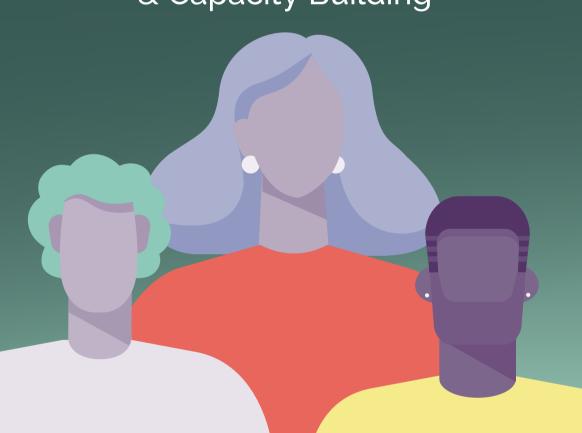


Theme 1

Community Support & Capacity Building



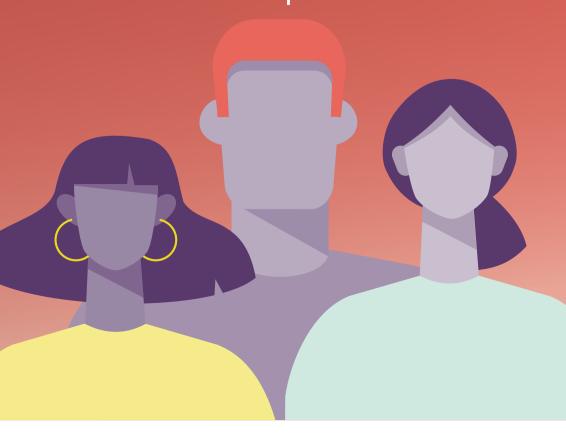
Theme 2

Community Resource & Finance Services



Theme 3

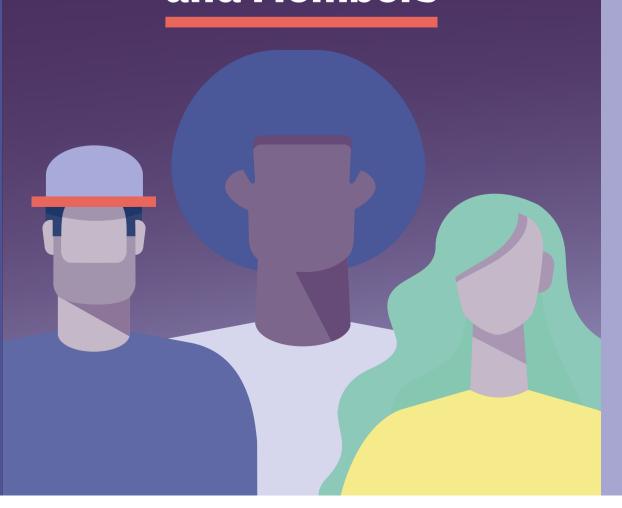
Community Health Development



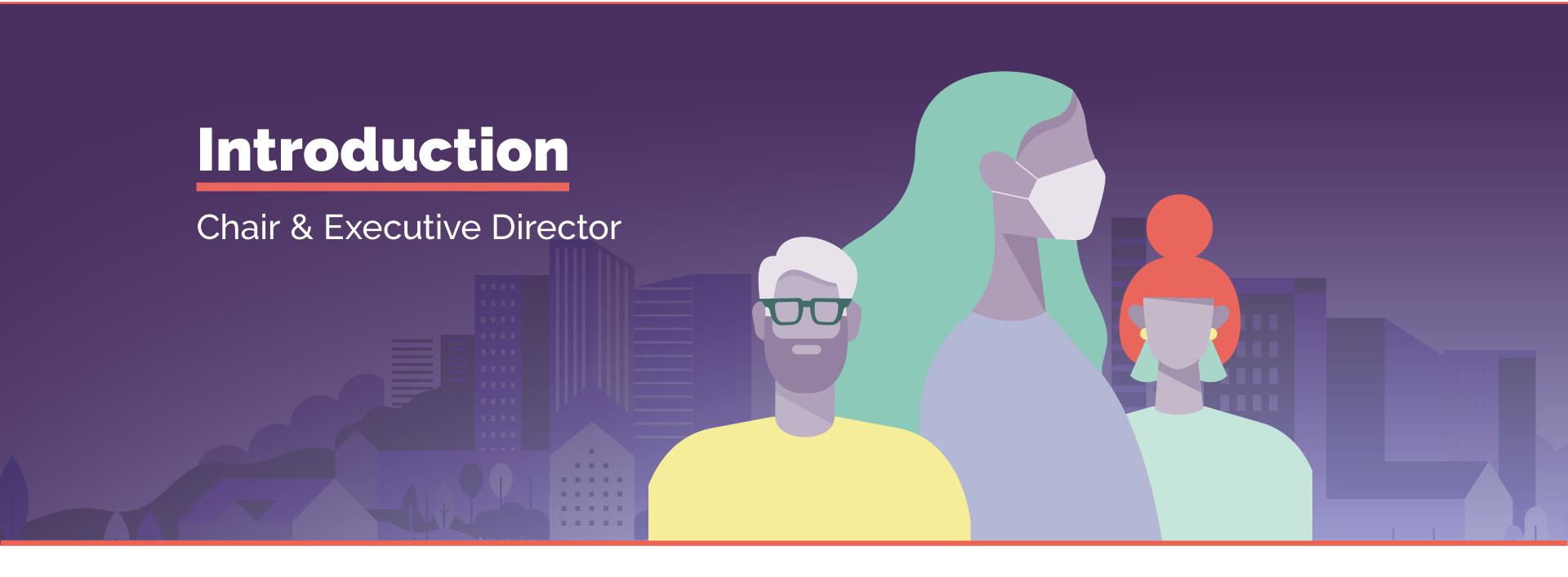
Finance: Income & Expenditure



Board, Staff and Members

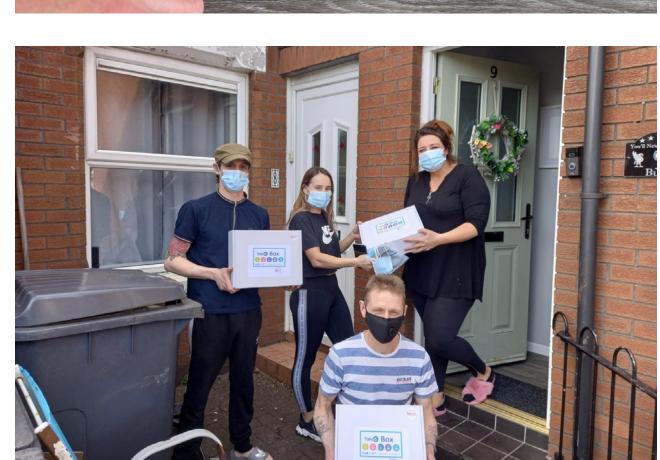


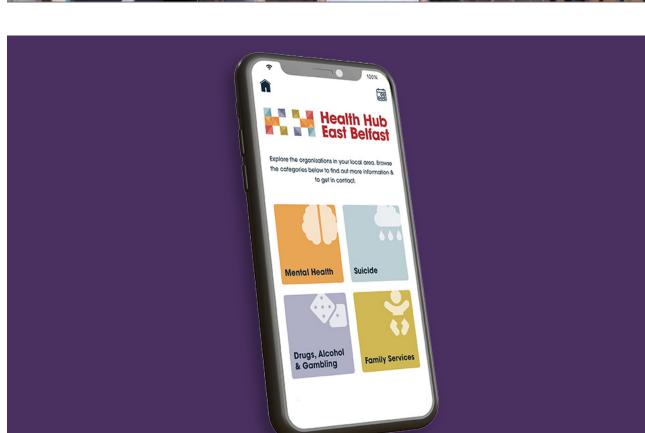












Welcome to our annual report covering the April 2020 - March 2021 period. Like everyone who is reading this, April 2020 to March 2021 was a very different year to any previous years through our 50-year history. We adapted accordingly with staff working from the office and from home. We thought it was important, for the sector in East, that we at least provided some sort of normal functioning as an organisation and continued to try and deliver, as best we could, for the community sector in East Belfast.

This is the first year of reporting on our 5-year strategy "People Build Communities". This report is a slightly different format to other years, as we are reporting all of our work under our three themes agreed in the strategy 2020-2025, these are;

Theme 1 - Community Support & Capacity Building:

To assess the needs of the community sector and work with other key organisations to:

- recognise the principles and values of adopting a community development approach
- draw up support programmes that develop the community sector
- plan projects that lead to more collaborative working
- develop plans and strategies that build capacity
- advocate on behalf of and with communities
- seek to influence the policies of community, voluntary, government and statutory agencies.

Theme 2 - Community Resource & Finance Services:

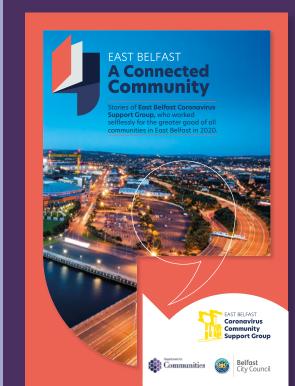
To manage our human and physical resources and promote good financial management practicin the community sector by:

- offering financial management advice and guidance
- providing financial training and support services
- providing a payroll and community accountancy service
- managing and maintaining East Belfast Network Centre
- ensuring the sector is up to date in charity compliance.

Theme 3 - Community Health Development:

To encourage, support and facilitate the provision of community health programmes and projects that:

- seek to influence the health policies of community, voluntary, government and statutory agencies
- promote and provide opportunities for health education and training
- support the community sector to recognise the value of adopting a community development health approach in their work
- builds the capacity of the communities in East Belfast to develop collective solutions to their health problems
- plan and deliver health projects that lead to more collaborative working.











Mission

East Belfast Community Development Agency exists to provide resources, support and capacity building programmes for community groups that are based on partnership, equal opportunities and sustainable outcomes.

Theory of Change

EBCDA's job is to add value to the activity undertaken by groups in local areas and to work with key organisations to ensure the continued development of a community sector in East Belfast that is recognised, valued and effective.

We seek to support successful community development, encourage reflective practice and promote cooperation and locally based solutions.

Thanks

We are grateful to our staff team and Board of Directors for their time, effort and commitment to EBCDA. Thanks also to our funders, Department for Communities (DfC) Belfast City Council (BCC), the Public Health Agency (PHA), The Executive Office and the Community Empowerment Directorate (CED). Thank you also to our members for their support and working closely with us to build towards achieving our strategy for 2020-2025 "People Build Communities"

Karen Purdy, Chair

Michael Briggs, Executive Director



Belfast City Council











Theme 1 Community Support & Capacity Building

To assess the needs of the community sector and work with other key organisations.

Worked directly with 2,232 People

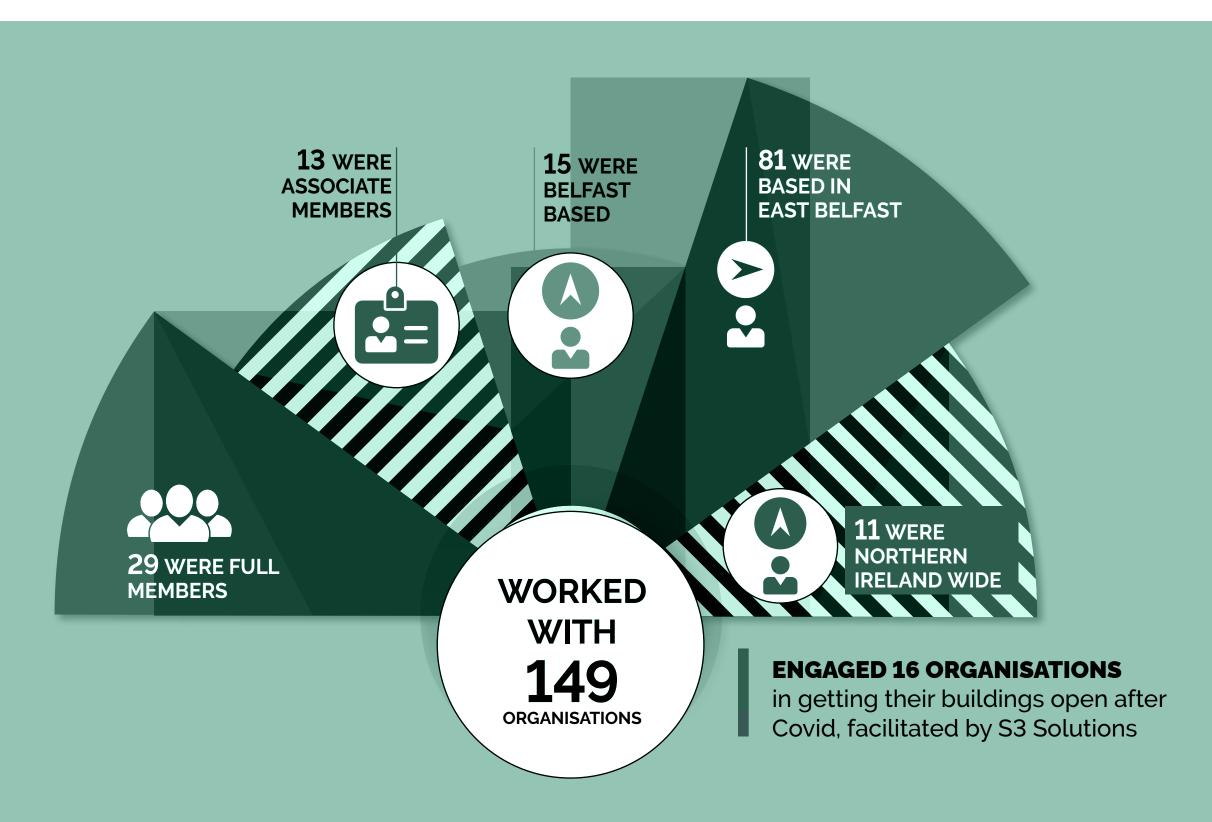
delivered a service to **over 10,000 people**in conjunction with other

partners in East Belfast.

The people involved were







Worked closely with NICVA to deliver the Communities in Transition (CiT) Capacity Building programme



groups engaged



action plans developed



Governance Health



ILM Level 3 Management of Volunteers



1 First Aid Training Programme delivered



1 Safeguarding Training
Programme delivered



Produced 150 "The time is always right to do what is right" Community Development Capacity Building Toolkits and a microsite resource.



Engaged 11 groups in governance review



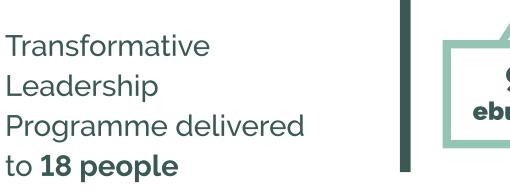
Community Development Courses



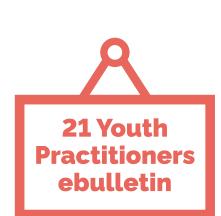
Leadership Courses











PRODUCED AND DISTRIBUTED TO **56 RECIPIENTS**



ACCESS NI INFORMATION SESSIONS



OF SUPPORT FOR

8 NEW GROUPS



VOLUNTEERS SUPPORTED
TO DELIVER EAST BELFAST
YOUTH MENTORING PROJECT



GROUPS SUPPORTED
WITH ACCESS
NI CHECKS



MANAGEMENT OF EAST BELFAST STREET TEAM COLLABORATIVE PROGRAMME



SUPPORTED **12 GROUPS**WITH FUNDING SUPPORT,
BOTH APPLYING FOR AND
MANAGING FUNDING



THROUGH ACCESS
NI DISCLOSURES

PEOPLE PROCESSED



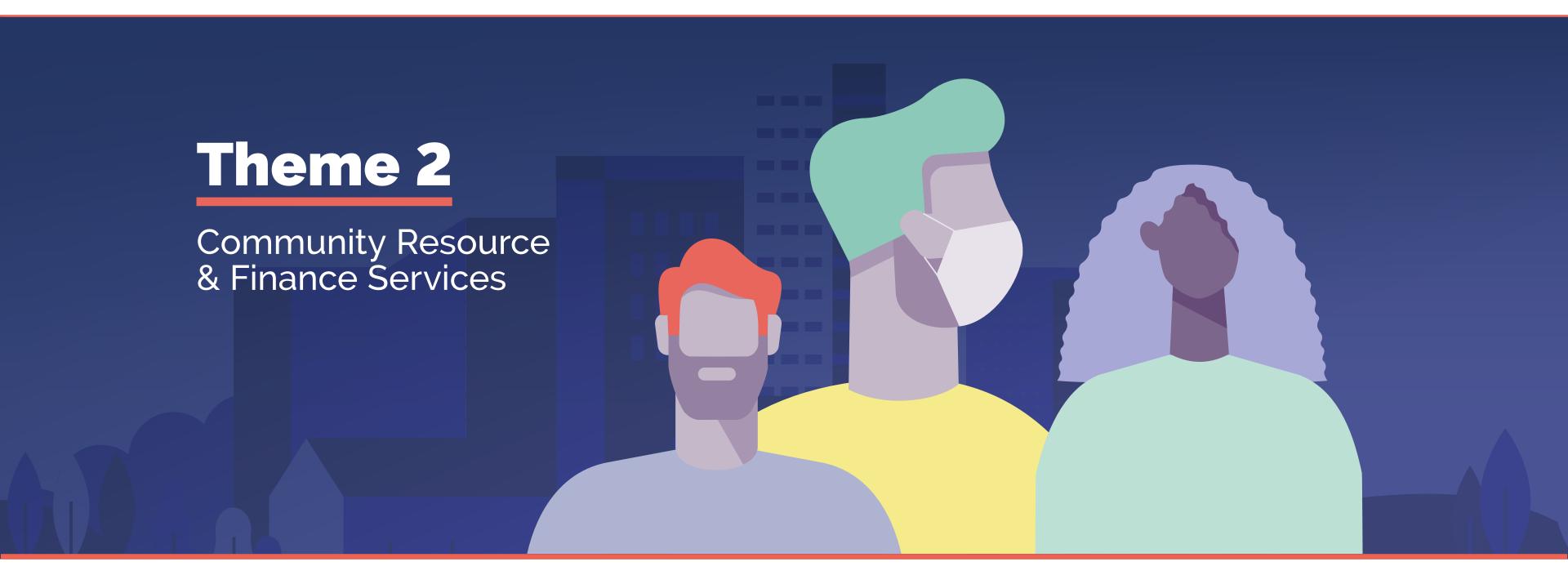
IN DEVELOPING YOUTH WORK STRATEGY FOR EAST BELFAST

YOUNG PEOPLE ENGAGED



Provided an East Belfast view at online meetings, conferences and seminars with the Public Health Agency, Belfast City Council, NICVA, Belfast Health & Social Care Trust, Department for Communities, The Executive Office, Community Empowerment Division.





To manage our human and physical resources and promote good financial management practice in the community sector.





Worked closely with East Belfast Coronavirus Community Support/East Belfast Covid-19 Reference Group to facilitate the management and delivery of the following with 30 East Belfast Groups:



7099FOOD
PARCELS



450
HOUSEHOLDS
SUPPORTED WITH
FRESH FOOD AND
UTILITY COSTS



446
CHILDREN'S
RESILIENCE
PACKS



412
ADULT
RESILIENCE
PACKS



10,000 BOTTLES OF HAND SANITZER



40,000 PAIRS OF GLOVES



3,000 BOTTLES OF HANDWASHS



8,400
PROTECTIVE
MASKS



57SMALL GRANTS
UP TO £1,500



1750 WINTER WARM PACKS



338 MENTAL
HEALTH SUPPORT
VOUCHERS FOR
VOLUNTEERS



400 PAIRS OF HEADPHONES FOR HOME SCHOOLING



PRINTING & DISTRIBUTION OF 40,000 HELPLINE LEAFLETS



30,000 CONTACT INFORMATION BOOKLETS DISTRIBUTED



2,900

"EAST BELFAST –
A COMMUNITY
CONNECTED" STORY
BOOKS DISTRIBUTED



9 INFORMATION
BILLBOARDS IN
RELATION TO THE
HELPLINE AND CONTACT
INFORMATION BOOKLET



Ensured East Belfast Network Centre remained open and Covid safe so the groups based in the building could access their offices to deliver their services.



Theme 3 Community Health Development

To encourage, support and facilitate the provision of community health programmes and projects



15 DEMENTIA FRIENDLY AND PAIN FRIENDLY WALKS



500 MEN ENGAGED TO PROVIDE "AN **INTRODUCTION TO MENTAL**

HEALTH"



MEN'S WALKING SESSIONS



12 OUTDOOR TAI CHI SESSION



GENTLE EXERCISE VIDEOS MADE AND PROMOTED TO **COMMUNITY GROUPS**



20 **ONLINE LIVE YOGA SESSION**



ONLINE RELAX, BREATHING SESSIONS



10 **MEN'S HIGH ENERGY** FITNESS SESSIONS



10 WARM WELL CONNECTED **YOGA SESSIONS**



SUMMER NUTRITION PROGRAMME DELIVERED ON A SMALL SCALE



BREAST AWARENESS SESSIONS DELIVERED TO 40 WOMEN



50 **HUG IN A BOXES DELIVERED TO 50 PEOPLE LIVING WITH DEMENTIA**



X8 WEEK PAIN PROGRAMMES

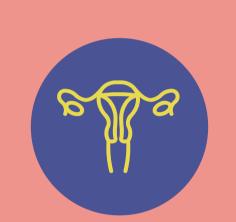


20 PAIN SUPPORT PACKS DELIVERED

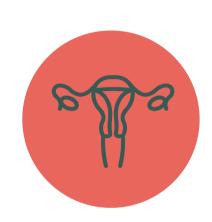
TO MONTHLY PAIN GROUP



85 **WELLBEING PACKS DELIVERED TO WOMEN**



MENOPAUSE SESSIONS DELIVERED



24 **MENOPAUSE SUPPORT PACKS DELIVERED**



500 "TAKE 5" BOXES DELIVERED TO INDIVIDUALS

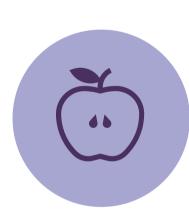


DEMENTIA AWARENESS WORKSHOPS



RED BOX LOCATIONS MANAGED

12



FRUIT DELIVERIES

TO 50 FAMILIES



SOUP DEMOS WITH INGREDIENTS PROVIDED

FOR 20 FAMILIES



MINDFIT SESSIONS DELIVERED



50 WINTER WARM PACKS DELIVERED TO ISOLATED MEN



200 PHYSICAL ACTIVITY PACKS **DELIVERED WITH ONLINE**



BIKE AWARE

SESSION



X4 WEEK TAKE 5 SESSIONS



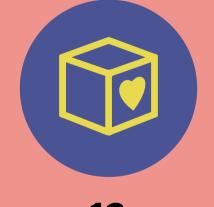
120 **TAKE 5 PROGRAMMES IN A BOX DELIVERED**



24 **COACHING SESSION DELIVERED TO 7 PEOPLE**



6 **MENTAL WEALTH SESSION DELIVERED**



12 **RED BOX LOCATIONS MANAGED**

CiT Health Programme

Deliver the Communities in Transition (CiT) Health & Well-being Programme in Ballymacarrett and The Mount



people directly took part in the project

Health App developed

of services, which is

easily accessible and

interactive, providing

it is needed

immediate support when

community organisations engaged

community staff and

Compassion Fatigue

training

volunteers in participated



health champions and befrienders who now have the confidence and tools to engage their communities and create positive change

men targeted through sports clubs and men's community groups to discuss mental health

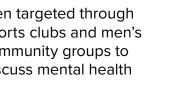


training delivered to 50 community members



promoting mental health

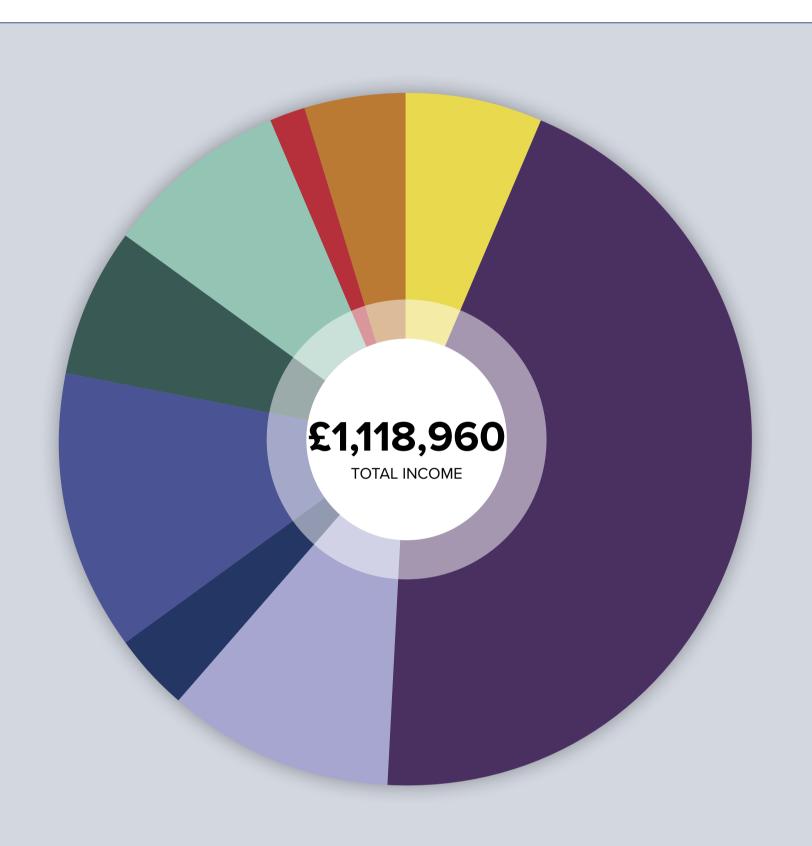
and drug awareness





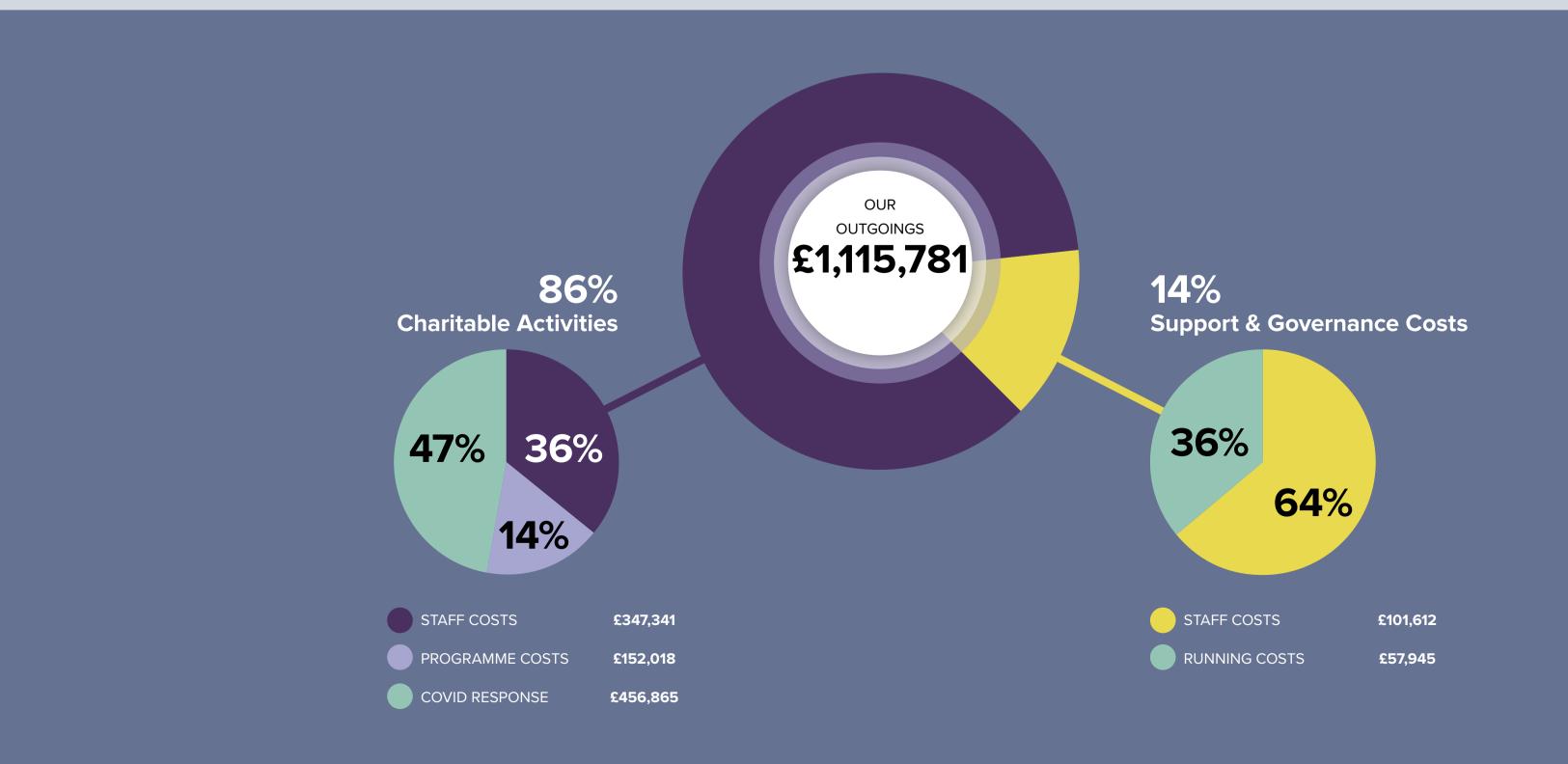


Our Income and Outgoings



OUR MONEY CAME FROM:









Board of Directors

 Karen Purdy Chairperson • Bernie McConnell Vice Chair **Rev Mervyn Gibson** Hon Treasurer

 Sammy Douglas Mervyn Cleland

Annie Cook

Emma Shields

Rachael Davison

Liz Oslon

Richard Williamson (Co-Option)

(Co-Option until May 2020) Glenn Jordan

(Co-Option from November 2020) **Yvonne Cowan**

Staff Members

Michael Briggs Executive Director

Resource & Finance Director (Company Secretary) **Kim Briggs**

Jonny Currie Community Development Director **Linda Armitage** Health Development Director Jim Bailey Health Development Co-Ordinator **Davina Kelly** Health Development Co-Ordinator Marie Anne Templeman Health Connections Co-Ordinator

Communities in Transition (Health)

Project Co-ordinator

Emotional Well-Being Co-Ordinator **Gillian Hamilton** Amy Ashe Inner East Youth Work Co-Ordinator Alexsandra Lojek Ethnic Minority Co-Ordinator

Linda McCracken

Receptionist & Administrative Support Officer Jean Higginson Administrative Support Officer

(until December 2020)

Administrative Support Officer (from March 2021) **Eleanor Gibson**

Finance Manager

EBCDA - Full Members

Oasis Caring In Action

Knocknagoney Area Forum

Connswater Community & Leisure Services Ltd

Age Concern East Belfast & Castlereagh (IND)

Arthritis Swimming Club

East Belfast Mission

Hosford House

Lagan Village Youth & Community Group

Tullycarnet Community Support Services Ltd

Walkway Community Centre

East Belfast Alternatives

The Hopefuls

The Salvation Army

St Clement's Parish Church

East Belfast Sure Start

Willowfield Parich Community Association

East Belfast Independent Advice Centre

Ballymacarrett District LOL No 6

Ballymacarrett Somme Festival

Wandsworth Community Association

Short Strand Community Forum The Aslan Association

The Oak Project

East Belfast Community Counselling

East Belfast Enterprise Ltd

Recycled Teenagers

ST Columba's Parish Church

Survivors of Suicide

Ravenhill Presbyterian Mens Fellowship

Bloomfield Community Association

Wise Men Of The East Network

Greenway Women's Centre

Round Tower Community Project

Dundonald Sea Cadets

EBCDA - Associate Members

RNIB NI

Alison Wightman

Richard Maguire

Green Action

Joan Baird

Choice Charity Fundraising Group **Knocknagoney Community Centre**

Dundonald Green Belt Association

Thrive Ireland

Alzheimers Society

Connswater Homes

Dundonald Townswomen's Guild

Newtownbreda Women's Institute

Cregagh Pre-School

NI Housing Executive

Bloomfield Collegiate School

Ashfield Boys' High School

Dreamscheme NI

Start360

Polish Language Culture and Affairs

Belfast City Council

East Belfast Area Project

Templemore Avenue School Association

Boring Wells

Canoe Association of Northern Ireland

Dee Street Community Centre

Inverary Community Centre