



East Belfast Community Development Agency eBulletin

EBCDA's eBulletin is distributed on the **1st and 3rd Wednesdays** of each month. If you would like to submit a community news item, event, or training/funding opportunity please contact Trisha McQueen on 028 9045 1512 or email trisha@ebcda.org on the Tuesday before by **11.00am**.

- 1. EBCDA News**
 - 2. Community News**
 - 3. Funding News**
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1. EBCDA News

Community Support

East Belfast Ethnic Minority Support Network

The next meeting of the network will take place on **Thursday 20 September** at **10.00am** in the **Micah Centre**, My Lady's Road. Any organisations with an interest in working with ethnic minorities are welcome to attend. To confirm your attendance please email Trisha at EBCDA trisha@ebcda.org or tel. 028 9045 1512.

East Belfast Youth Providers Forum

The Youth Providers Forum will be meeting again on **Tuesday 2 October** at **2.00pm** in the **Alternatives Drop-in**, Woodstock road. To confirm your attendance please email Trisha at EBCDA trisha@ebcda.org or tel. 028 9045 1512.

"Ur City 2" Youth Small Grants

EBCDA will be managing Belfast City Council's youth programme "Ur City 2" in East Belfast. Awards of up to £500 are available for groups in the **Inner East Belfast Neighbourhood Renewal area**.

Activities should promote interventions with young people under at least one of the following themes:

- Good Relations
- Community Safety
- Culture and Art
- Health and Wellbeing
- Environment

All projects and activities must be completed during the period **15 October 2012 – 22 February 2013**. Contact Trisha at trisha@ebcda.org for a proposal form. Proposal forms must be signed by relevant office bearers and submitted to Jonny Currie, EBCDA Community Support Manager, by **4.00pm** on **Friday 21 September 2012**.

Health Development and Connections Programme

Belfast Health Development Unit – Health and Wellbeing Survey

Belfast City Council, the Public Health Agency and the Belfast Health and Social Care Trust are working to develop a

plan to improve the emotional health and wellbeing of all those in Belfast, and are seeking your views on how this can be done. They want to hear from all members of the community, both those with and without personal experience of mental health or emotional wellbeing issues - to assess the full picture of emotional health in the city.

You can complete the survey online at www.haveyoursaybelfast.com or you can complete a hard copy survey which you should have received in the post. If you did not receive a copy, and wish to receive one, you can email Carrie.crossan@hseni.net or phone 028 9027 9388

Get Into Gear this Year - Active Belfast Cycle

Bikeway East Cycle Club held their first Thursday morning outing to Jordanstown and it will continue to meet at **Avoniel Leisure Centre** each **Thursday morning at 10am**. A number of special trips are planned, if you are interested in a gentle cycle you will be made very welcome. For further information contact; Alan Houston, Health Development Worker on 028 90451512 or email alan@ebcda.org

Men Only Day at Carew Family Centre

A programme of changing times will be delivered to men using a step back in time film, MOT checks, massage, ballot for a fantastic prize and it will all be washed down with home made soup and sandwiches. It takes place on **Friday 28 September 2012** from **11.30am to 2.30pm** at **15 Tamar Street**. For further information contact; Alan Houston, Health Development Worker on 028 9045 1512 or email alan@ebcda.org or telephone Carew on 028 9045 1730.

Special Seminar in Men's Health Clinic

The theme of achieving a sustainable Men's Health Clinic is being organised by Belfast Men's Health Group at **NICVA** on **Friday 12 October 2012** from **9.15am to 1pm** with a light lunch provided. The seminar will be facilitated by lead Nurse Jim Leishman at the Camelon men's health centre in Scotland's Forth Valley and Jim has ten years experience of delivering services to men. To reserve a place please contact Sinead McGreevy on 028 9056 4930 or by email sinead.mcgreevy@belfasttrust.hscni.net or for further information contact; Alan Houston, Health Development Worker on 028 9045 1512 or email alan@ebcda.org.

Healthy Advice Drop In Clinic

The Healthy Advice Drop In Clinic will be on **Wednesday 26 September 2012** in **Connswater Shopping Centre** from **11am – 2pm**. **Free to Everyone!! Pamper Sessions** of Massage Therapies, Make Up and Skin Care Advice, Age Progression – see how you will age according to your lifestyle!! **Health Checks** for Blood Pressure, Carbon Monoxide, Cholesterol, Lung Capacity Checks, Allergy Testing and Skin Scanner. **Health Information Stands** about Breast & Cervical Screening Awareness, Addiction Services, Dental Health, Diet Nutrition, Early Years. **Advice** on Digital SwitchOver Demonstrations, Support & Advice, Advice on Benefits Changes (Welfare Reform), Choices Child Maintenance Advisor, Home Safety Advice and Stop Smoking Support.

For further information please contact Sharon Traynor, Health Development Worker on 028 9045 1512 or email sharon@ebcda.org

East Belfast Men's Clinic

EBCDA along with the Wise Men of the East Network will once again be supporting the start of the evening men's clinic at Hollywood Arches Health Centre with health promotion information on **Wednesday 1 August 2012** from **6pm till 8pm** and after that on every other Wednesday. The next clinic will be on **Wednesday 26 September 2012**.

As we all know men are less likely to engage in preventative health checks, to make infrequent use of health services and usually present late with their problems which can mean reduced treatment options. However, in the past 12 months 190 men have made use of the evening clinic which is a modest beginning. The exit survey showed that the clinic experience for the majority of the men was a motivation to improve their health and that they had also thought about a strategy to carry this out.

The clinic is taken by District Nurses and is aimed at men who have not had contact with their GP in the past 12 months. The service offers men over 35 years of age a check up for their weight, blood pressure, screening of their blood, cholesterol level and an opportunity to discuss their general health. The results of raised blood sugar levels,

cholesterol, prostate problems, raised blood pressure etc are forwarded onto GPs and the men are advised to follow this up.

As well as men being referred by their GP men can also refer themselves to the clinic by leaving their details on an answering machine 028 9056 3307 and they will be contacted about an appointment.

For further information contact Alan Houston, Health Development Worker, on 028 9045 1512 or email alan@ebcda.org

Volunteer Development Programme

Latest East Belfast Volunteering Opportunities

Oasis Caring in Action is currently recruiting Volunteer Drivers to help meet with the transportation needs of their new Maintenance & Cleaning Project. Company vehicle provided. Prospective drivers must have a full driver's license (Endorsements may have to be checked with their insurers). Please contact Jill Dunlop at the Oasis Centre on 028 9087 2277 for further details.

Choice Charity Fundraisers are a small group based in East Belfast. At present they are fundraising for Coronary Care at the Ulster Hospital. If this is a subject close to your heart, why not get involved. Please contact Noel on 07752385679 or email noel@choicecf.org.uk.

One Good Reason Action Day

Building on last year's successful event Volunteer Now is organising a volunteering action day on **Friday 28 September 2012** to celebrate Active Aging Week. This One Good Reason Action Day is open to those aged 50+ who would like to have a go at volunteering for a morning with an organisation in their local community. Many charities and voluntary organisations provide vital services with the community; you'll have the chance to choose from a wide range of one off volunteering opportunities in advance including gardening, painting, dog walking, conservation work and many more!

Why not sign up as a group or club you're already a part of? Or come along on your own, you'll meet plenty of people on the day. This is a fantastic opportunity to find your one good reason to make volunteering part of your life. Will you take up the challenge? Register your interest now by calling 028 9023 2020 or 028 7127 1017.

Older Volunteer of the Year Award 2012

Belfast City Council is inviting organisations and groups to nominate volunteers aged 60 and over who have made an outstanding contribution to their work or local communities over the last year. Nominees must be current volunteers and nominations must come through the group or organisation the person volunteers for. The Older Volunteer Award celebrates the considerable contribution made by older volunteers to the work of organisations and groups across the city and gives an opportunity for groups and organisations to promote and recognise the difference older volunteers and their volunteering make to the people and communities of Belfast.

Nominations went 'live' on **Monday 10 September 2012** with nomination forms and guidance notes available on the council's website – www.belfastcity.gov.uk/volunteering. The closing date for entries is 4.30pm on **Friday 19 October 2012**. For more information contact Tracy Mawhinney, Community Development Officer on 028 9032 0202 ext 3775 or email mawhinneyt@belfastcity.gov.uk.

World Police and Fire Games 2013

The World Police and Fire Games are the third largest multi-sport competitions in the world and they're coming to Northern Ireland. You can be a part of it. The World Police and Fire Games takes place on 1-10 August next year and is set to attract 10,000 competitors from over 70 countries to participate in 66 sports in 41 venues across Belfast and beyond, as well as a further 15,000 visitors. Team 2013 are pushing the starter button on a volunteer campaign to recruit over 3500 volunteers who will help deliver what's being billed as the friendliest Games ever. Building on the legacy of London 2012 Games Makers, which saw over 1700 local people apply to volunteer at the Olympic and Paralympic Games. Volunteer Now are seeking enthusiastic and motivated people, aged 16 and over, to get involved in a variety of roles both on and off the field of play.

Opportunities for volunteers to be a member of Team 2013 include roles both on and off the field of play within transport, registration, translation, sports venue branding, media, warehousing and many more exciting roles. The volunteer recruitment process went live on **Monday 3 September** with applications to be submitted by **Wednesday 31 October 2012**.

Join in today by applying online at www.2013wpfg.com/volunteers.

Advertise Your Organisation's Volunteering Opportunities

Have you seen EBCDA's Volunteer News, the quarterly newsletter that advertises volunteering opportunities in East Belfast? Click [here](#) to see the last issue.

If you are the person in your organisation that has responsibility for volunteers, you can let EBCDA know about any volunteer opportunities, events that you need volunteers for, training you're running, or anything else your organisation can offer volunteers so that it all can be advertised in EBCDA's Volunteer News and on the EBCDA website. Volunteer News is proving to be a great way to get the word out about volunteer opportunities in East Belfast. The deadline for entries in the October to December edition is Monday 24th September 2012. For more information contact Katy Gaston, Volunteer Development Coordinator, on 028 9045 1512 or email katy@ebcda.org.

Volunteering Information

If you want more information about any of the volunteering opportunities above or want to find out about volunteering opportunities in East Belfast and beyond click [here](#) to fill in the online enquiry form or arrange an appointment with Katy Gaston, Volunteer Development Worker on 028 9045 1512 or email katy@ebcda.org.

An up to date list of volunteer opportunities across East Belfast can be found online by clicking [here](#). If you'd like to receive regular news about volunteering opportunities contact Katy.

2. Community News

Aware Defeat Depression Job Vacancy

Support Services Co-ordinator - Belfast Office (Fixed term Part-time 24 hours - until March 2014) Key duties include assisting in the co-ordination of our telephone helpline and acting as first point of contact, responding to requests for information, assisting in the co-ordination of our self-help support groups, facilitating at group meetings as required and undertaking general administrative duties. Salary Scale: £19,427 per annum (pro-rata). Closing date for receipt of completed applications is **Wednesday 3 October 2012**. For further information and to download an application pack go to www.aware-ni.org or telephone Carole on 028 9035 7820 or email carole@aware-ni.org

Audit of experiences within Mental Health Services

Mental health conditions are among the most common illnesses in the UK affecting around one in five with Northern Ireland having the highest incidences in the UK. A landmark project was launched bringing together health and social care professionals, users of services, carers and families to help improve "the experience of users and carers" as outlined in the principles, standards and recommendations of the Bamford Review of Mental Health & Learning Disability in Northern Ireland (2005) and through standards 10-26 of the Mental Health and Wellbeing Service Framework. It will also help inform service planning, practice development and staff training. GAIN, the Public Health Agency and the Health & Social Care Board are leading this pioneering piece of work. For the first time the project will collect details of people's journey in 'story' form. This will show how mental health treatment and care services are perceived by service users and carers.

The web address <http://eu.sensemaker-suite.com/gain/index.html> will be up and running for anyone to access and tell their 'story/experience'. Help is available to those who wish to participate but do not want to do this electronically by contacting the GAIN Office. Stories about experiences will be collected from 1 August to 31 October 2012. For further information please contact Nicola Porter, GAIN Manger on 028 9052 0629 or the website: www.gain-ni.org

The Recall Project - New Address

R.E.C.A.L.L (Reaching and Engaging with Community Advice and Link Line) have now moved to **Oasis — Caring in Action, 102-108 Castlereagh Street, Belfast, BT5 4NJ**. They are accepting new referrals for older and vulnerable people who would like to use our Good Morning Telephone Service, Advice Service and Befriending Service. The Good Morning Telephone Service offers a Telephone Carer checking that the person is safe and well and will give them information on community events, community safety and signpost them to other agencies for further advice. The Advice Service offers people confidential, independent advice on a range of issues such as welfare benefits, tax credits, housing and debt. The Befriending Service offers older and vulnerable people the opportunity to be matched with a befriender who will visit them in their own home and provide support, company and a friendly chat. For more information please telephone Tel: 028 9087 2277 ext 215 or email anne.ludlow@oasis-ni.org

Substance Misuse Services

The Public Health Agency have published a list of Substance Misuse Services in August 2012. Please click [here](#) to see the list. All services are delivered across the whole of the Belfast Health and Social Care Trust area.

Migration Awareness and Ending Hate in our Communities Training

Belfast City Council Good Relations Unit and South Belfast Roundtable run regular training events for community workers and organisations. Places are limited and available on a first-come, first-served basis. For more information or, to book a place, email higginsmargaret@belfastcity.gov.uk

Migration Awareness Training at **9.30am to 1.30pm**

Wednesday 3 October 2012, Park Inn, (off Bedford Street, Belfast)

Friday 30 November 2012, Grosvenor House, Glengall Street, Belfast

Migrant Awareness Training is a half-day workshop designed by South Belfast Roundtable and staff from our Good Relations Unit. It is an interactive session which explores inward and outward migration and the rights of migrant workers in Northern Ireland. It aims to dispel myths and provide practical information on issues relating to migration.

Ending Hate in our Communities Training at **9.30am to 1.30pm**

Thursday 27 September 2012, Grosvenor House, Glengall Street, Belfast

Tuesday 16 October 2012, Grosvenor House, Glengall Street, Belfast

Wednesday 5 December 2012, Grosvenor House, Glengall Street, Belfast

Ending Hate in our Communities is a half day workshop that aims to give participants an understanding of the extent of bias, harassment and hate crimes in their community and the impact of bias and harassment on those targeted, as well as practical skills to help them respond to and prevent hate crime.

This project is supported under the Belfast Peace Plan by the European Union's European Regional Development fund through the [Peace III programme](#) for Northern Ireland and the border region.

One Makes A Difference Day

This very special event will allow us to make a difference in the Walkway area working in partnership with the community, youth, statutory representatives and church friends on **Saturday 22 September 2012 from 9am to 2pm** at **Walkway Community Centre**. We will finish with a BBQ. Please do note the date and plan to join us. Your participation will prove that...ONE MAKES A DIFFERENCE! Come and bring your friends! Please let Rachael Davison, Centre Manager at Walkway know you are coming on 028 9059 5858.

Community Inspiration Award

Do you know someone that is inspirational through their work with people with disabilities? Each year as part of Springboard's Peace Day Campaign, inspirational people are recognised in a ceremony in Belfast's City Hall on **Friday 21 September 2012** which is UN International Day of Peace. At this ceremony four Inspiration Awards are presented, one of which is the Community Inspiration Award which recognises and honours those who go that extra mile either through paid employment or voluntary work. As this year's theme is 'Disability' and we are looking to recognise those people who work with people with disabilities. We are therefore looking for nominations for the Community Inspiration Award from organisations, individuals or members of the public who wish to recognise and honour the achievements and role of an individual or a team who works/volunteers within the disability services field.

Eligibility Criteria: The Award is open to individuals and teams providing services in Northern Ireland, that make a significant contribution to the lives of people with a disability. Nominees will have made a significant contribution to improving the lives of people with a disability in the following areas: As direct support workers currently in a direct support role with people with a disability. As disability client services workers currently engaged in supporting people with a disability to enhance independence, choice and community inclusion. As volunteers who work in the disability services field. To apply or for more information go to www.peacedaycampign.com

Unite the Union Opening

Unite the Union in Northern Ireland would like to invite all community groups to the official opening of their new community mural and the Unite in the Community office on **Monday 24 September 2012 at 10a.m.** Refreshments will be provided. The community mural is on Witham Street and the new office- community-hub is **361 Newtownards Road**. The official opening will be opened by the First Minister of Northern Ireland and the General Secretary of Unite the Union.

For further information please contact Robert Montgomery, Community Co-ordinator for Northern Ireland on 07711375537 or email robert.montgomery@unitetheunion.org

Community Change Group AGM

Community Change invites you to their AGM on **Tuesday 25 September at 10am-12pm in City East, 68-72 Newtownards Road, Belfast, BT4 1GW** at 12.15pm—1.00pm for lunch. To register contact Ciaran Rice on 028 9023 2587 or email ciaran.rice@communitychange-ni.org

Castlereagh Borough Council Sports Development Activities

Commencing end of September 2012 – All sports are open to Boys and Girls! Activ8 Wildcats Multi Skills Clubs provides children aged 4 -11 years with a fun and energetic introduction to sport.

Active Disability Club - Fundamental Movement Skills & Multi Sports Activities for kids and young people with physical, sensory and learning difficulties. **Active Disability Tenpin Bowling** - Strrrrike!! Come and enjoy fun tenpin bowling sessions. **First Kicks Soccer** – Girls Only! Learn the basic football skills and play like the Boys. **Castlereagh Basketball Club** - Learn the sport of basketball, meet new friends and compete against other teams! **Olympic Handball** - Building on the Legacy of the 2012 Olympics, learn the skills and play the most popular team sport at the 'Games'! **Mini - Squash** - Swing into it kids and learn the skills of this great racquet game! **Ladies Drop-in Squash** - Come, Stay & Play sessions for 15mins or 90mins! **'Try' Rugby Club** - Develop your rugby skills and be part of a sport that has a place for every shape and size!

Activity Venues: **Dundonald International Ice Bowl, Belvoir Activity Centre, Lough Moss Leisure Centre and Robnson Centre**. For dates, times and prices or to register, please contact Faron Morrison, Sports Development Department on 028 9081 1969 or email faronmorrison@castlereagh.gov.uk.

Victoria PACT Public Meeting and Special Event

PACT (Police, Partners and Community Together) Public Meeting will be held on **Tuesday 25 September 2012 at 7pm in Heyn Hall, St Marks**. Special Focus on Hate Crime - How do we develop an inclusive society? As always at PACT there will be an opportunity to raise matters of community concern for ACTION by the PACT Panel.

Special Event with David Ford, Minister of Justice will be held on **Wednesday 3 October 2012 at 7:30pm in Heyn Hall, St Marks**. Belmont and District Council of Churches and PACT combine forces to host this joint meeting. If you have any queries please contact Peter Quigley, Chair of Victoria PACT on 07818062370 or email peter.s.quigley@gmail.com For further details on PACT go to www.victoriapact.webeden.co.uk

Half-Day Conference on New Mental Capacity Legislation NI

On **Wednesday 26 September 2012** in **The MAC, 10 Exchange Street West, Belfast BT1 2NJ**. Following the Bamford Review, the Department of Health, Social Services and Public Safety announced in 2009 that it is to introduce a new single Bill into the Assembly to reform mental capacity and mental health legislation in Northern Ireland. The legislation will provide for the regulation of situations where someone lacks the capacity to make decisions in a range of areas of life; including healthcare, welfare and financial decisions. The proposal is for a single Bill which takes a capacity-based approach, which includes mental health. This will mean that all those who lack capacity will be treated on an equal basis under the same legislation.

The half-day conference, organised in association with Disability Action, aims to inform stakeholders on the proposals for the development of the Northern Ireland Mental Capacity (Health, Welfare, Finance) Bill. In particular, there will be an opportunity to learn about and contribute to the Department of Justice's current public consultation on proposals to extend new mental capacity legislation to the criminal justice system.

Those attending the conference will hear firsthand from the DoJ and DHSSPS on their legislative proposals, discuss with the panel of speakers how effectively the legislative proposals will safeguard the rights of the individual, be able to inform the development of the legislation.

Speakers confirmed: Edwin Poots MLA, Minister of Health, Social Services and Public Safety, David Ford MLA, Minister of Justice, Professor Roy McClelland, the former Chair of the Bamford Review of Mental Health and Learning Disability, Monica Wilson, Chief Executive, Disability Action, Dr Frederick Browne, Consultant Forensic Psychiatrist, Bill Halliday, Chief Executive, Mindwise, Dr Colin Harper, Head of Disability Action's Centre on Human Rights, Representative from the Northern Ireland Law Commission.

For full programme click [here](#) To register for this event, please click [here](#) or alternatively email your details to kelly@chambrepa.com (payment is via invoice or credit card). Refreshments and lunch are included. Delegate Fee: £125 + VAT @ 20% = £150 Discounted rate for Disability Action members: £105 + VAT @ 20% = £126

Living in Belfast Integration Training

Gems NI are restarting the Living in Belfast Integration Training. This will run on the last Thursday of every month from **9am -12pm** in **GEMS** starting on **Thursday 27 September 2012**. Our intention is to speak with the group or individuals before the training and cover the specific areas of interest to the individual or group. If you have any individual clients or groups that would benefit from this please let us know as soon as possible. Also if you have an established group that would benefit from the training, we can come to your organisation and deliver the training with you? If you are new to Belfast this training will provide you with relevant information about living and working in Belfast and getting involved in the community. The training and booklet are designed as a signposting tools with information on a wide range of services along with contact details and covers the following areas: Section 1 - What you need to know to Live in Belfast covering, Section 2 - Working in Belfast and Section 3 - Integration into the Belfast Community. For further information please contact Maeve McKeag, Minority Ethnic Employability Support Project (MEESP) on 028 9033 2313 or email maeve.mckeag@gemsni.org.uk

'Network Earth: Pro-Active Citizen' Training Programme

The programme is aimed at Youth and Community workers, Young Leaders and Trainers from Northern Ireland, Scotland, England and Wales that work directly with young people and is designed to address and alter participants perceptions of 'others' through the examination of poverty at a local, regional, national and European level and in doing so promote the responsibilities of participants to initiate actions that addresses identified issues with young people in their communities.

The programme will take place in Derry~Londonderry, Northern Ireland between **27-30 September 2012** and designed for those who have an interest in and commitment to the examination of poverty and the willingness to work with young people post-training to develop local responses. Up to twenty-four participants can take part and places will be equally distributed among participating countries. For further information contact Fergal Barr at thekingisalive@hotmail.com

Performance of The Band of Irish Guards

The Band of the Irish Guards will be performing a concert on **Friday 28 September** at **7.30 pm** in **Westbourne Presbyterian** – the 'Shipyard Church'. (Opposite the 'Yardmen Statue' Newtownards Road). Tickets can be obtained by phoning Sylvia on 07757 345284 at a suggested donation of £5. All proceeds to Irish Guards Benevolent Fund.

Knocknagoney Community Centre “Big Coffee Morning” in aid of Macmillan Cancer

Knocknagoney Community Centre invites you to their “Big Coffee Morning” with all proceeds going to Macmillan Cancer Care. The event is on **Friday 28 September 2012** from **10.00am to 3pm** at **Knocknagoney Community Centre**. Any donations of books, unwanted gifts, offer to bake or volunteer on the day would be warmly appreciated. Any donations can be left in the Community Centre. Activities on the day will include book stall, mini funfair games, guess the weight of the cake, tombola, raffle and guess how many sweets in the jar? Please come along and support this very worthwhile cause. For further information or enquiries contact a member of staff on 028 9076 1432.

Greenpower – Inspiring Engineers

An amazing opportunity has now become available to local young people thanks to an investment made by Tomorrow's Engineers. The investment will enable The Greenpower Educational Trust to bring their pioneering educational experience to Northern Ireland. Over a racing season, young people will form teams, then design, build and develop a car propelled by an electric motor. The teams will put their creation to the test by driving it in regional heats and if successful, a national final at the Goodwood Motor Circuit in West Sussex. The competitive focus is on efficiency, innovation, skill, and spirit, rather than speed. Over 200 primary schools and 200 secondary schools across the UK participate in the different Greenpower events as well as independent youth groups. Teams from industry like Jaguar Land Rover and from Europe also compete against the top school teams in the Corporate Challenge. Success from team Silesian Greenpower in Poland has become a regular occurrence and this year will see the arrival of the first American team representing the Huntsville Center of Technology, Alabama.

The initial focus of Greenpower in Northern Ireland will be on assisting ten primary schools towards the goal of competing in a regional IET Formula Goblin (ages 9-11) competition in May 2013. However opportunities also exist for proactive youth groups, schools and colleges to work towards establishing IET Formula 24 (ages 12-16) and IET Formula 24+ (ages 16-25) teams with full support from the Northern Ireland Greenpower Ambassador Team which could then compete in a Regional Heat in Britain.

For more information or to get involved, please contact the Northern Ireland Ambassador Team on 01243 552305 or by e-mail Keith Patterson: keith.patterson@greenpower.co.uk or Stuart Christy: stuart.christy@greenpower.co.uk

Nominate for a Community Outdoor Gym Equipment

Delegates and visitors at Active in the Community will be eligible to nominate a local community for the opportunity to receive £18,000 of outdoor gym equipment supplied and installed by The Great Outdoor Gym Co. Check out this video of outdoor Gym equipment installed recently in Wallace Park, Lisburn. [Click here](#) to view video. To download a nomination form [click here](#) Active in the Community takes place at **The Ramada Hotel, Shaw's Bridge, Belfast on 9 and 10 October 2012**. For further information visit www.activeinthecommunity.com

Council Youth Forum is Recruiting

The children & young people's unit is currently looking to recruit thirty six young people from across the city to serve on the next Council Youth Forum. The Youth Forum extends the opportunity to raise important issues and also provides the following: the opportunity to meet new people and make new friends, have a say on things that matter to friends and peers, get involved in the decision making mechanisms of the Council, opportunities for self development and skill building and work alongside other organisations in the city.

The recruitment criteria would require young people to live in a Belfast electoral area and be aged between 13 - 18. New members serve for two years and should be available two nights per month. If you require further information, nomination forms or more leaflets/posters for distribution then please contact Lorraine Wallace, Children and Young Peoples Co-ordinator on 028 9050 0521 or email wallacel@belfastcity.gov.uk You can also log on to our website www.belfastcity.gov.uk/youthforum or email youth@belfastcity.gov.uk. Closing date of nomination forms is **Friday 19 October 2012**

Alzheimer's Society Dementia Activity Group

We hope to change people's lives by preventing isolation that they may feel. We aim to do this by providing a social informal setting where there will be peer support to share experiences and gain practical information on living with

dementia. Staff and volunteers will facilitate discussions and there will also be facilitated speakers on the topics that are most important to the individual group.

Alzheimer's society recognises having dementia does not make a person, a person's personality, interests and history make someone who they are. We want to ensure we do not forget the person and be taken over by the impact of the illness. Therefore the concentration of each group will be on a range of activities such as reminiscence, light exercise, social hobbies and cognitive stimulation.

The East Belfast group will be held on **30 October, 27 November** then every 4th Tuesday of each month in **Hollywood Arches Library at 10.30am - 1.30pm**. The service is in a closed group structure. A person wishing to attend is to meet the set criteria and go through the referral process of a confirmed diagnosis of dementia; must be in the early-moderate stage of dementia, with no personal care needs and must attend with a carer/friend/family member. For a referral or more information please contact Nicola Neill and Roisin Coulter, Alzheimer's Society North Down and Ards on 028 9181 0083 or e-mail Nicola.neill@alzheimers.org.uk or roisin.coulter@alzheimers.org.uk

Belfast Waterfront & The Ulster Hall - Community Access Scheme

At Belfast Waterfront and Ulster Hall we are dedicated to engaging with local charities, community groups and youth groups. Our Community Access Scheme forms a key part of our outreach work and offers the benefits of: free access to our community art galleries; community ticketing programme which offers community groups discounted concert tickets; free rehearsal and workshop space for registered groups; community hire rate for Studio.

The Community Access Scheme is open to all community groups currently operating within Northern Ireland. In order to qualify for the scheme groups must complete an application form and demonstrate that they are active, inclusive and non party political via the submission of the following documentation: a governing document (e.g. constitution, articles of association, memorandum of understanding) which include a community or social benefit clause, Minutes of recent Board or Committee meeting, a list of current Board or Committee members.

To request an application form and for more information about the scheme, please contact Mark de Conink on 028 9033 4423, or email deconinkm@waterfront.co.uk

Suicide Prevention - What Works?

Contact have just confirmed that their second 'Suicide Prevention - What Works?' one day conference will be held on **Thursday 22 November 2012**, in the **Stormont Hotel, Belfast**. It will last from **9.30am - 4.30pm**. Conference presenters include: David Covington (National Chair of the NSPL Lifeline - lead U.S. strategy contributor on suicide risk assessment and prevention), Professor Annette Beautrais (World Health Organisation lead on international suicide prevention strategy results), Professor Mike Tomlinson (School of Sociology, Social Policy and Social Work at Queen's University Belfast, and author of 'The Trouble with Suicide'), Trisha Forbes (Queen's University Belfast, presenting on Contact's Atlantic Philanthropies funded study on youth suicide prevention), and Dr John Devaney (QUB) / Dr Teresa Gerrity (NCB) presenting on early intervention aggression related trauma research. Send all booking enquiries to caroline.king@contactni.com

BBC's The One Show Searches for Community Projects

BBC TV's The One Show is looking for community projects across the UK that need a helping hand. We want to use our influence to galvanise volunteer efforts in different schemes for a new weekly feature on the programme in the coming months. Perhaps you have a community hall that needs a lick of paint and a good tidy up but haven't been able to organise a volunteer day to sort it out - let us see what we can do. Has your local fireworks display/concert been forced to cancel? Maybe we can help. Is your community bus service at risk unless more volunteers are found? Let the One Show spearhead the search to keep it going. Or maybe you have a dedicated community stalwart who deserves a big thank you - let the One Show organise a suitable celebration. We are currently at the early stages of planning this but please get in touch as soon as possible if you think you have a suitable project or idea. Email Richard.park@bbc.co.uk and mark your emails 'One Show Community Action'.

3. Funding News

If you would like any assistance with applying for any of the funding opportunities below please contact Jonny Currie, Community Support Manager on 90 451512 or email jonny@ebcda.org.

Belfast Policing and Community Safety Small Grants

Constituted community and voluntary groups in Belfast can apply for a small grant to deliver projects which reduce actual and perceived levels of crime and other aspects of antisocial behaviour in their area. Projects must take place between Monday 15 October 2012 and Saturday 23 February 2013.

Application forms and information are available from Monday 3 September 2012, you can download a blank application form and information sheet from www.belfastcity.gov.uk/communitysafety/smallgrants

Alternatively, call Aileen Turley on 028 9027 0469 and request an application form by post. For general advice on your proposed project, please attend the information session for East Belfast: Thursday 6 September 2012 at 7pm - 8pm in City East, 68-72 Newtownards Road, Belfast, BT4 1GW or contact Terry Quinn, East Belfast Antisocial Behaviour Officer on 07825140634.

McDonalds Kick-Start Community Soccer Grants

The McDonalds Kick Start scheme is a new programme to support local community football teams to grow, develop their players and build links with the community with grants ranging from £500 to £2500.

You can apply for a grant on behalf of your club, as long as they are recognised by your national FA - so in Northern Ireland's case the IFA (Irish Football Association) and have at least one team at or below junior (U18) level. You must be over 18 and involved with the club at some level, such as a coach, volunteer or parent and there is only one application can be made per club per project application period.

You can apply for anything, which will help to support, grow or develop your players and the community for one-off grants of between £500 to £2500 including VAT for a single project. There are two remaining application cycles in 2012 and any club can only make one application per cycle.

Opens 1 July and closes 30 September 2012

Opens 1 October and closes 31 December 2012

Full information about McDonalds Kick Start is available at

www.mcdonalds.co.uk/ukhome/Sport/Football/Investment/small-grant.html.

Belfast City Council Community Development Project Grant

This grant aims to support Belfast-based organisations with small scale funding (up to a maximum of £500) to deliver projects and programmes in local neighbourhoods, for example:

- developing a community building's programme
- enabling new groups to become established in areas where there is little or no community activity
- contributing to the ongoing organisational or programme costs of small community projects
- supporting short courses that aid the development of self confidence and skills for committees and volunteers

Please note that priority may be given to applicants not awarded funding at the previous open call in March 2012. The deadline for applications is **4pm on Thursday 4 October** 2012. Late applications cannot be accepted. Visit

<http://www.belfastcity.gov.uk/funding/communitydevelopment.asp> for more information.

Castlereagh Borough Council one day Funding Conference

Castlereagh Borough Council one day Funding Conference will be on **Monday 15 October** from **10am to 4pm** in **Castlereagh Hills Golf Club**. In response to an increasing number of funding enquires from local community groups, Castlereagh Borough Council is holding a one day funding conference to provide interested groups or persons with the required skills and knowledge to make successful funding applications.

You will benefit from: Workshops facilitated by NICVA focussed on; Community Fundraising; Community Grants. Meet local charities and community groups who have successfully secured funding from Government bodies i.e. Big Lottery or Foundation Funding for example the Community Foundation. Meet the funders: A selection of funding bodies will be in attendance to help advise you regarding applications. They will provide information on what funding is available to you. This event is free and places are limited, please contact Yvonne Burke on 028 9049 4645 or email yvonneburke@castlereagh.gov.uk for more information.