



East Belfast Community Development Agency eBulletin

EBCDA's eBulletin is distributed on the **1st and 3rd Wednesdays** of each month. If you would like to submit a community news item, event, or training/funding opportunity please contact Trisha McQueen on 028 9045 1512 or email trisha@ebcda.org on the Tuesday before by **11.00am**.

- 1. EBCDA News**
 - 2. Community News**
 - 3. Funding News**
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1. EBCDA News

Community Support

East Belfast Ethnic Minority Support Network

The next meeting of the network is on **Thursday 18 October** at **10.00am** in the **Micah Centre**, My Lady's Road. Please confirm your attendance by contacting Trisha at 9045 1512 or email trisha@ebcda.org.

East Belfast Welfare Reform Briefing

The second Welfare Reform Briefing for the community sector in East Belfast will take place on **Friday 26 October** at from **10.00am to 12.00pm** in **EBCDA**. Please confirm your attendance by contacting Trisha at 9045 1512 or email trisha@ebcda.org.

East Belfast Youth Providers Forum

The next meeting of the Youth Providers Forum is on **Tuesday 6 November** at **2.00pm** in the **Alternatives Drop-in**, Woodstock Road. Please email trisha@ebcda.org or call 9045 1512 to confirm your attendance.

Victoria PACT Meeting

The next meeting of the Victoria PACT (Partners and Community Together) will take place on Tuesday 27 November at 7pm in Heyn Hall, St Mark's Church, Hollywood Road.

Health Development and Connections Programme

Suicide in East Belfast - Open Meeting

An open meeting on suicide prevention in East Belfast will take place on **Wednesday 24 October** at **10.00am** in **Belmont Tower**, facilitated by EBCDA. In the light of recent media coverage on the number of suicides in East Belfast, this meeting is an opportunity for all stakeholders with an interest in suicide prevention to come together to:

identify the support services currently available and; establish a collective way forward for communities in East Belfast.

Please spread the word among anyone who would be interested in attending. The meeting is open to all: individuals, community groups, voluntary organisations, elected representatives, and statutory agencies.

If your organisation provides support services to people with suicidal thoughts, for people bereaved through suicide, or is generally involved in suicide prevention work - please bring along information on those services.

Pre-registration is not essential, but it would be helpful if you could contact trisha@ebcda.org or call 9045 1512 to confirm your attendance.

Lay Health Information Workers Open Meeting

The next open lay health information volunteers meeting is taking place on **Tuesday 30 October 2012** from **9am till 1pm** at **Knockbreda Wellbeing and Treatment Centre**, Case Conference Room 2, followed by lunch at Short Strand Cafe. The Network has invited Recall, Lighthouse and the Alzheimer Society to give informal presentations of their work. This is also an opportunity to learn more about becoming involved as a volunteer lay health worker. Lay health workers play an important role in passing on health information, raising health issues with the Patient Client Council, participating in the organisation of health events, meeting and greeting at the evening men's clinic, participating in and promoting physical activities such as cycling, walking, fishing and gardening.

There will also be a sub group meeting of volunteers on **Tuesday 13 November 2012** at the **Ballyoran Centre** in Ballybeen at **10am** to share information and opportunities for volunteering and training. For more information contact Alan Houston, Health Development Worker, on 028 9045 1512 or email alan@ebcda.org

East Belfast Men's Clinic

EBCDA along with the Wise Men of the East Network will once again be supporting the start of the evening men's clinic at Hollywood Arches Health Centre with health promotion information on Wednesday 1 August 2012 from **6pm till 8pm** and after that on every other Wednesday. The next clinic will be on **Wednesday 24 October 2012**.

As we all know men are less likely to engage in preventative health checks, to make infrequent use of health services and usually present late with their problems which can mean reduced treatment options. However, in the past 12 months 190 men have made use of the evening clinic which is a modest beginning. The exit survey showed that the clinic experience for the majority of the men was a motivation to improve their health and that they had also thought about a strategy to carry this out.

The clinic is taken by District Nurses and is aimed at men who have not had contact with their GP in the past 12 months. The service offers men over 35 years of age a check up for their weight, blood pressure, screening of their blood, cholesterol level and an opportunity to discuss their general health. The results of raised blood sugar levels, cholesterol, prostate problems, raised blood pressure etc are forwarded onto GPs and the men are advised to follow this up.

As well as men being referred by their GP men can also refer themselves to the clinic by leaving their details on an answering machine 028 9056 3307 and they will be contacted about an appointment.

For further information contact Alan Houston, Health Development Worker, on 028 9045 1512 or email alan@ebcda.org

Bikeway East Cycle Club

Bikeway East Cycle Club have completed three tours to Jordanstown, Hollywood and Shaw's Bridge and are looking forward to their next outing in October on Comber Greenway. They are also planning to tackle the newly extended Newtownabbey Way in the very near future. Club members are keen cyclists and enjoy getting together and continue to meet at Avoniel Leisure Centre. To find out about their next outing please contact; Alan Houston, Health Development Worker on 028 90451512 or email alan@ebcda.org.

Action Cancer Big Bus comes to Knocknagoney

The Big Action Cancer Bus comes to Knocknagoney Primary School car park on **Friday 19th October** from **10.00am - 4pm**. There are still a number of appointment slots available to members of the community to avail of free Breast Screening, Body Composition/Health Checks, Skin Scanner and Listening Ear Service. To register or book your appointment contact Jackie Harper at Glenluce Quality Caring Centre Knocknagoney on 07702361174 or 07517390092 as the remaining free slots will be allocated on a first come first served basis.

For further information or enquiries you may also contact Chris Deconink, Health Development Worker at EBCDA on 028 9045 1512.

Health Advocacy Programme

EBCDA Health Development and Social Connections Programme are currently recruiting for their annual Health Advocacy Programme, details of which are shown below.

Week 1 Tuesday 30 October at **11am-1pm** "What we need to know about Welfare Reform" – Facilitated by East Belfast Independent Advice Centre.

Week 2 Tuesday 6 November at **2pm-5pm** Stormont Visit - Q&A session with Social Development Chairperson Alex Maskey on Welfare Reform.

Week 4 Tuesday 20 November at **11am-1pm** "Transforming Your Care" Health Consultation, what this means for you and your family.

To register for this innovative programme please contact Marie Anne at EBCDA on 028 9045 1512 or email marie@ebcda.org For further information on the programme contact Chris Deconink Health Development Worker at EBCDA on 028 9045 1512. We look forward to seeing you for what should be an action packed programme.

Men's Shed Exchange

The Wise Men of the East Network (WMEN) is taking part in an exchange programme with Geevagh Men's Shed Project when they travel to Sligo on Thursday 18 October 2012 for three days. Supported by the Community of Lough Arrow Social Projects (CLASP) and IFI funding a programme based around local history, culture and employment has been arranged. Both groups are interested in providing community programmes that keep older people active in their communities and homes as long as possible. CLASP has 13 years of service delivery while the WMEN has 10 years under its belt of supporting projects and local men's groups. The contrast between the two groups is huge in terms of the urban and rural divide, sporting traditions, cultural traditions and politics however they hope to learn from each other on how to combat common barriers faced by men.

For further information contact; Alan Houston, Health Development Worker, on 028 9045 1512 or email alan@ebcda.org.

Clarawood 50+ Club

Artsekta will be facilitating a cultural experience of singing, dancing and music at the Clarawood Tenants Hall on Wednesday 7 November 2012 from 2pm till 4pm. To find out more information contact; Hazel Whitley, Secretary on 028 90504366 or Alan Houston, Health Development Worker on 028 90451512 or email alan@ebcda.org.

Volunteer Development Programme

Latest East Belfast Volunteering Opportunities

Headway is the only charity solely dedicated to providing support and information to survivors of brain injury, their families and carers. They help rebuild lives after brain injury by offering services to enhance social and physical development. Join them at a bag pack fundraiser on Saturday 27 October 2012 at M&S Forestside. They are looking for anyone able to help out for an hour or two.

Volunteer roles are available with Marie Curie Shops on Belmont Road and Cregagh Road. They are looking for volunteers who would be interested in shop customer service and stock preparation. They would particularly welcome any Sunday volunteers for their Belmont Road shop which trades from 1.00pm to 5.00pm each Sunday.

Dee Street Community Centre is looking for volunteers to get involved in their youth programmes. Volunteers help to facilitate the smooth running of their youth schemes on Mondays, Tuesdays and Wednesdays by supporting, organising and mentoring the young people. At the moment they are particularly welcoming volunteers who are available on Tuesdays.

If you are interested in any of these volunteer roles contact Katy Gaston, Volunteer Development Coordinator, on 028 9045 1512 or email katy@ebcda.org.

Older Volunteer of the Year Award 2012

Belfast City Council is inviting organisations and groups to nominate volunteers aged 60 and over who have made an outstanding contribution to their work or local communities over the last year. Nominees must be current volunteers and nominations must come through the group or organisation the person volunteers for. The Older Volunteer Award celebrates the considerable contribution made by older volunteers to the work of organisations and groups across the city and gives an opportunity for groups and organisations to promote and recognise the difference older volunteers and their volunteering make to the people and communities of Belfast.

Nominations went 'live' on **Monday 10 September 2012** with nomination forms and guidance notes available on the council's website – www.belfastcity.gov.uk/volunteering. The closing date for entries is 4.30pm on **Friday 19 October 2012**. For more information contact Tracy Mawhinney, Community Development Officer on 028 9032 0202 ext 3775 or email mawhinney@belfastcity.gov.uk.

World Police and Fire Games 2013

The World Police and Fire Games are the third largest multi-port competitions in the world and they're coming to Northern Ireland. You can be a part of it. The World Police and Fire Games takes place on 1 -10 August next year and is set to attract 10,000 competitors from over 70 countries to participate in 66 sports in 41 venues across Belfast and beyond, as well as a further 15,000 visitors. Team 2013 are pushing the starter button on a volunteer campaign to recruit over 3500 volunteers who will help deliver what's being billed as the friendliest Games ever. Building on the legacy of London 2012 Games Makers, which saw over 1700 local people apply to volunteer at the Olympic and Paralympic Games. Volunteer Now are seeking enthusiastic and motivated people, aged 16 and over, to get involved in a variety of roles both on and off the field of play.

Opportunities for volunteers to be a member of Team 2013 include roles within transport, registration, translation, sports venue branding, media, warehousing and many more exciting roles. The volunteer recruitment process went live on Monday 3 September with applications to be submitted by **Wednesday 31 October 2012**.

Join in today by applying online at www.2013wpfg.com/volunteers.

Christmas Connections

Does your organisation have short term or one-off volunteering opportunities connected to the festive season? Would you like help to promote these opportunities to potential volunteers? Then join in the Volunteer Now Christmas Connections Campaign!

Each year Volunteer Now get calls from people who are interested in doing something worthwhile as part of their Christmas celebrations. Christmas Connections aims to highlight the opportunities available with local organisations as early as possible so individuals and families can plan to get involved in something worthwhile. Perhaps you need volunteers to organise a party for your clients, someone to collect for a toy or hamper appeal, a friendly face for a bag pack, or maybe you simply need some extra elves and a special Santa to make an appearance at a fundraiser?

To get involved – simply upload your role to the Volunteer Now [website](http://www.volunteernow.co.uk) and tick **Christmas Connections** under the **activities** section so users can select from all these opportunities. If you don't already manage your own account and would like to, please email the Volunteer Now outreach support team at opportunities@volunteernow.co.uk and they can set this up for you.

Advice on Developing a Befriending Service

Volunteer Now in collaboration with the Belfast Befriending Network have launched a new publication on befriending services. The publication provides good practice guidance around setting up and running a befriending service and

signposts organisations to where further information around befriending and managing volunteers can be provided. For further information on the guidelines, Belfast Befriending Network or how to get involved with befriending, contact Ian Cardwell at Volunteer Now on 028 9023 2020 or email ian.cardwell@volunteernow.co.uk.

Volunteering Information

If you want more information about any of the volunteering opportunities above or want to find out about volunteering opportunities in East Belfast and beyond click [here](#) to fill in the online enquiry form or arrange an appointment with Katy Gaston, Volunteer Development Worker on 028 9045 1512 or email katy@ebcda.org.

An up to date list of volunteer opportunities across East Belfast can be found online by clicking [here](#). If you'd like to receive regular news about volunteering opportunities contact Katy.

2. Community News

East Belfast Community Counselling Suicide Group Therapy Programme

East Belfast Community Counselling will be commencing a twelve session therapeutic programme to support people bereaved through suicide. For more information on this programme or to be informed when this will be starting please contact East Belfast Community Counselling on 028 9046 0489.

Part to Play Programme

The National Citizen Service Programme 'Part to Play' is an exciting new opportunity for young people (age 15 & 16 year olds) from across Northern Ireland to get involved in a high quality personal and social development programme. Part to Play will be delivered in partnership with local providers with proven expertise in youth programmes. The programme has a strong cross community element and will be available to 250 young people across Northern Ireland. This programme aims to develop young people's capabilities enabling them to take the learning and transfer back into their own settings. The YMCA will be working in three key target areas –Cookstown, East Belfast and Newtownards. The programme aims to provide young people from all backgrounds with the opportunity to take on new challenges, learn new skills, make new friends and make a difference. It is available to all 15 and 16 year olds from across Northern Ireland. It will work on Personal development; skills development; physical and personal challenges; design and delivery of 2 social actions projects (with a budget); invitation to graduation and sign posting event at a prestigious venue; enhanced CVs, further education and employment opportunities; earn 100 hours towards a Millennium Volunteer award (half the award). This will take place October half-term – Residential for 4 nights/5 days at Greenhill YMCA NI; November to December – 36 hours over 6 weeks at evenings & weekends to design & deliver 2 social action projects; 14-16 December – team weekend in England with hundreds of other young people.

For more details, please contact Jonny Baxter, Team Leader on 028 9068 4664 or email ncsparttoplay@cooperationireland.org

Lagan Village Youth & Community Group

From Monday 1 October 2012 the Bridge Youth Projects and Bridge Community Association will no longer be operating out of what was Lagan Village Hall as both projects are now closed. From Monday 1 October 2012 Lagan Village Youth & Community Group will be located and operating out of the hall on Ballarat Street which is now renamed as Lagan Village Youth & Community Centre. The new contact details are:

Michael Logan
Youth & Centre Coordinator
Lagan Village Youth & Community Group
Lagan Village Youth & Community Centre
15 Ballarat Street
Belfast
BT6 8FW

Telephone: 028 9045 6993
Email: Centre Coordinator: laganvillage@gmail.com

Admin Office: infolaganvillage@gmail.com
Website: www.laganvillage.webs.com
Facebook: www.facebook.com/LaganVillage

Free history of Protestants and the Irish language Workshops

East Belfast Mission is providing free workshops which explore the hidden history of Protestants and the Irish language. The workshop reveals little known facts about the Unionist community's Irish language heritage and shows how even today we use many Gaelic words in our everyday speech. We also run 2 beginners Irish classes Mondays at 7 - 9pm for total beginners and Tuesdays 6.30pm – 8pm for beginners. For more information or to arrange a workshop, contact Linda Ervine 028 9045 8560 or 07824348988 or email linda.ervine@ebm.org.uk

Comet Business Growth Boot Camp Programme

16 – 35? Want to grow your own business? Then business boot camp is for you! Boot Camp explores and develops your potential in a way that no other business programme can.

If you're aged 16-35 and live in one of the following council areas: Belfast, Lisburn, Castlereagh, Newtownabbey, North Down, Carrickfergus, Donegal... Then you're eligible for Boot Camp! You'll learn through practical activity the most important aspects of Business Growth. We'll help you develop your own entrepreneurial style and a "never give up" winning attitude. You'll be supported every step of the way by experienced business professionals. Boot Camp includes: Sales Training, One-to-one Mentoring, Skills Development Workshops, Best Practice visits, Bespoke Residential Training, Sales Training and Business Planning and Meet the Buyer Event

We will help you develop the skills and the confidence to achieve your growth potential! How Much does it cost? Nothing! It's all FREE. For an application form and further information on Boot Camp, contact Judith Maguire of Full Circle Management Solutions on 028 9069 1027 or email judith@fullcircle.eu.com Completed applications forms need to be returned by **noon on Wednesday 31 October 2012**. This Programme is funded under the European Regional Development Fund under the INTERREG IVA Programme.

Free Finance Workshop

Free training for groups working with older people or older people groups. What the workshop will focus on Information on the legal financial requirements for groups, simple templates for keeping income and expenditure accounts, understanding how to operate Petty Cash, guidance/training on how to use templates on daily basis, Easy to understand, practical examples, questions and answers, hear fundraising ideas from other groups. The training is suitable for any older group member interested in ensuring group runs effectively, volunteers with older peoples groups who work with the groups finance and any group that works with/for older people. This will be a practical useful session. Everyone attending will receive resources and templates they can use daily within their group. To register please contact Ciaran on 028 9023 2587 or email admin@communitychange-ni.org

Audit of experiences within Mental Health Services

Mental health conditions are among the most common illnesses in the UK affecting around one in five with Northern Ireland having the highest incidences in the UK. A landmark project was launched bringing together health and social care professionals, users of services, carers and families to help improve "the experience of users and carers" as outlined in the principles, standards and recommendations of the Bamford Review of Mental Health & Learning Disability in Northern Ireland (2005) and through standards 10-26 of the Mental Health and Wellbeing Service Framework. It will also help inform service planning, practice development and staff training. GAIN, the Public Health Agency and the Health & Social Care Board are leading this pioneering piece of work. For the first time the project will collect details of people's journey in 'story' form. This will show how mental health treatment and care services are perceived by service users and carers.

The web address <http://eu.sensemaker-suite.com/gain/index.html> will be up and running for anyone to access and tell their 'story/experience'. Help is available to those who wish to participate but do not want to do this electronically by contacting the GAIN Office. Stories about experiences will be collected from 1 August to 31 October 2012. For further information please contact Nicola Porter, GAIN Manger on 028 9052 0629 or the website: www.gain-ni.org

Substance Misuse Services

The Public Health Agency have published a list of Substance Misuse Services in August 2012. Please click [here](#) to see the list. All services are delivered across the whole of the Belfast Health and Social Care Trust area.

Migration Awareness and Ending Hate in our Communities Training

Belfast City Council Good Relations Unit and South Belfast Roundtable run regular training events for community workers and organisations. Places are limited and available on a first-come, first-served basis. For more information or, to book a place, email higginsmargaret@belfastcity.gov.uk

Migration Awareness Training at **9.30am to 1.30pm**
Friday 30 November 2012, Grosvenor House, Glengall Street, Belfast

Migrant Awareness Training is a half-day workshop designed by South Belfast Roundtable and staff from our Good Relations Unit. It is an interactive session which explores inward and outward migration and the rights of migrant workers in Northern Ireland. It aims to dispel myths and provide practical information on issues relating to migration.

Ending Hate in our Communities Training at **9.30am to 1.30pm**
Wednesday 5 December 2012, Grosvenor House, Glengall Street, Belfast

Ending Hate in our Communities is a half day workshop that aims to give participants an understanding of the extent of bias, harassment and hate crimes in their community and the impact of bias and harassment on those targeted, as well as practical skills to help them respond to and prevent hate crime.

This project is supported under the Belfast Peace Plan by the European Union's European Regional Development fund through the [Peace III programme](#) for Northern Ireland and the border region.

Paisley & Me – Community Showcase Evening

You are invited to a colourful evening of performances, preview and discussion by local community groups and professional actors in advance of the high profile performance of Paisley & Me which opens in the Grand Opera House in October 2012! This Community Showcase Evening will be held at **Westbourne Church on Thursday 18 October 2012 at 7pm** and will consist of entertaining performances and readings by local community groups, a sneak preview of Paisley & Me by the professional cast and a panel discussion entitled 'Where is the Protestant Community Today' featuring local leading activists and commentators with question and answer session.

This is your chance to catch a glimpse a sneak preview of the groundbreaking new play by Belfast-born, Emmy Award-winning writer Ron Hutchinson in the heart of East Belfast as well as hear the views and experiences of local people. The panel discussion will include commentators from a range of political perspectives and will explore the current state of Ulster unionism. There will be an opportunity for the audience to participate in the discussion in a Question & Answer session. It is set to be a powerful and engaging event not to be missed!

For tickets and more information, please contact Tanya Kirk, Education & Outreach Coordinator, Green Shoot Productions on 028 90 291555 or email marketing@gbjproductions.com or website www.martinlynchproductions.com

I'll Tell My Ma

I'll Tell My Ma is a two-act play, following the adventures and miss-adventures of four generations of West Belfast Women! In the **Castlereagh Civic Centre on Thursday 18 October 2012 at 7.00pm**. Admission £2. Trisha (a 60 year old with a passion for writing), Chelsea Marie (an air stewardess extraordinaire with a tangled love life), Davina-Corrina (a 16-year-old schoolgirl with the taste for the high life) and Granny Eileen (an 80-something making life-changing decisions) are all struggling in their own ways to deal with changes in their lives and find a way forward.

Written & performed by Patricia Gormley, Directed by Christina Nelson. Telephone or email now to reserve your tickets on 028 9049 4566 or carolinereid@castlereagh.gov.uk

Think Pink! Luncheon

Focusing on Local Woman with Breast Cancer with special guest Penny Junor, Author and Broadcaster on **Friday 19 October 2012 Europa Hotel, Belfast**, Pink Champagne Reception at **12pm**. To book your tickets please contact

Kirsty Thompson, Cancer Focus Northern Ireland on 028 9068 0771 or email kirstythompson@cancerfocusni.org
Tickets cost £40 per person.

Skainos Fest “Your Community, Your Space”

In **Skainos Square, 239 Newtownards Road, Friday 19 October** is Music and Culture Night from **6:30pm-9:30pm**. Free food samples from several cultures Northern Irish, Chinese, African, Indian and Polish with a variety of music and dance performances.

Saturday 20 October is Festival Fun Day from **10:00am - 4:00pm**. Entertainment and activities for all ages• Live music, storytelling, face painting, cooking demonstrations, balloon modelling, football shootout, bouncy castles, dance and music workshops, and more! Find out what's on in East Belfast from more than 20 other participating organisations, tours of the new Skainos facilities and a free BBQ **from 12pm - 2pm**. **From 7:00pm** Crosslinks Drama Production Featuring talent from Culture Crosslinks, an arts-based youth project working in conjunction with East Belfast Mission's youth department.

East Belfast Anti-Rumour Network

Belfast City Council is working with GEMS NI, the Law Centre and the South Belfast Roundtable to deliver the Belfast Integration and Participation Project which aims to improve the integration and participation of migrant and minority ethnic communities in Belfast. One of the aims of the project is to establish Anti-Rumour Networks in north, south, east and west Belfast. These networks will bring together key community and statutory representatives as a means of combating the myths and rumours that we sometimes hear in relation to people from minority ethnic communities.

If you are interested in becoming a member of the east Belfast anti-rumour network you need to attend training which we are providing on **Friday 19 October 2012** from **9.30am - 4.00pm** in **Walkway Community Centre**, Finvoy Street, Upper Newtownards Road. This training will provide up to date information in relation to minority ethnic communities in Belfast and teach some of the skills that can be used to challenge rumours when they are heard. Everyone who attends this training will then be a member of their local anti-rumour network and they will link in with each other to combat damaging rumours that spread in the community. There has been considerable interest in this issue in east Belfast and we have decided to try to develop the first anti-rumour network here. This is a new project that is based on a model that has worked very successfully elsewhere. If you would like to attend this training please RSVP to stephanie.mitchell@sbrtr.org.uk by Friday 12 October 2012.

We are keen to get a mix of representatives from community and voluntary organisations as well as PSNI, Belfast City Council, NIHE, YJA and BELB. If you have any queries about anything in relation to the training or anti-rumour network please contact Margaret Higgins, Good Relations Officer, Belfast City Council on 028 9032 0202 ext:3547 or 078 2514 7712

East Belfast Policing & Community Safety Partnership Action Plan

Launch of the East Belfast District Policing and Community Safety Partnership Action Plan 2012/2014 on **Tuesday 23 October 2012** at **7pm** in **Skainos Building, 240 Newtownards Road, Belfast, BT4 1HB**. The East Belfast District Policing and Community Safety Partnership invite you to meet its Members and learn about its priorities for the years ahead.

For further information telephone 028 9027 0556 or email: pcsp@belfastcity.gov.uk www.belfastcity.gov.uk/pcsp

National Schools Film Week

Castlereagh Arts invites local community to take part in National School's Film Week, a curriculum linked, UK-wide FREE film festival. Screenings are offered FREE to groups and leaders are provided with learning resources for centre based activities surrounding the films' themes.

War Horse, directed by Steven Spielberg, is an epic adventure set against a sweeping canvas of rural England and Europe during the First World War. *War Horse* begins with the remarkable friendship between a horse named Joey and a young man called Albert, who tames and trains him. When they are forcefully parted, the film follows the extraordinary journey of the horse as he moves through the war, changing and inspiring the lives of all those he meets - British cavalry, German soldiers, and a French farmer and his granddaughter - before the story reaches its emotional

climax in the heart of No Man's Land. Date: **Wednesday 24 October** at **7pm** (screening time negotiable based on demand) in **Belvoir Studio Theatre**.

Eleanor's Secret, after Nathanael inherits his eccentric aunt's book collection he discovers that all the heroes of children's literature have taken shelter in the books and that they are now counting on him for protection. When his parents start selling off the books it's down to Nathanael to brave everything and save his tiny friends. Date: **Friday 26 October 2012** at **6pm** (screening time negotiable based on demand) in **Belvoir Studio Theatre**. To book your community group's place on either screening please call 028 9049 4566 or email carolinereid@castlereagh.gov.uk

Council Youth Forum is Recruiting

The children & young people's unit is currently looking to recruit thirty six young people from across the city to serve on the next Council Youth Forum. The Youth Forum extends the opportunity to raise important issues and also provides the following: the opportunity to meet new people and make new friends, have a say on things that matter to friends and peers, get involved in the decision making mechanisms of the Council, opportunities for self development and skill building and work alongside other organisations in the city.

The recruitment criteria would require young people to live in a Belfast electoral area and be aged between 13 - 18. New members serve for two years and should be available two nights per month. If you require further information, nomination forms or more leaflets/posters for distribution then please contact Lorraine Wallace, Children and Young Peoples Co-ordinator on 028 9050 0521 or email wallacel@belfastcity.gov.uk You can also log on to our website www.belfastcity.gov.uk/youthforum or email youth@belfastcity.gov.uk. Closing date of nomination forms is **Friday 19 October 2012**

Alzheimer's Society Dementia Activity Group

We hope to change people's lives by preventing isolation that they may feel. We aim to do this by providing a social informal setting where there will be peer support to share experiences and gain practical information on living with dementia. Staff and volunteers will facilitate discussions and there will also be facilitated speakers on the topics that are most important to the individual group.

Alzheimer's society recognises having dementia does not make a person, a person's personality, interests and history make someone who they are. We want to ensure we do not forget the person and be taken over by the impact of the illness. Therefore the concentration of each group will be on a range of activities such as reminiscence, light exercise, social hobbies and cognitive stimulation.

The East Belfast group will be held on **30 October, 27 November** then every 4th Tuesday of each month in **Hollywood Arches Library** at **10.30am - 1.30pm** The service is in a closed group structure. A person wishing to attend is to meet the set criteria and go through the referral process of a confirmed diagnosis of dementia; must be in the early-moderate stage of dementia, with no personal care needs and must attend with a carer/friend/family member. For a referral or more information please contact Nicola Neill and Roisin Coulter, Alzheimer's Society North Down and Ards on 028 9181 0083 or e-mail Nicola.neill@alzheimers.org.uk or roisin.coulter@alzheimers.org.uk

Imago Open Day

The IMAGO befriending service provides one to one structured support and befriending for up to 6 months for people with mild to moderate mental ill health such as depression, anxiety, panic attacks and low self esteem etc. This service is 10 years old and has really helped people make changes to their lives. Come to our Open Day on **Monday 5 November 2012** at **10am - 2pm** in **Oasis café, 102-108 Castlereagh Street, Belfast, BT5 4NJ**. Have a coffee, meet staff and past clients and find out how we can help you, or someone that you know, and what advice we can offer.

Free Health & Safety Course

Accredited Health & Safety Course on **Wednesday 7 November 2012** at **12.30pm - 3.30pm** in **Tullycarnet Primary School, Kings Road, Belfast, BT5 7EH**. Free of charge, places must be booked by Monday 5th November by contacting Tullycarnet Community Support Services on 028 9050 1133 or email tcss2011@hotmail.co.uk

Lagan Valley Youth & Community Group Advice Service

In partnership with East Belfast Independent Advice Centre in the **Lagan Village Youth & Community Centre, 15 Ballarat Street**. We will be reopening our free, confidential and independent advice service on a range of issues including: Welfare Rights, Benefits, Tax Credits, Employment, Consumer issues, Disability issues, Debt & Budgeting, Housing, Help completing Benefit Forms, and Benefit Checks.

Advice Services reopens on the **Tuesday 13 November 2012** Drop In Advice - No Appointment Necessary on Tuesdays 2:00pm - 4.00pm and Thursdays 11:00am - 12:30pm. DLA or Attendance Allowance forms - Appointments Only for filling in these forms on Thursdays 10:00 - 11:00 am. To arrange an appointment please ring Lagan Village Youth & Community Centre on 028 9045 6993

Self Harm in Your Community – Understanding the Relationship to Suicide

PHA is inviting Community & Voluntary organisations that work in the area of Mental Health Promotion / Suicide Prevention to attend this workshop on **Wednesday 21 November 2012 at 2pm – 4pm** in **Octagon Room, King's Hall, Belfast, BT9 6GW**. Please email Elizabeth McGrath liz.mcgrath@hscni.net to register for the workshop.

Suicide Prevention - What Works?

Contact have just confirmed that their second 'Suicide Prevention - What Works?' one day conference will be held on **Thursday 22 November 2012**, in the **Stormont Hotel, Belfast**. It will last from **9.30am - 4.30pm**. Conference presenters include: David Covington (National Chair of the NSPL Lifeline - lead U.S. strategy contributor on suicide risk assessment and prevention), Professor Annette Beautrais (World Health Organisation lead on international suicide prevention strategy results), Professor Mike Tomlinson (School of Sociology, Social Policy and Social Work at Queen's University Belfast, and author of 'The Trouble with Suicide'), Trisha Forbes (Queen's University Belfast, presenting on Contact's Atlantic Philanthropies funded study on youth suicide prevention), and Dr John Devaney (QUB) / Dr Teresa Gerrity (NCB) presenting on early intervention aggression related trauma research. Send all booking enquiries to caroline.king@contactni.com

Sexual Health Education Facilitators Training Course

This course is designed for people who would like to develop their knowledge and skills to become providers of Sexual Health Education, as part of their current role and/or in the wider community in the Belfast area. This course has been accredited by the Open College network (OCN) as a Certificate in Sexual Health Education with 12 credits at Level 3. To complete this accreditation requires full attendance at 10 training days along with personal study and completion of course assignments. Applications are welcome from people working in either statutory or voluntary sectors within the Belfast Area who want to provide Sexual Health Education, with young people/adults. Places are restricted to 10 participants. ACET has been funded by the Public Health Agency to provide this accredited course in the Belfast area, therefore ACET can provide this course free of charge to the course participants. Dates in 2013 is Jan: Thursday 17th, 24th, 31st. Feb: Thursday 7th, 14th, 21st, 28th. Mar: Thursday 7th, 14th, 21st. All training will take place at Knockbracken Healthcare Park and will run from 10am to 4pm. For further information and to download an application form, please visit our training page at www.acet-ni.com/training2012-13 Alternatively, please contact Nigel Armstrong at nigel@acet-ni.com or telephone on 028 9032 0844

Youthworks Programme

A new programme for young people in South or East Belfast, Youthworks is currently recruiting for a new intake. Are you 16-17? Are you unemployed or not in training or education? Would you like to improve your chances of getting into training or education? Would you like to meet other young people like you from different community backgrounds? Do you live in south or east Belfast? Are you interested in training, qualifications, driving lessons, residentials, free childcare... If yes, then why not apply for Youthworks. For more information contact Andy Moorehead, East Belfast Alternatives on 028 9045 6766 or Debbie Hamill, South Belfast Alternatives on 028 9031 5763. Funded through the Sharing in Education programme.

3. Funding News

If you would like any assistance with applying for any of the funding opportunities below please contact Jonny Currie, Community Support Manager on 90 451512 or email jonny@ebcda.org.

Belfast City Council

Belfast City Council currently has core multi-annual funding opportunities for arts and heritage organisations, as well as Good Relations grant aid available. Visit <http://www.belfastcity.gov.uk/funding/index.asp> for more details.

Probation Board NI Community Grants

PBNI invites applications for financial assistance in 2013/2014 from organisations offering services that seek to challenge and change attitudes and behaviour of offenders. It is anticipated that the majority of grants will be between £1,000 and £20,000. Funding is available for activities to be provided for adjudicated offenders in the following areas:

- personal development /mentoring/interpersonal skills/healthy lifestyles
- offending behaviour programmes
- supervision of offenders under a Community Service Order

Further information and application forms can be downloaded here:
www.pbni.org.uk/site/Content.aspx?x=9/Dp3nTx394=&y=jNqutlKtIXc=
The closing date for applications is 4.00pm on Friday 16 November.

Ulster Scots Agency Music and Dance Tuition Grants

The Ulster Scots Agency is seeking applications for Music and Dance Tuition Programme 2013. More information is available here: <http://ulsterscotsagency.com/news/article/104/music-and-dance-tuition-programme-2013/>

The programme closes to applications on 26th October 2012.