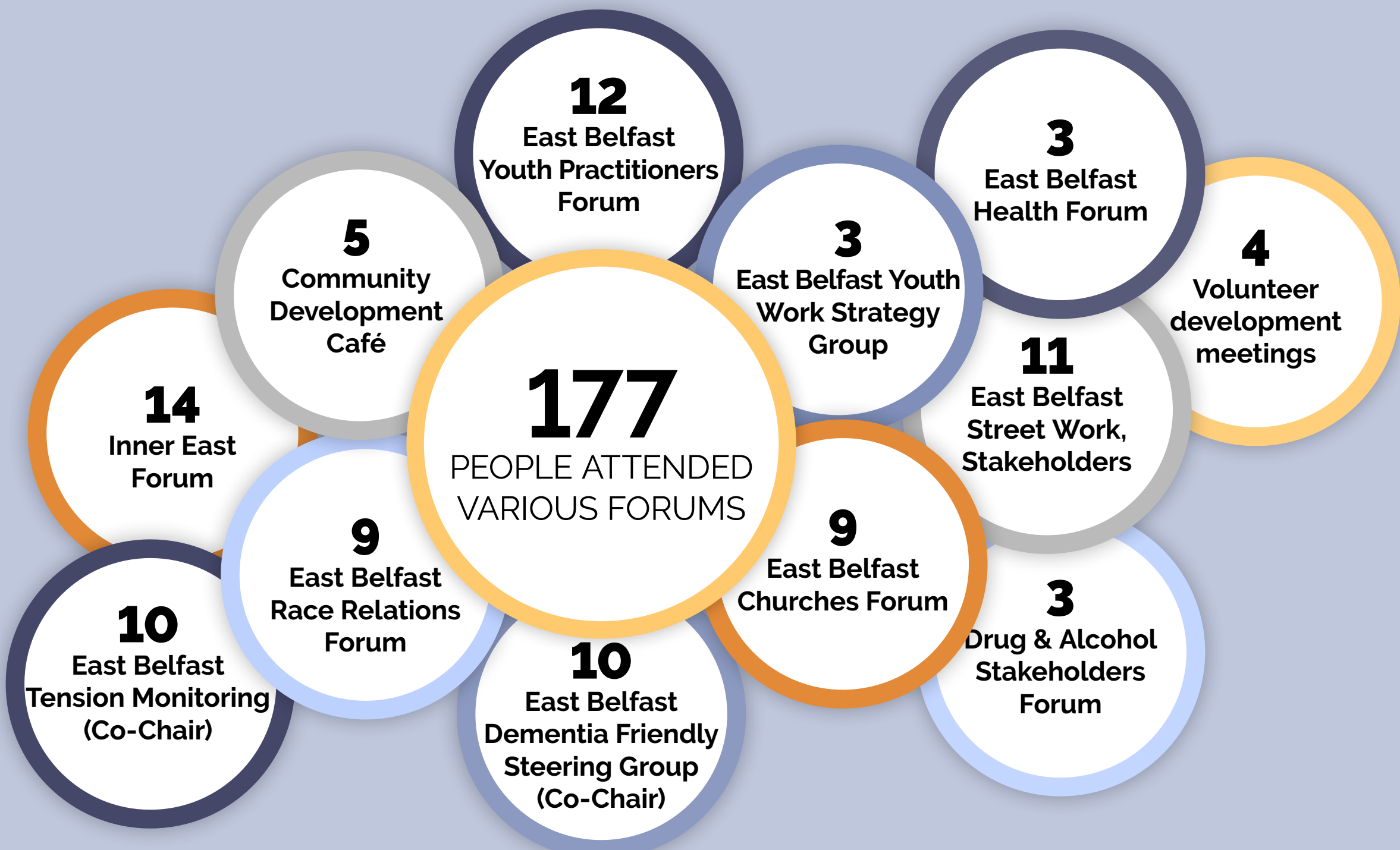
**8** East Belfast Street Work  
Stakeholder meetings



**East Belfast Youth  
Work Strategy  
launched**

**9** Themed network  
discussion related to youth  
work in East Belfast

**10** East Belfast Youth  
Strategy meetings





## Theme 2

### Community Resource & Finance Services

To manage our human and physical resources and promote good financial management practice in the community sector.



**Managed EBCDA and TAS Trust** day to day finance.



**Managed an additional £250,000** (approx. £210,000 related to Covid funds from BCC and DfC)

Worked closely with **East Belfast Covid-19 Reference Group** to facilitate the management and delivery of the following with **28 East Belfast Groups**:



**9,015**  
FOOD PARCELS



TO **4,508**  
HOUSEHOLDS (APRIL  
21 – DECEMBER 21)



**1,809** households  
supported with fresh  
food and utility costs  
(January 22 – March 22)



**Ensured East Belfast Network Centre remained open** and Covid safe so the groups based in the building could access their offices to deliver their services.

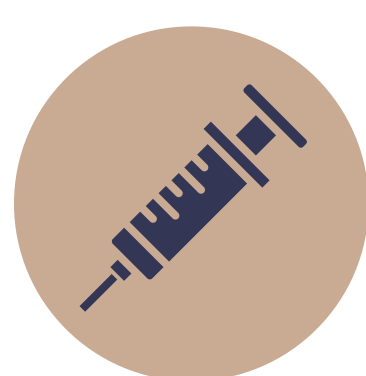


## Theme 3

### Community Health Development

To encourage, support and facilitate the provision  
of community health programmes and projects

Managed and delivered **CiT Health & Wellbeing Programme**  
involving **30 organisations** engaging **587 people** through:



**DRUG & ALCOHOL  
TRAINING**



**WELLBEING  
WORKSHOPS**



**PARENT SUPPORT  
SESSIONS**



**MEN'S HEALTH CHAMPIONS**



**WELLBEING RETREAT FOR  
COMMUNITY WORKERS**



**CHATTY BENCH PROGRAMME  
DEVELOPMENT**



**SELF-CARE HEALTH  
SYMPOSIUM**



**10**  
HEALTH OBSERVANCE DAY  
SESSIONS EG NO SMOKING DAY,  
WORLD CANCER DAY, WORLD  
HEALTH DAY ETC



**20**  
YOGA SESSIONS



**25**  
TAI CHI SESSIONS



**12**  
GROUPS ACTIVELY ENGAGED IN  
PROMOTING TAKE 5 MESSAGES



**25**  
HEALTH SESSION WITH MENS  
GROUPS



**18**  
TAKE 5 STEPS TO WELL-  
BEING PROGRAMMES



**11**  
GROUPS PROVIDED WITH "TAKE 5  
IN A JAR" SESSIONS



**14**  
HEALTH AND ART SESSIONS



**300**  
ADULTS & CHILDREN ENGAGED IN  
"TAKE 5 IN A JAR"



**20**  
PAIN SUPPORT  
PROGRAMMES



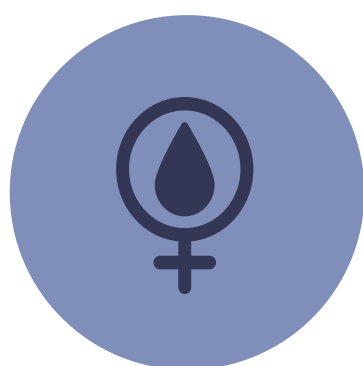
**2**  
CHRONIC PAIN PROGRAMMES



**15**  
PEOPLE PROVIDED WITH  
COACHING SUPPORT



**4**  
CHI ME SESSIONS WITH OLDER  
PEOPLE



**5**  
MENOPAUSE CAFES



**4**  
WELL-BEING CAFES



**25**  
MENS HEALTH CHAMPIONS  
RECRUITED AND TRAINED.



**11**  
MENS ARCHERY SESSIONS



**300**  
PEOPLE ENGAGED THROUGH  
EASTSIDE ARTS FESTIVAL



**215**  
HEALTH & FITNESS AND  
INFORMATION PACKS DISTRIBUTED



**75**  
WELLBEING PACKS  
DISTRIBUTED



**2**  
COMPASSION FATIGUE  
TRAINING SESSIONS



**9**  
MENS MOVE MORE CANCER  
PROGRAMME



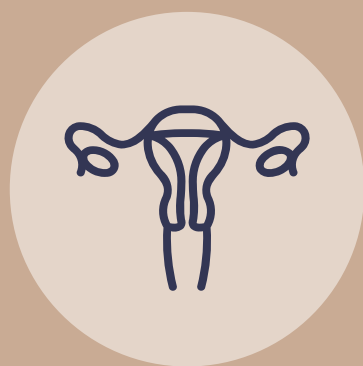
**55**  
WINTER WARMER PACKS  
DISTRIBUTED



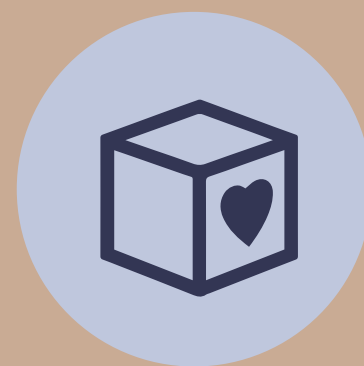
**2**  
SUICIDE AWARENESS  
PROGRAMMES DELIVERED



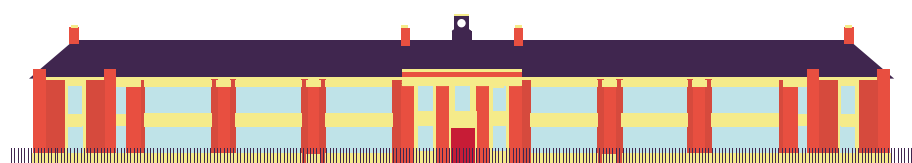
**2**  
ACES PROGRAMMES  
DELIVERED



**10**  
WOMEN'S GROUPS LINKED  
TO WRDA FOR CERVICAL  
AWARENESS WORKSHOPS



**30**  
HUG IN A BOX PARCELS



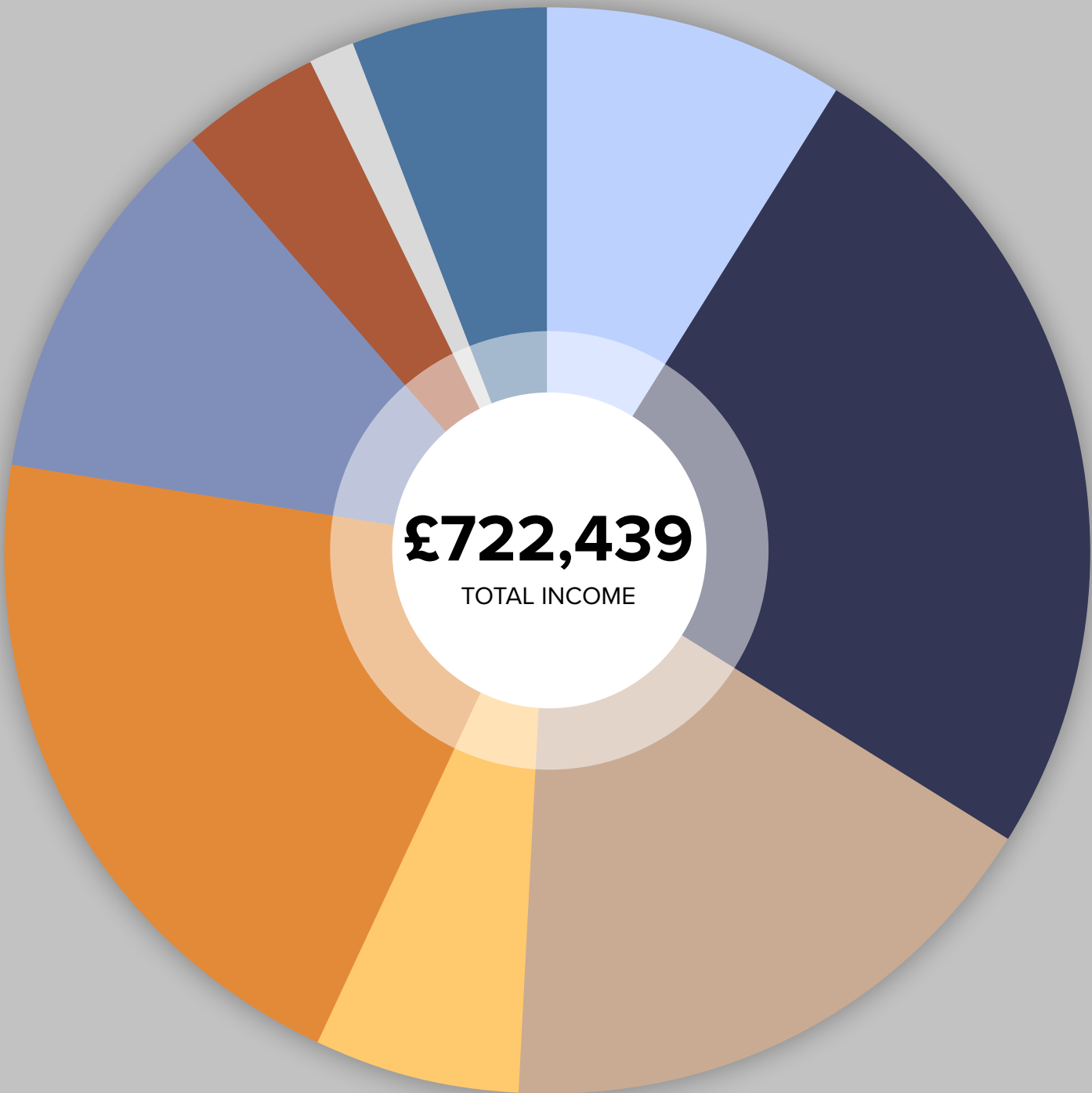
**Provided an East Belfast view** at online meetings,  
conferences and seminars with the Public Health  
Agency, Belfast City Council, NICVA, Belfast Health &  
Social Care Trust, Department for Communities, The  
Executive Office, Community Empowerment Division,  
DfC Emergencies Leadership Group, NICVA, NIO



# Finance: Income & Expenditure

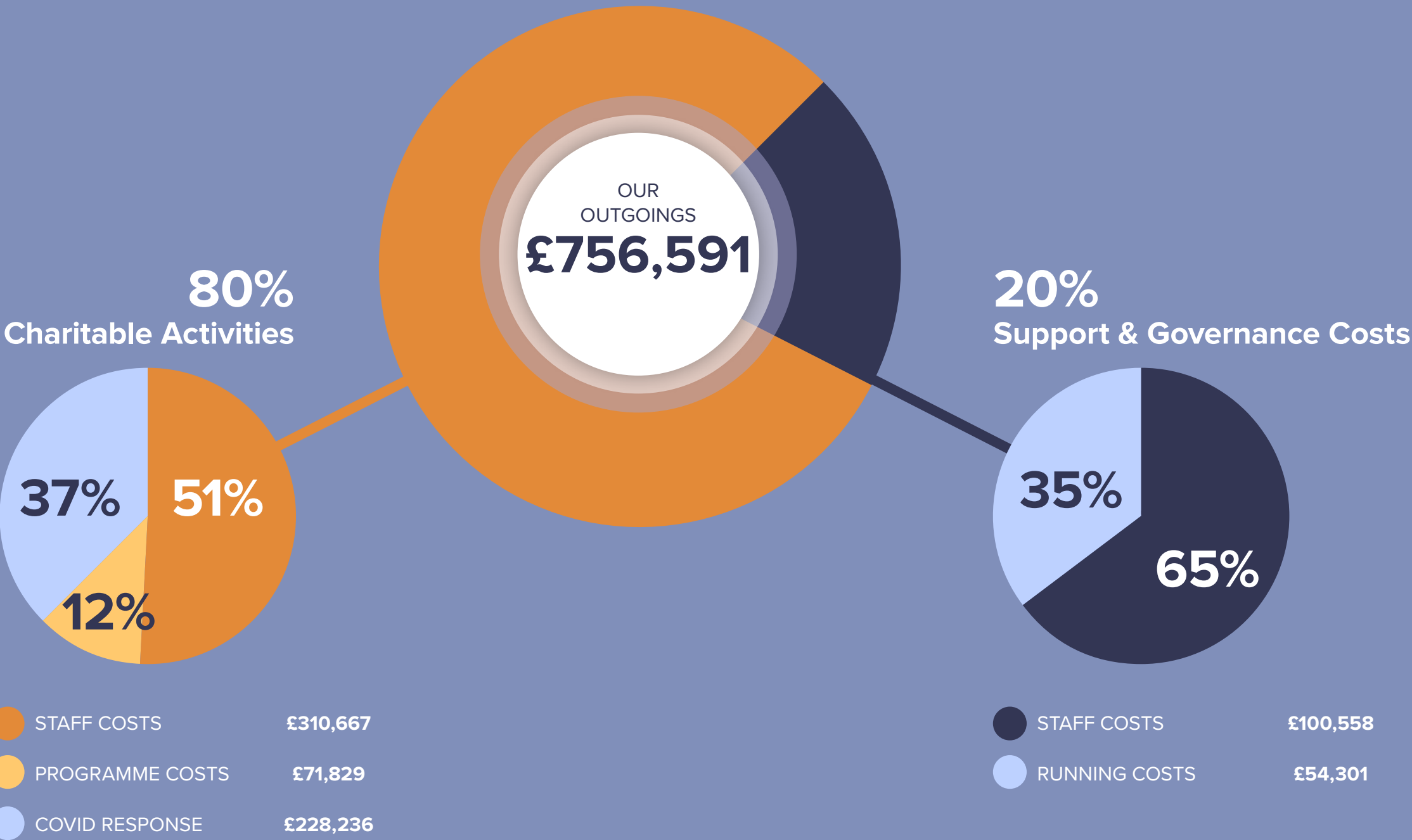


## Our Income and Outgoings



### OUR MONEY CAME FROM:

BELFAST CITY COUNCIL – GRANTS	£65,668
BELFAST CITY COUNCIL – COVID RESPONSE GRANTS	£179,904
DFC – COMMUNITY EMPOWERMENT DIVISION	£121,670
DFC – COMMUNITY INVESTMENT FUND	£45,242
PHA – HEALTHY LIVING & STRATEGY	£149,071
PHA – INVESTING FOR HEALTH	£79,321
TEO – COMMUNITIES IN TRANSITION	£29,934
SMALL GRANTS AND MISC	£10,791
SELF-GENERATED	£40,838
<b>Total</b>	<b>£722,439</b>





# Board, Staff and Members



## Board of Directors

Karen Purdy	Chairperson
Bernie McConnell	Vice Chair
Rev Mervyn Gibson	Hon Treasurer
Sammy Douglas	
Mervyn Cleland	
Annie Cook	
Emma Shields	
Rachael Davison	
Liz Oslon	
Richard Williamson	(Co-Option)
Yvonne Cowan	(Co-Option)

## Staff Members

Michael Briggs	Executive Director
Kim Briggs	Resource & Finance Director (Company Secretary)
Jonny Currie	Community Development Director (Until April 21)
Ashleigh Roberts	Community Development Director (From June 21)
Linda Armitage	Health Development Director
Jim Bailey	Health Development Co-Ordinator
Davina Kelly	Health Development Co-Ordinator
Marie Anne Templeman	Health Connections Co-Ordinator
Richard Maguire	Health Connections Co-Ordinator
Amy Ashe	Inner East Youth Work Co-Ordinator
Elizabeth Vichitkarn	Receptionist & Administrative Support Officer (From Dec 21)
Joan Baird	Finance Manager
Eleanor Gibson	Administrative Support Officer

## EBCDA - Full Members

- Age Concern East Belfast & Castlereagh (IND)
- Arthritis Swimming Club
- Ballybeen Womens Centre
- Ballymacarrett District LOL No 6
- Ballymacarrett Somme Festival
- Bloomfield Community Association
- Choice Charity Fundraiser Group
- Christian Fellowship Church
- Connswater Community & Leisure Services Ltd
- Dundonald Sea Cadets
- East Belfast Alternatives
- East Belfast Community Counselling
- East Belfast Enterprise Ltd
- East Belfast Independent Advice Centre
- East Belfast Independent Advice Centre
- East Belfast Mission
- East Belfast Sure Start
- Greenway Women’s Centre
- Hosford House
- Knock Presbyterian Church
- Knocknagoney Area Forum
- Lagan Village Youth & Community Group
- Megain Memorial
- Oasis Caring In Action
- Ravenhill Presbyterian Mens Fellowship
- Recycled Teenagers
- Round Tower Community Project
- Short Strand Community Forum
- St Clement’s Parish Church
- ST Columba’s Parish Church
- Survivors of Suicide
- Templemore Avenue School Association
- The Aslan Association
- The Hopefuls
- The Oak Project
- The Salvation Army
- Thrive Ireland
- Tullycarnet Community Support Services Ltd
- Walkway Community Centre
- Wandsworth Community Association
- Willowfield Parich Community Association
- Wise Men Of The East Network

## EBCDA - Associate Members

- Alison Wightman
- Ascrt
- Ashfield Boys’ High School
- Belfast Health Trust
- Belfast YMCA Ltd
- Bloomfield Collegiate School
- Boring Wells
- Charter NI
- Cllr Dr John Kyle
- Compassion Belfast
- Connswater Homes
- Cregagh Pre-School
- Dee St, Community Centre
- Denis Carson BCC
- Dreamscheme NI
- Dundonald Green Belt Association
- Dundonald Townswomen’s Guild
- East Belfast Alternatives
- East Belfast Area Project
- George Dorrian
- Green Action
- Greenway Womens Centre
- Kathy Watters BCC
- Knocknagoney Community Centre
- Lorriane wallace BCC
- Newtownbreda Women’s Institute
- NI Housing Executive
- Ravenhill Presbyterian Mens Fellowship
- RNIB NI
- Start360
- The Gathering COI Church Plant
- The Princes Trust