

EAST BELFAST COMMUNITY
DEVELOPMENT AGENCY

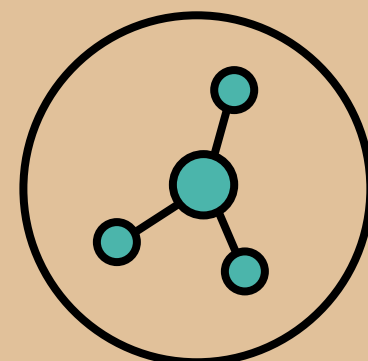
ANNUAL REPORT

18/19

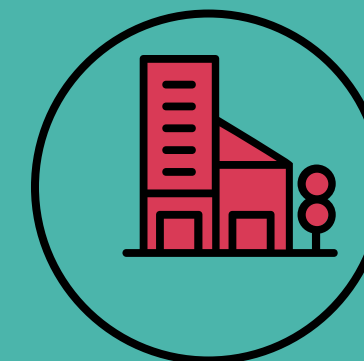


INTRODUCTION

Chair & Executive Director



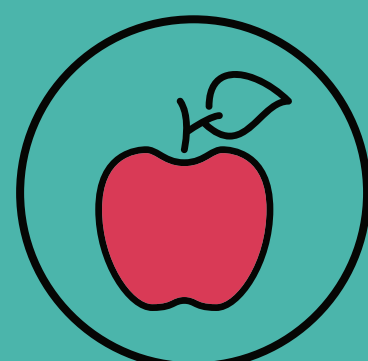
OUR THREE THEMES



OUR IMPACT ON EAST BELFAST



COMMUNITY DEVELOPMENT SUPPORT



HEALTH DEVELOPMENT SUPPORT



WHERE OUR MONEY CAME FROM



HOW DO WE KNOW?



MEMBERS, BOARD AND STAFF





WELCOME

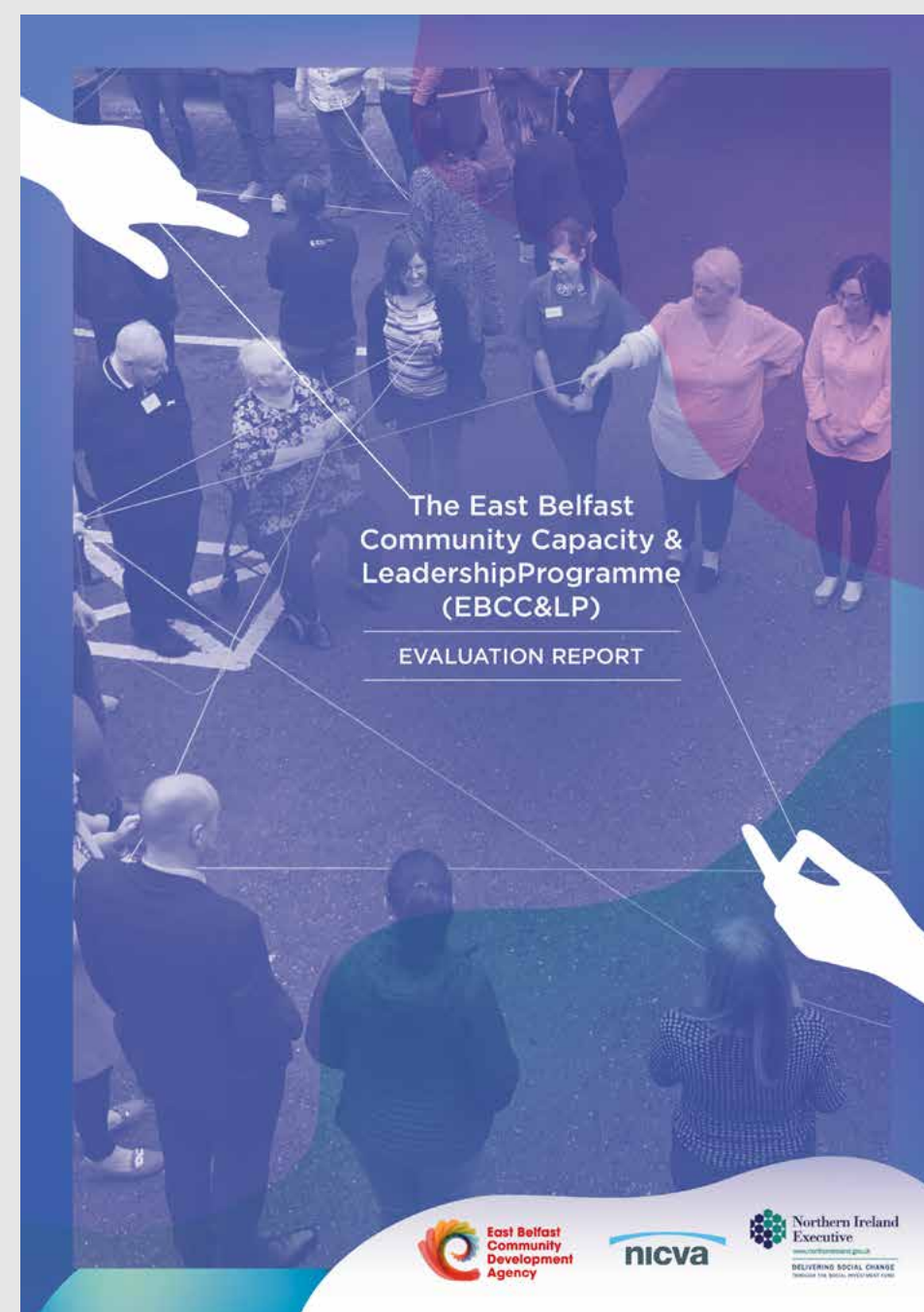


Welcome to our annual report covering April 2018 – March 2019. In keeping with our 5-year strategy theme “People Build Communities” we have followed the same format as the previous 3 years to present a more graphic representation of our work over the year.

As in previous years, this report can only give you a brief flavour of the extent of our work. We would like to highlight some pieces of work for the year, that have had significant impact.



- East Belfast Community Capacity & Leadership Programme (EBBC&LP) which finished at the end March. The programme originally targeted 252 people and 42 community groups in 13 super output areas in East Belfast. At the conclusion of the programme we had 602 people participate in training, engaged 181 organisations, 2000 people participated in the programme overall and 150 accreditations were achieved.
- Support for a group of emerging leaders to deepen their learning together and ensure a lasting impact. This support provided space for the emerging leaders to see the potential for better leadership within their work, participate in quality bespoke and accredited training and apply the learning through increased collaborative opportunities, better meetings, and more meaningful networking.
- Achieved full occupancy of East Belfast Network Centre in line with the original 5-year plan agreed by funders.
- Take 5 Campaign had seven organisations signed up to participate. These organisations were encouraged to integrate the Take 5 messages: Connect; Keep Learning; Take Notice; Be Active; Give; into three levels of their organisation staff, volunteers and their local community. Organisations participated in self-care events, physical activity and training around emotional wellbeing. This has encouraged organisations to frame our thinking to have a bigger impact on helping people build their resilience and emotional wellbeing.
- Pilot delivery of a Pain Management Programme resulted in a local community group establishing a monthly pain support group for people in their community. The monthly sessions included physical activity, nutrition ideas and signposting to local opportunities to help people live more positively with their pain.
- Youth Diversionary and Outreach Programme delivered a series of interventions with young people across East Belfast to prevent and address anti-social behaviour. These included: delivery of an OCN in restorative street work for local practitioners; diversionary activities and targeted street work interventions by the "East Belfast Street Team" - a group of workers from four youth organisations - on Friday and Saturday evenings in identified ASB "hot-spots". The Programme won the award for "Outstanding Impact in Tackling Anti-Social Behaviour" at the first ever Belfast Policing & Community Safety (PCSP) Awards
- Increased foundational governance support to community organisations in East Belfast. As an Umbrella Body for Access NI and a Registered Helper Group with the Charity Commission for Northern Ireland, we were well-placed to offer up to date support with all related requirements. This included countersigning enhanced Access NI disclosures and supporting organisations to meet their obligations to the Charity Commission. Provision of this basic level of support enables groups to develop organisational capacity and personal confidence in their work.



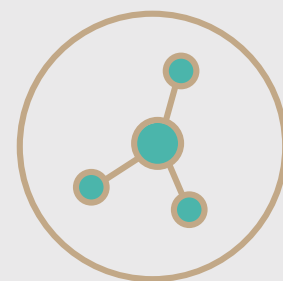
MISSION

East Belfast Community Development Agency exists to provide resources, support and capacity building programmes for community groups that are based on partnership, equal opportunities and sustainable outcomes.

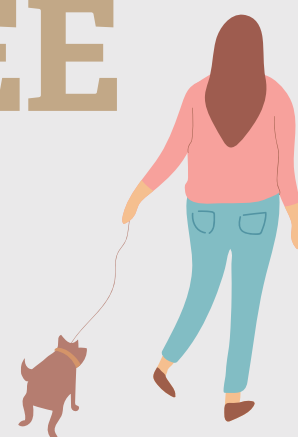
THEORY OF CHANGE

EBCDA's job is to add value to the activity undertaken by groups in local areas and to work with key organisations to ensure the continued development of a community sector in East Belfast that is recognised, valued and effective.

We seek to support successful community development, encourage reflective practice and promote cooperation and locally based solutions.



OUR THREE THEMES



Our 3 themes, detailed below, form the day to day basis of our work

THEME 1 – COMMUNITY SUPPORT & CAPACITY BUILDING

To assess the needs of the community sector and work with other key organisations to draw up programmes, projects, plans and strategies that build capacity.

THEME 2 – COMMUNITY RESOURCE & FINANCE SERVICES

To promote good financial management practice in the community sector by offering financial management advice, training services and a community accountancy service.

THEME 3 – COMMUNITY DEVELOPMENT TRAINING, EDUCATION & ADVOCACY

To encourage, support and facilitate the provision of quality community development education and training opportunities. To seek to influence the policies of community, voluntary, government and public agencies so that they recognise the value of adopting a community development approach and that the community sector in East Belfast might benefit.

THANKYOU

We are grateful to our staff team and Board of Directors for their time, effort and commitment to EBCDA. Thanks also to our funders, Department for Communities (DfC) Belfast City Council (BCC) and the Public Health Agency (PHA), The Executive Office and Community Empowerment Directorate (CED). Thank you also to our members for their support and working closely with us to build towards achieving our strategy for 2015-2020 “People Build Communities”

[NEXT >> OUR IMPACT ON EAST BELFAST](#)
[BACK <<](#)

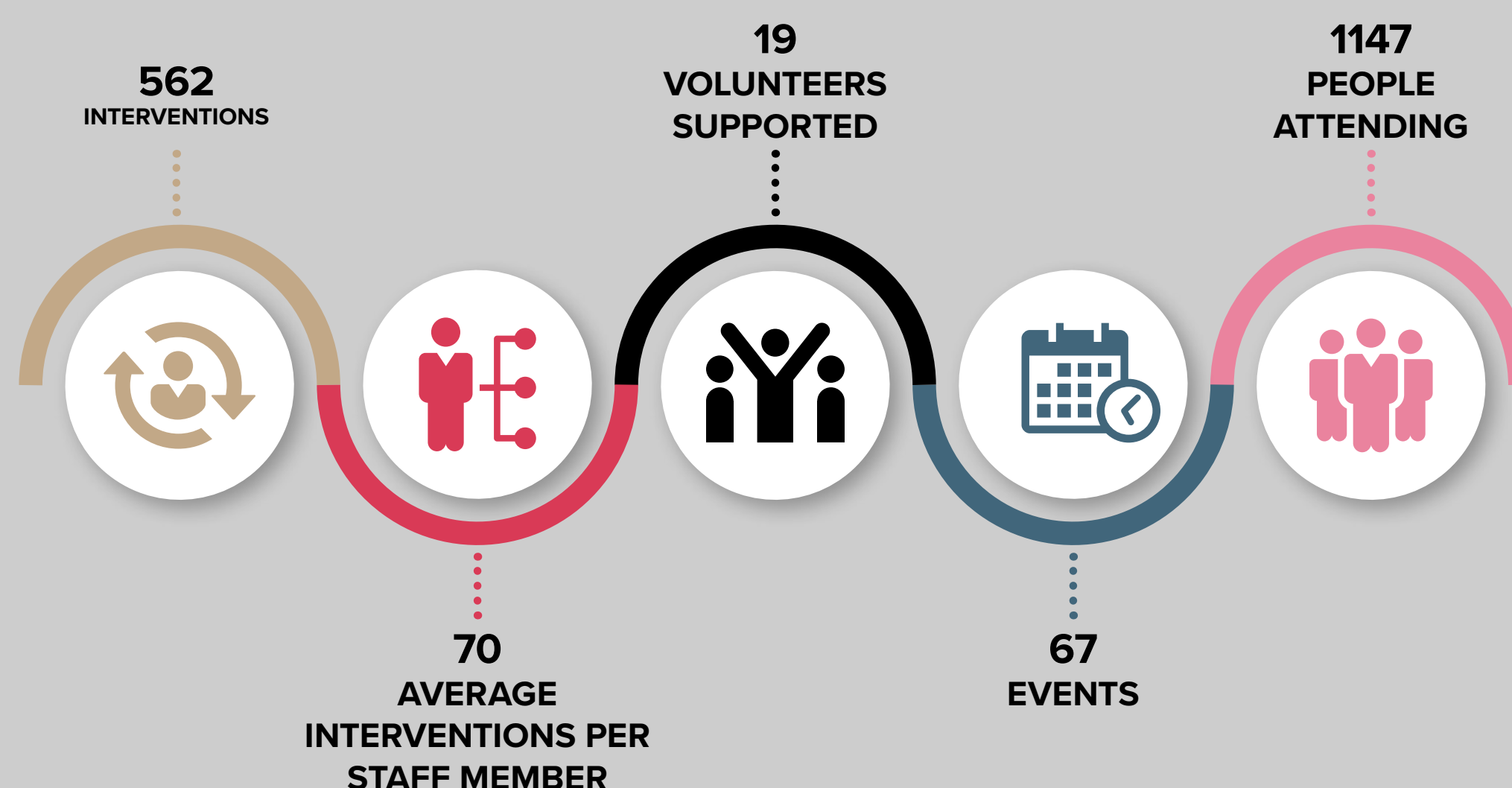




HOW OUR WORK HAS IMPACTED EAST BELFAST

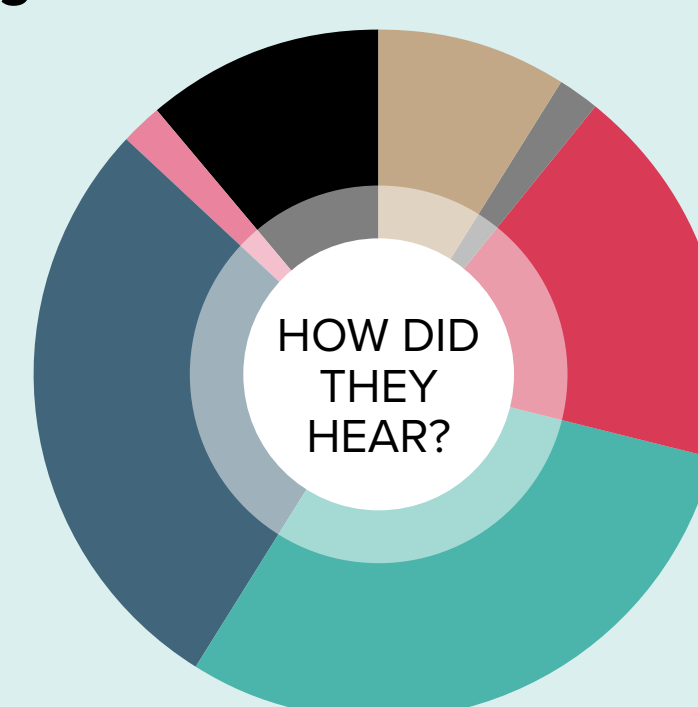


Our work has impacted East Belfast in the following ways:



They heard about the event through:

f	FACEBOOK	15%
t	TWITTER	1%
W	WEEKLY EBULLETIN	9%
W	WORD OF MOUTH	45%
@	EMAIL	21%
L	LETTER	2%
O	OTHER	7%

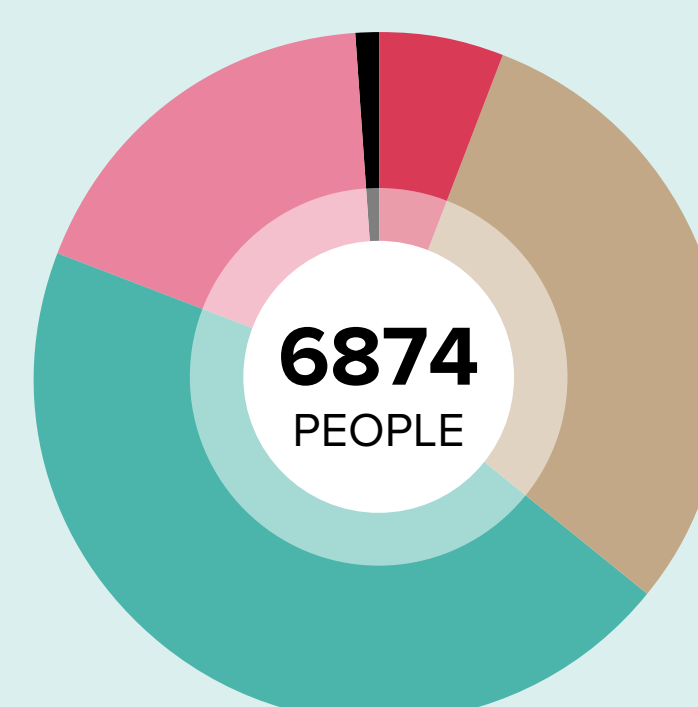


EBCDA ACCESSED AN ADDITIONAL **£17,000** TO DEVELOP THE WORK WITH GROUPS

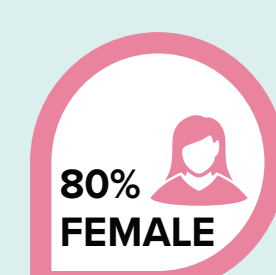
EBCDA worked with 6874 people

IN THE FOLLOWING AGE GROUPS

18-25	6%
26-40	30%
41-60	45%
61-74	18%
75+	1%

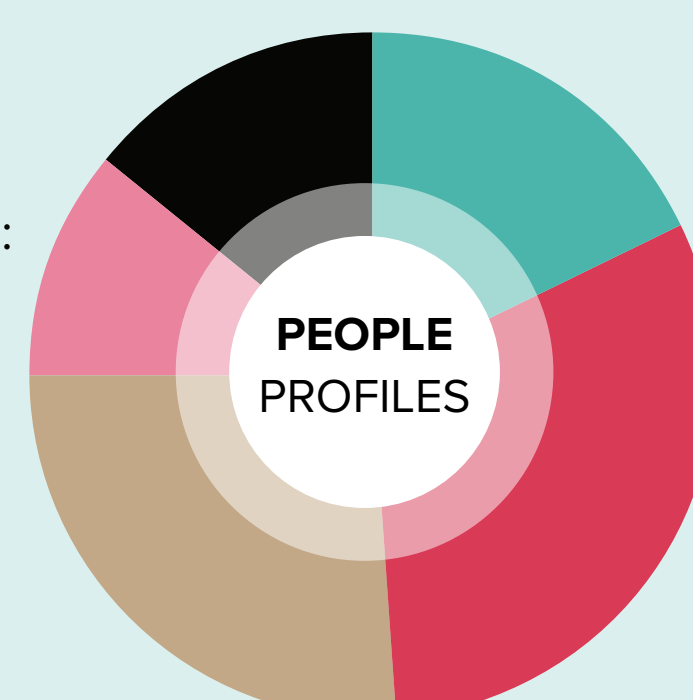


The people involved were



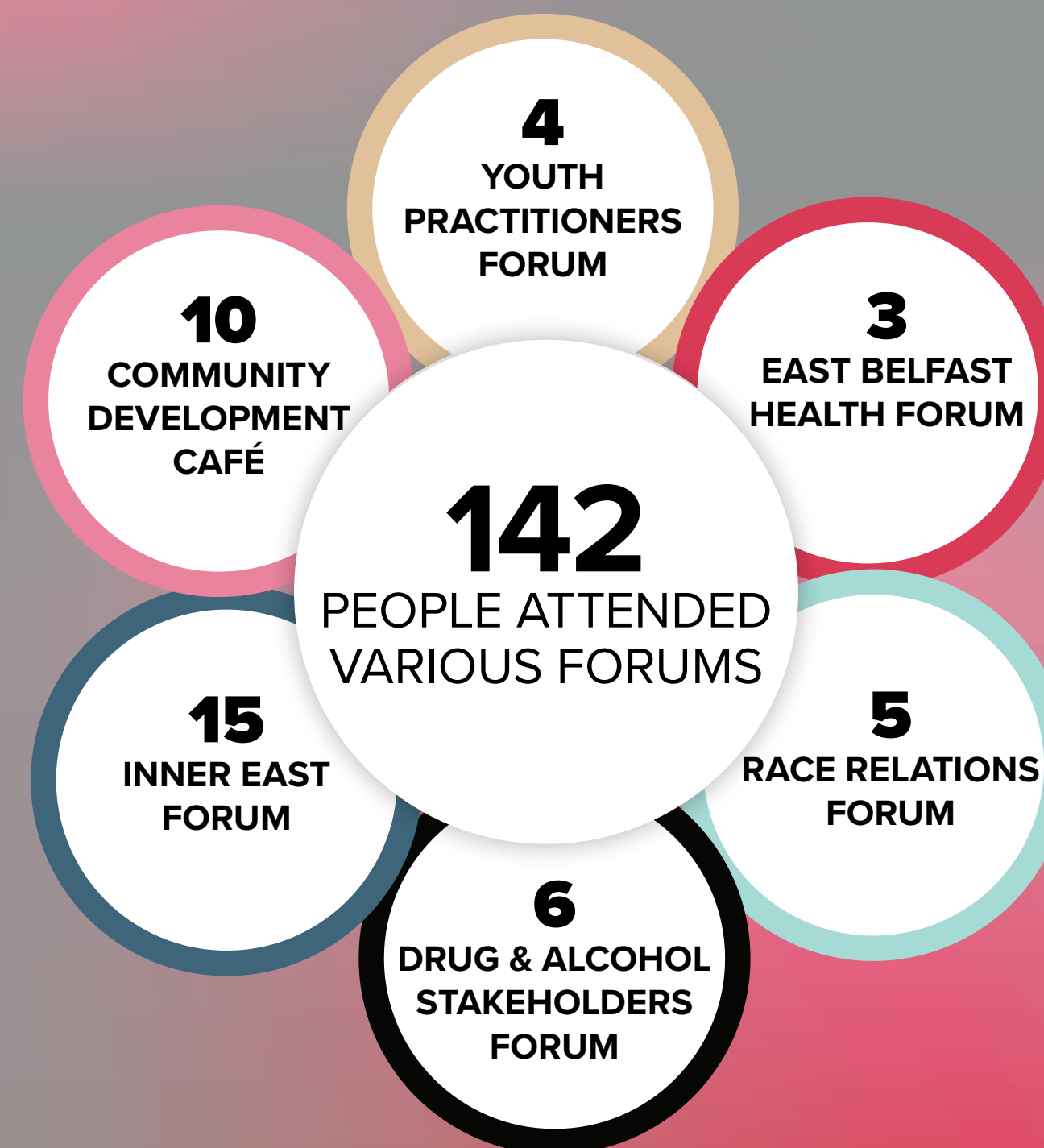
THESE PEOPLE HAD AN INCOME OF:

£10,000<	18%
£10,001 - £20,000	31%
£20,001 - £30,000	26%
£30,001 - £40,000	11%
£40,001>	10%

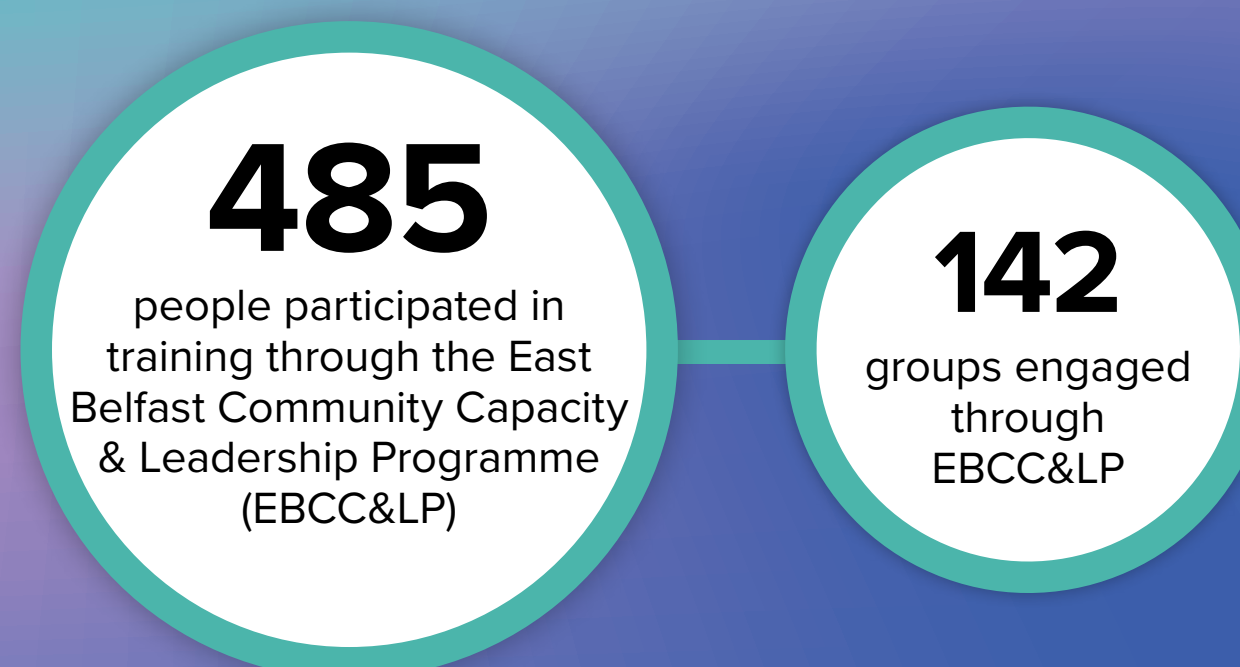




COMMUNITY DEVELOPMENT SUPPORT



East Belfast Community Capacity & Leadership Programme (EBCC&LP)



7

Groups provided with payroll services for 31 staff

9

Independent financial assessments provided

12

Organisations supported to meet their obligations to the NI Charity Commission

85

Enhanced Access NI checks countersigned

50

Weekly ebuletins distributed to 356 recipients'

- Day to day management and promotion of East Belfast Network Centre
- Provided an East Belfast view at meetings, conferences and seminars with the Public Health Agency, Belfast City Council, NICVA, Belfast Health & Social Care Trust, Department for Communities, The Executive Office, Community Empowerment Division



HEALTH DEVELOPMENT SUPPORT



17 groups & 50 parents
groups participated in Summer
Nutrition Programme
delivered in partnership with The Scaffolding Project



235
people engaged through
Pop-Up Pharmacy



11
Suicide awareness and
information provided



7
smoking cessation information stands
sessions provided



387
people received a smoking cessation
brief intervention



114
Diabetes risk assessments
carried out



487
people active in 32 Walking
Groups/Treasure Trails



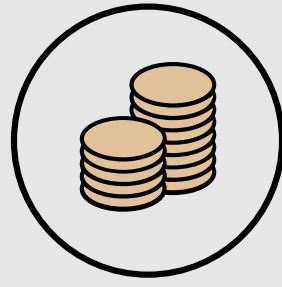
220
took part in drop-in donation
Pilates



300
people took part in drop-in
donation Yoga



24
nutrition programmes
delivered to 27 groups

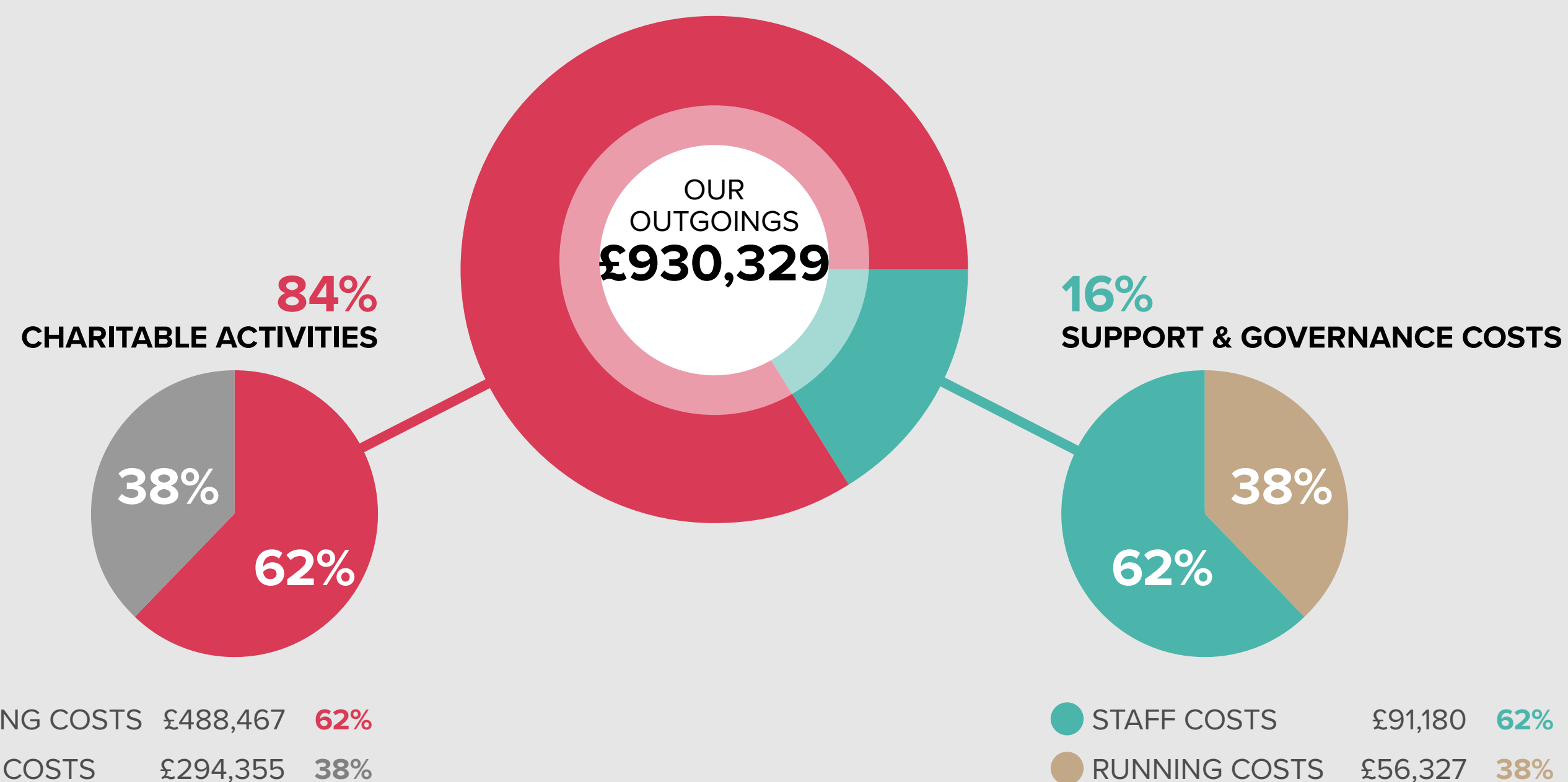
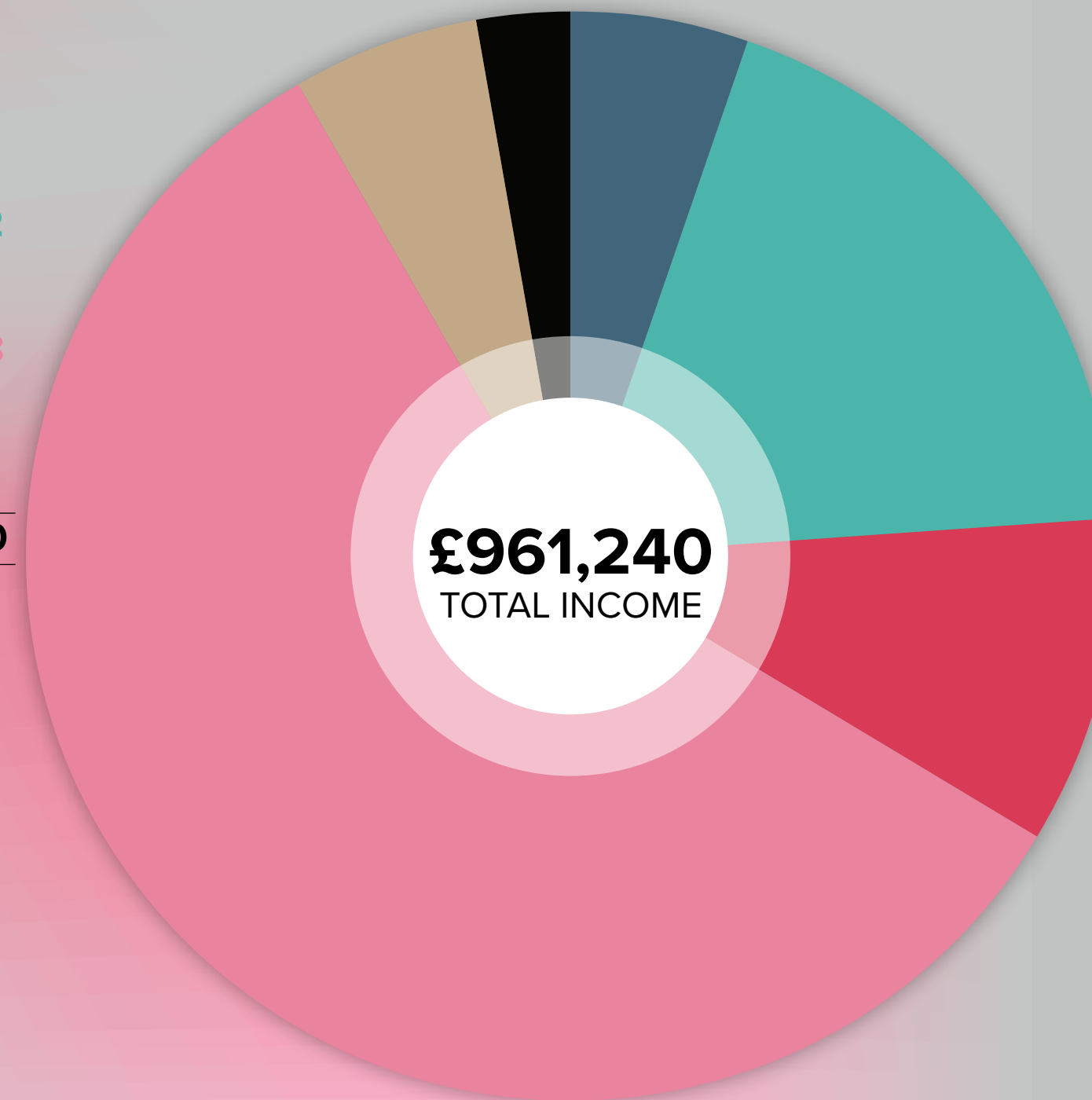


WHERE OUR MONEY CAME FROM



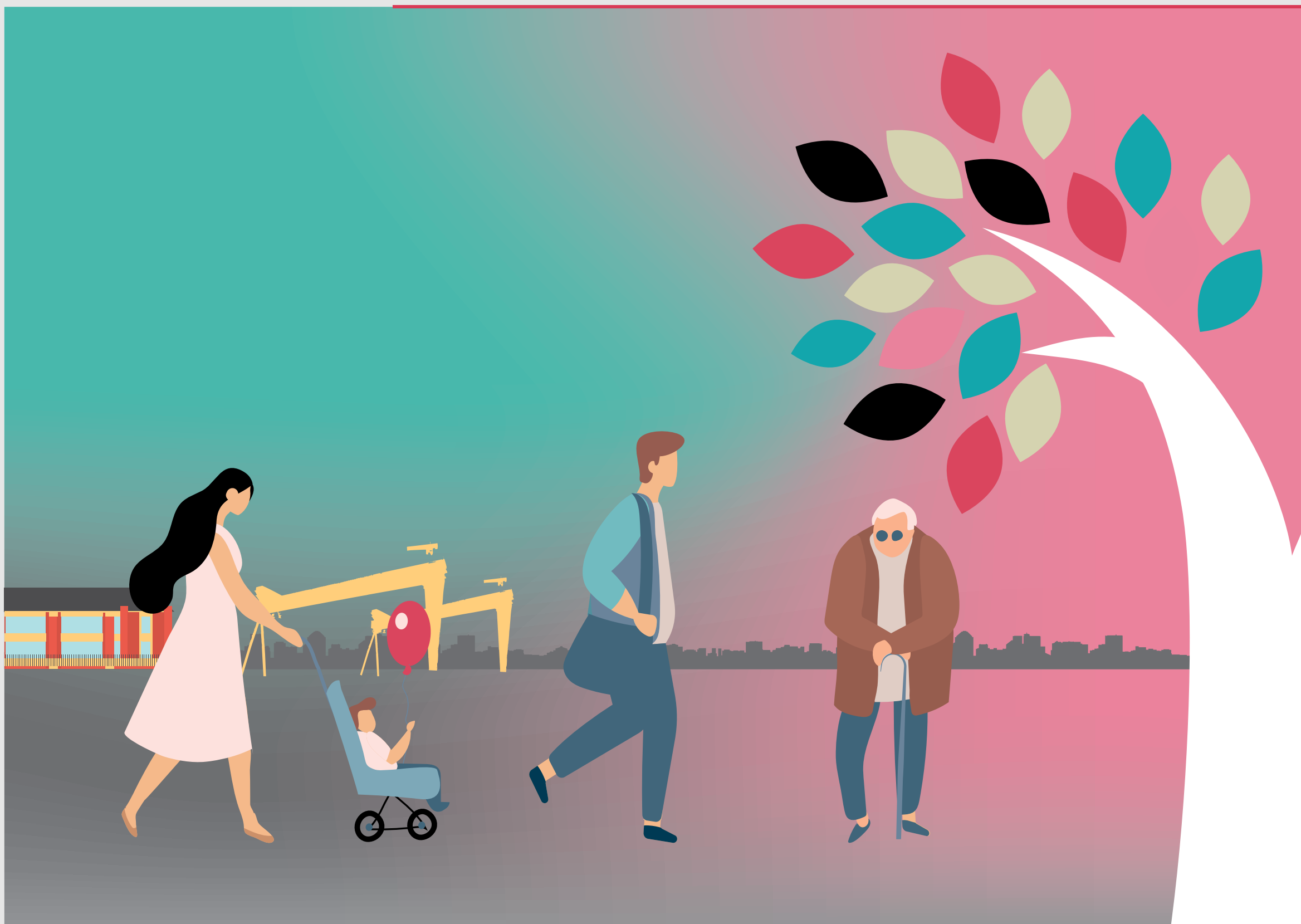
OUR MONEY CAME FROM:

DFC – COMMUNITY INVEST FUND	£41,849
PHA – HEALTHY LIVING & STRATEGY	£139,652
PHA – INVESTING FOR HEALTH	£74,309
TEO – SOCIAL INVESTMENT FUND	£439,188
SMALL GRANTS AND DONATIONS	£42,627
SELF-GENERATED	£20,144
TOTAL	£961,240





HOW DO WE KNOW?



1 HOW WAS INITIAL CONTACT MADE OR DEVELOPED WITH THIS GROUP

- Contacted EBCDA to carry out their yearly Independent Examination.
- Manager requested to meet to discuss new structure developments.
- Phase 2 DFC East action plan to raise awareness of dementia support.
- Contacted to provide a nutrition awareness workshop to staff.
- To raise awareness of the work of EBCDA - with particularly interest in our work to prevent suicide.
- Meeting to share info re suicide prevention and postvention.
- HR guidance in relation to SSP.

2 INTENDED IMPACT

- For MP to explain the process and improve young people's understanding of Westminster.
- Share learning and encourage dementia friendly community to be developed in local community groups.
- Group had their financial information and records independently examined to ensure that they are in line with what the Charities Commission require for Annual Reporting.
- To raise awareness of healthy eating, the Eatwell Guide and RDA's on Fats, Salts and Sugars.
- To train 30 people in the ASIST intervention.
- To work in partnership with school and community around suicide prevention and Take 5 to think about how could make it work in their lives.
- To provide some reassurance that organisation was following HR processes properly.

3 UNINTENDED IMPACT

- MP offered to make links with his other contacts within Westminster and provide an opportunity for the young people to meet them.
- Networking - asked for two meeting per year for groups to share what they are doing and discuss their services.
- Invite to North Belfast to share model of learning.
- Following information from the Charities Commission we were able to give the group a more up to date copy of what the commission require groups to submit for annual reporting.
- 50 people signposted to dementia navigator, provided support leaflets to over 100 people, engaged all ages with artist making forget me not flowers.
- Issue was bigger than first thought and provided contact details for Sector matters/NICVA HR person to work through current issue.
- Potential for further partnership working and signposting opportunities to local health services in East Belfast.

4 YOUR VIEW ON IMPACT

- Good for everyone to hear the information at once - therefore know that everyone knows the new process re SD1 form to BHSC to New Life.
- Working towards Belfast wide being a dementia friendly city.
- Having an Independent Examination shows that the group understands the importance of regular audits of financial information.
- Very positive event yet simple event, learning was we need to have a counsellor with us as quite a few sad stories, bereaved people.
- Raised awareness of the Eatwell Plate and the Recommended Daily Allowance of fats, salts and sugars.
- An excellent programme designed to provide healthy lunches to families over the summer period.
- Initially it was a simple by the book SSP inquiry though as the conversation progressed it became clear that it was also in relation to contractual arrangements in addition to SSP.
- Issue was bigger than first thought and provided contact details for Sector matters/NICVA HR person to work through current issue.
- Potential for further partnership working and signposting opportunities to local health services in East Belfast.

5 GROUPS VIEW ON IMPACT

- Group were pleased and are now looking forward to planning their trip to Westminster.
- Group appreciated the helpful resources and learning.
- Thank You! We will contact you next year to have our accounts examined again.
- The group thought the programme was fantastic and were keen to continue a healthy eating programme throughout the year.
- Excellent training - one participant emailed to say he had used ASIST two days after completing the course.
- Pleased that we could respond to their request quickly and guide them through their process and advise them to contact Sector Matters/NICVA HR.
- This could help local health services connect with isolated older people in East Belfast.



MEMBERS, BOARD & STAFF



BOARD OF DIRECTORS

Karen Purdy Chairperson
Bernie McConnell Vice Chair
Rev Mervyn Gibson Hon Treasurer
Sammy Douglas
Tommy Sandford
Mervyn Cleland
Annie Cook
Emma Shields
Rachael Davison
Liz Oslon
Glenn Jordan (Co-Option)
Richard Williamson (Co-Option)

EBCDA – FULL MEMBERS

Ballymacarrett District LOL No 6 District
BRACE (Ballymac Regeneration & Comm Enterprise)
Clarawood Community Association
EBIAC – East Belfast Independent Advice Centre
Greenway Women's Centre
Round Tower Community Project
Tulycarnet Community Support Services Ltd
Walkway Community Association
Wandsworth Community Association
Willowfield Parish Church
Ballybeen Women's Centre
Knocknagoney Community Centre
Connswater Community Group
Lagan Village Youth & Community Group
Ballymacarrett Somme Festival
Cregagh Community Association
The Aslan Association
Short Strand Partnership
Connswater Womens Group
Willowfield Parish Community Association
Survivors of Suicide Support Group
Boring Wells
Short Strand Community Forum
Short Strand Festival
Newtownards Road Elim Pentecostal Church
Dundonald Sea Cadets
Age Concern East Belfast & Castlereagh (IND)
St Columbas' Ladies' Guild
The Hopefuls
Oasis Caring In Action
Oasis Trading
Friends of Mullen Mews
East Belfast Wise Mens Shed
Oak Partnership
East Belfast Mission
Engage With Age
Newtownards Road Womens' Group
Bloomfield Community Association
Ballymac Friendship Trust
Cregagh Retired Active Gentlemen
Mountpottinger Methodist Church
Knocknagoney Area Forum
Ravenscroft Nursery School
Dundonald Ladies Community Group
East Belfast Area Youth Project
Ullans Academy
East Belfast Sure Start
Templemore Avenue School Association

We are grateful to our staff team and Board of Directors for their time, effort and commitment to EBCDA.

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STAFF MEMBERS

Michael Briggs Executive Director
Kim Briggs Resource & Finance Director (Company Secretary)
Jonny Currie Community Development Director
Linda Armitage Health Development Director
Jim Bailey Health Development Co-Ordinator
Davina Kelly Health Development Co-Ordinator
Alison Bryans Health Connections Co-Ordinator
Gillian Hamilton Emotional Well-Being Co-Ordinator
Amy Gillian Inner East Youth Work Co-Ordinator
Alexsandra Lojek Ethnic Minority Co-Ordinator
Linda McCracken Receptionist & Administrative Support Officer
Jean Higginson Administrative Support Officer
Marie-Anne McMillan Finance Manager

EBCDA – ASSOCIATE MEMBERS

Belfast City Council
Belfast Health & Social Care Trust (Comm Dev)
Charter for Northern Ireland
Connswater Homes Ltd
Contact NI
Dundonald Green Belt Association
East Belfast Alternatives
East Belfast Learning Disability Services
GEMS Northern Ireland Limited
Green Action
Inverary Community Centre
Newtownbreda Women's Institute
Ravenhill Presbyterian Men's Fellowship
Start 360
Tuesday Mother & Toddlers
Youth Action Northern Ireland
Glenn Jordan
Alison Wightman
RNIB NI
Hosford
Youth Initiatives
Links Women's Group
NI Housing Executive
Wilgar Community Forum
Ashfield Boys' High School
Belfast Interface Project
Community Empowerment Division (S&E Team)
Dundonald Townswomens Guild
Chung Do Kwan NI
Short Strand Drugs Awareness Group
Avoniel Over 50's
The Unit
Dreamscheme
Wonder Women
Recycled Teenagers
Branial Football
Branial Community Church
Cregagh Pre School
Choice Charity Fundraising Group
Springboard Opportunities
Inspire Community Wellbeing Service (N&E) Belfast