



## East Belfast Community Development Agency eBulletin

EBCDA's eBulletin is distributed on the **1<sup>st</sup> and 3<sup>rd</sup> Wednesdays** of each month. If you would like to submit a community news item, event, or training/funding opportunity please contact Trisha McQueen on 028 9045 1512 or email [trisha@ebcda.org](mailto:trisha@ebcda.org) on the Tuesday before by **11.00am**.

- 1. EBCDA News**
- 2. Community News**
- 3. Funding News**

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### 1. EBCDA News

#### Community Support

#### **EBCDA AGM and Seminar "A Healthy East Belfast"**

East Belfast Community Development Agency will be holding its Annual General Meeting for the 2011-2012 period and Seminar "A Healthy East Belfast" on **Friday 14 September** at **9.30am** in the **Aslan Centre, 13a Knocknagoney Road, Belfast BT4 2NR**.

#### Programme

9.30am	Registration
9.45am – 10.45am	Your personal health check and an opportunity for networking <ul style="list-style-type: none"><li>• Blood pressure check</li><li>• Dental health promotion</li><li>• Skin imaging</li><li>• Lung capacity</li><li>• Breast screening promotion</li><li>• Carbon Monoxide checks</li><li>• Smoking Cessation support/advice</li><li>• BMI Checks</li><li>• General health information</li></ul>
10.45am – 11.10am	Healthy Tea Break
11.10am – 11.30am	EBCDA AGM
11.30am – 12.00pm	A Healthy Knocknagoney
12.00pm – 12.30pm	A Healthy Community and Voluntary Sector Community Places – Community Planning Toolkit

I would be grateful if you contact Trisha on 028 9045 1512 or by email [trisha@ebcda.org](mailto:trisha@ebcda.org) to confirm your attendance.

#### **East Belfast Community Workers Forum**

The next meeting of the Forum will take place on **Tuesday 18 September** at **12.00pm** in **Greenway Women's Centre, Cregagh**. The meeting will include a presentation from Templemore Credit Union and information from Child Maintenance Choices. Please contact [trisha@ebcda.org](mailto:trisha@ebcda.org) or call 028 9045 1512 to confirm your attendance.

## **Pottinger PACT meeting**

The next public meeting of the Pottinger PACT (Partners and Communities Together) will take place on **Thursday 20 September** at **7.00pm** in **Westbourne Church**. The meeting is open to all residents in the Pottinger area.

PACT aims to identify, address, and resolve the root causes of community problems and concerns in partnership with community groups, elected representatives, key stakeholders and the police through the use of collaborative problem-solving and joint strategies.

## **East Belfast Ethnic Minority Support Network**

The next meeting of the network will take place on **Thursday 20 September** at **10.00am** in the **Micah Centre**, My Lady's Road. Any organisations with an interest in working with ethnic minorities are welcome to attend. To confirm your attendance please email Trisha at EBCDA [trisha@ebcda.org](mailto:trisha@ebcda.org) or tel. 028 9045 1512.

## **East Belfast Youth Providers Forum**

The Youth Providers Forum will be meeting again on **Tuesday 2 October** at **2.00pm** in the **Alternatives Drop-in**, Woodstock road. To confirm your attendance please email Trisha at EBCDA [trisha@ebcda.org](mailto:trisha@ebcda.org) or tel. 028 9045 1512.

## **"Ur City 2" Youth Small Grants**

EBCDA will be managing Belfast City Council's youth programme "Ur City 2" in East Belfast. Awards of up to £500 are available for groups in the **Inner East Belfast Neighbourhood Renewal area**.

Activities should promote interventions with young people under at least one of the following themes:

- Good Relations
- Community Safety
- Culture and Art
- Health and Wellbeing
- Environment

All projects and activities must be completed during the period **15 October 2012 – 22 February 2013**. Contact Trisha at [trisha@ebcda.org](mailto:trisha@ebcda.org) for a proposal form. Proposal forms must be signed by relevant office bearers and submitted to Jonny Currie, EBCDA Community Support Manager, by **4.00pm** on **Friday 21 September 2012**.

## **Health Development and Connections Programme**

### **Belfast Health Development Unit – Health and Wellbeing Survey**

Belfast City Council, the Public Health Agency and the Belfast Health and Social Care Trust are working to develop a plan to improve the emotional health and wellbeing of all those in Belfast, and are seeking your views on how this can be done. They want to hear from all members of the community, both those with and without personal experience of mental health or emotional wellbeing issues - to assess the full picture of emotional health in the city.

You can complete the survey online at [www.haveyoursaybelfast.com](http://www.haveyoursaybelfast.com) or you can complete a hard copy survey which you should have received in the post. If you did not receive a copy, and wish to receive one, you can email [Carrie.crossan@hseni.net](mailto:Carrie.crossan@hseni.net) or phone 028 9027 9388

### **East Belfast Men's Clinic**

EBCDA along with the Wise Men of the East Network will once again be supporting the start of the evening men's clinic at Holywood Arches Health Centre with health promotion information on Wednesday 1 August 2012 from **6pm till 8pm** and after that on every other Wednesday. The next clinic will be on **Wednesday 12 September 2012**.

As we all know men are less likely to engage in preventative health checks, to make infrequent use of health services and usually present late with their problems which can mean reduced treatment options. However, in the past 12

months 190 men have made use of the evening clinic which is a modest beginning. The exit survey showed that the clinic experience for the majority of the men was a motivation to improve their health and that they had also thought about a strategy to carry this out.

The clinic is taken by District Nurses and is aimed at men who have not had contact with their GP in the past 12 months. The service offers men over 35 years of age a check up for their weight, blood pressure, screening of their blood, cholesterol level and an opportunity to discuss their general health. The results of raised blood sugar levels, cholesterol, prostate problems, raised blood pressure etc are forwarded onto GPs and the men are advised to follow this up.

As well as men being referred by their GP men can also refer themselves to the clinic by leaving their details on an answering machine 028 9056 3307 and they will be contacted about an appointment.

For further information contact Alan Houston, Health Development Worker, on 028 9045 1512 or email [alan@ebcda.org](mailto:alan@ebcda.org)

## **Healthy Advice Drop In Clinic**

The Healthy Advice Drop In Clinic will be on **Wednesday 26 September 2012** in **Connswater Shopping Centre** from **11am – 2pm. Free to Everyone!! Pamper Sessions** of Massage Therapies, Make Up and Skin Care Advice, Age Progression – see how you will age according to your lifestyle!! **Health Checks** for Blood Pressure, Carbon Monoxide, Cholesterol, Lung Capacity Checks, Allergy Testing and Skin Scanner. **Health Information Stands** about Breast & Cervical Screening Awareness, Addiction Services, Dental Health, Diet Nutrition, Early Years. **Advice** on Digital SwitchOver Demonstrations, Support & Advice, Advice on Benefits Changes (Welfare Reform), Choices Child Maintenance Advisor, Home Safety Advice and Stop Smoking Support.

For further information please contact Sharon Traynor, Health Development Worker on 028 9045 1512 or email [sharon@ebcda.org](mailto:sharon@ebcda.org)

## **Volunteer Development Programme**

### **Latest East Belfast Volunteering Opportunities**

Oasis Caring in Action is currently recruiting Volunteer Drivers to help meet with the transportation needs of their new Maintenance & Cleaning Project. Company vehicle provided. Prospective drivers must have a full driver's license (Endorsements may have to be checked with their insurers). Please contact Jill Dunlop at the Oasis Centre on 028 9087 2277 for further details.

Choice Charity Fundraisers are a small group based in East Belfast. At present they are fundraising for Coronary Care at the Ulster Hospital. If this is a subject close to your heart, why not get involved. Please contact Noel on 07752385679 or email [noel@choicecf.org.uk](mailto:noel@choicecf.org.uk).

### **One Good Reason Action Day**

Building on last year's successful event Volunteer Now is organising a volunteering action day on **Friday 28 September 2012** to celebrate Active Aging Week. This One Good Reason Action Day is open to those aged 50+ who would like to have a go at volunteering for a morning with an organisation in their local community. Many charities and voluntary organisations provide vital services with the community; you'll have the chance to choose from a wide range of one off volunteering opportunities in advance including gardening, painting, dog walking, conservation work and many more!

Why not sign up as a group or club you're already a part of? Or come along on your own, you'll meet plenty of people on the day. This is a fantastic opportunity to find your one good reason to make volunteering part of your life. Will you take up the challenge? Register your interest now by calling 028 9023 2020 or 028 7127 1017.

### **Older Volunteer of the Year Award 2012**

Belfast City Council is inviting organisations and groups to nominate volunteers aged 60 and over who have made an outstanding contribution to their work or local communities over the last year. Nominees must be current volunteers

and nominations must come through the group or organisation the person volunteers for. The Older Volunteer Award celebrates the considerable contribution made by older volunteers to the work of organisations and groups across the city and gives an opportunity for groups and organisations to promote and recognise the difference older volunteers and their volunteering make to the people and communities of Belfast.

Nominations go 'live' next **Monday 10 September 2012** with nomination forms and guidance notes available on the council's website – [www.belfastcity.gov.uk/volunteering](http://www.belfastcity.gov.uk/volunteering). For more information contact Tracy Mawhinney, Community Development Officer on 028 9032 0202 extn 3775.

## **Nominate A Star – Mayor's Award for Volunteering 2012**

The Mayor's Awards for Volunteering Scheme have been developed by the Community Services Unit of Castlereagh Borough Council in partnership with the Mayor's Department and Volunteer Now. The aim of the awards is to recognise the valuable contribution and time commitment of the volunteers across the Castlereagh Borough Council area. The closing date for nominations is **4pm on Monday 17 September 2012** and shortlisted nominees and their nominator will be invited to attend the awards ceremony on **Wednesday 21 November** at **La Mon Hotel and Country Club**.

Volunteers can be nominated under one of following six categories:

- Young Volunteer of the Year Award (16- 25 years old)
- Adult Volunteer of the Year Award 25+
- Creative Arts Volunteer of the Year
- Community Relations & Cultural Diversity Award
- Supporting Volunteer of the Year Award (group category)
- Volunteer Now Unlocking Potential Award (60+ years)

For further details and a nomination pack, visit [www.castlereagh.gov.uk](http://www.castlereagh.gov.uk) or contact the Community Services Unit, Castlereagh Borough Council on 028 9049 4500 or email [communityservices@castlereagh.gov.uk](mailto:communityservices@castlereagh.gov.uk).

## **World Police and Fire Games 2013**

The World Police and Fire Games are the third largest multi-port competitions in the world and they're coming to Northern Ireland. You can be a part of it. The World Police and Fire Games takes place on 1 -10 August next year and is set to attract 10,000 competitors from over 70 countries to participate in 66 sports in 41 venues across Belfast and beyond, as well as a further 15,000 visitors. Team 2013 are pushing the starter button on a volunteer campaign to recruit over 3500 volunteers who will help deliver what's being billed as the friendliest Games ever. Building on the legacy of London 2012 Games Makers, which saw over 1700 local people apply to volunteer at the Olympic and Paralympic Games. Volunteer Now are seeking enthusiastic and motivated people, aged 16 and over, to get involved in a variety of roles both on and off the field of play.

Opportunities for volunteers to be a member of Team 2013 include roles both on and off the field of play within transport, registration, translation, sports venue branding, media, warehousing and many more exciting roles. The volunteer recruitment process goes live on **Monday 3 September** with applications to be submitted by **Wednesday 31 October 2012**.

Join in today by applying online at [www.2013wpfg.com/volunteers](http://www.2013wpfg.com/volunteers).

## **Volunteering Information**

If you want more information about any of the volunteering opportunities above or want to find out about volunteering opportunities in East Belfast and beyond fill in the online enquiry form <http://www.ebcda.org/volunteer-development/enquiry-form.html> or arrange an appointment with Katy Gaston, Volunteer Development Worker on 028 9045 1512 or email [katy@ebcda.org](mailto:katy@ebcda.org).

An up to date list of volunteer vacancies across East Belfast can be found online at <http://www.ebcda.org/volunteer-development/latest-opportunities.html>. If you'd like to receive regular news about volunteering opportunities contact Katy.

## **2. Community News**

## **World Suicide Prevention Day Event 10 September 2012**

World Suicide Prevention Day (WSPD) is held on 10<sup>th</sup> September each year as an initiative of the International Association for Suicide Prevention (IASP), and is co-sponsored by the World Health Organization (WHO) the theme for this year's event is "Suicide Prevention across the Globe: Strengthening Protective Factors and Instilling Hope". Monday 10 September 2012 marks the 10<sup>th</sup> anniversary of the World Suicide Prevention Day: ten years of research, ten years of prevention, and ten years of education and dissemination of information. WSPD is of great significance in raising suicide awareness across Northern Ireland. In Belfast we are planning several initiatives to highlight the day. The Belfast wide activities have been organised by representatives from North, South, East and West Belfast which includes representation from the regional Families Voices forum.

The annual 'Walk of Life' event walking, 'Out of the Darkness and into the Dawn' is a planned collective approach to mark World Suicide Prevention Day on **Monday 10 September 2012**. The Lord Mayor of Belfast Alderman Gavin Robinson will be the keynote speaker hosting the event at Belfast City Hall. Other groups from across the province will be in attendance to mark the day as one of hope and reflection. It is anticipated that the event will raise public awareness on the issue and highlight the ongoing work that is taking place to prevent suicide.

The walk is to signify walking through darkness and into the light as an expression of hope for those families and individuals affected by suicide. Groups from across Belfast and further afield from across N.I. will make their way to the City Hall where we will come together as an expression of support and solidarity to mark the day as a worldwide event. The departure point for East Belfast is at the **Hollywood Road Library**, leaving at **5am**. For more information please contact the Survivors of Suicide Support Group on 075 9574 5718.

## **"Hope 4 Youth" at Stormont on World Suicide Prevention Day**

East Belfast Survivors of Suicide Support Group is working in partnership with other suicide prevention groups across Belfast to mark world suicide prevention day on 10 September. A free event for young people aged 16-25 called "Hope 4 Youth" will be taking place at **Stormont** at **1.00pm** on **Monday 10 September**.

They are asking the young people to meet at the gates of Stormont at **1.00pm**, to then walk up the mall to Parliament Buildings where there will be a marquee with organisations from across Belfast who can offer help and support to young people on a range of issues. There will also be lots of other activities and a concert with local singers and bands.

They are trying to encourage as many young people as possible to attend the event from East Belfast and Castlereagh. Another part of the planned event is for 20 young people from across East Belfast and Castlereagh to join 60 other young people from North, South and West Belfast in the Long gallery for a question and answer session with some of the MLAs and Ministers.

This is an opportunity for young people to have their voices heard and have some fun too. If you have any young people who would like to take part in the question and answer session please contact Claire Curran on 07886036831 or email [c.curran@hotmail.co.uk](mailto:c.curran@hotmail.co.uk) in order to ensure the young people are prepared for the event.

## **East Belfast Arts Festival**

The East Belfast Arts Festival Programme for 2012 is now available to [download](#)

Over 40 events and exhibitions make up a kaleidoscope of visual arts, music, film, theatre, literature, comedy and magic that will take place in a variety of venues across east Belfast, including libraries, bars, cafes, social clubs, art galleries, shopping centres and hotels. Tickets for the Big Top Festival are available via [Ticketmaster](#). Tickets for ticketed events are available via [Skiddle](#). Full details of the festival and ticket information can be found at [www.eastbelfastartsfestival.org](http://www.eastbelfastartsfestival.org)

## **The Recall Project - New Address**

R.E.C.A.L.L (Reaching and Engaging with Community Advice and Link Line) have now moved to **Oasis — Caring in Action, 102-108 Castlereagh Street, Belfast, BT5 4NJ**. They are accepting new referrals for older and vulnerable people who would like to use our Good Morning Telephone Service, Advice Service and Befriending Service. The Good Morning Telephone Service offers a Telephone Carer checking that the person is safe and well and will give them information on community events, community safety and signpost them to other agencies for further advice. The

Advice Service offers people confidential, independent advice on a range of issues such as welfare benefits, tax credits, housing and debt. The Befriending Service offers older and vulnerable people the opportunity to be matched with a befriender who will visit them in their own home and provide support, company and a friendly chat. For more information please telephone Tel: 028 9087 2277 ext 215 or email [anne.ludlow@oasis-ni.org](mailto:anne.ludlow@oasis-ni.org)

## **Substance Misuse Services**

The Public Health Agency have published a list of Substance Misuse Services in August 2012. Please click [here](#) to see the list. All services are delivered across the whole of the Belfast Health and Social Care Trust area.

## **First Kicks Soccer Academy Development Night**

The First Kicks Development Night will take place on **Friday 7 September 2012** at **6pm - 8pm** at the **Boys Brigade Pitches, Belvoir Drive**. For Girls' Aged 6 – 11. Free of charge, just turn up and play. For further information contact Jackie Blyth 07894614305 or email [jblyth@irishfa.com](mailto:jblyth@irishfa.com)

## **Indoor Rowing/Keep Fit Class**

Dee Street Community Centre is launching an Indoor Rowing/Keep Fit Class in the Centre which is due to commence early September time. The course will run for 7 Weeks and is FREE of charge. All sessions will be facilitated by a qualified sports coach who will adapt course content to suit personal needs. The sessions will have a mixture of indoor rowing, using state of the art rowing machines and will also include keep fit floor exercises.

The sessions are intended to tone up the body but will also be fun and challenging for participants. If you have some spare time and are looking to try out something new then why not come along to one of our classes to be held on: **Mondays (Women Only) at 10am- 10-40am, 10.40 AM -11.20 am, 11.20am, 12 noon and Thursdays (Open to All) 6.30pm to 7.30pm**. Sessions are limited to 10 participants per class. Call now to book your place (Classes start early September). To Register or for more information please contact John Hunter 07977415547 or Stephanie McCann 028 9038 7692.

## **Ballybeen Women's Centre New Education and Training Courses**

Starting September 2012. Places are still available on some of our education and training courses: Essential English and/or Maths Skills, The Detail of Retail Programme, Women Moving On, PC Skills (Beginners' IT Skills), Aromatherapy and Reflexology, Baby Massage. For further information and enrolment contact Amanda Marshall, Education and Training Coordinator on 028 9048 1632 or email [amanda@ballybeenwomenscentre.org](mailto:amanda@ballybeenwomenscentre.org). Full details can be found at: [www.ballybeenwomenscentre.org](http://www.ballybeenwomenscentre.org)

## **East Belfast Arts Festival Radio**

East Belfast Arts Festival Radio is coming to Espresso East on **Wednesday 5 to Saturday 8 September 2012** at **11am to 3pm** daily.

The radio will be facilitated by Orchardville and Homely Planet radio network, an internet community radio station managed by the organization Beyond Skin. We are looking for talkers, listeners and musicians who are from or live in East Belfast to share their stories, experiences, culture and music. To make things more relaxed we won't be broadcasting live, but will edit the programmes to be hosted online shortly after.

What's it all about: Are you a talker with the 'the gift of the gab or have some burning issue you would like to share or would you like to tell a yarn'? Are you a listener who can you 'put people at ease, ask the nosy questions and keep the laughs coming'? Are you a musical whatever your instrument 'your voice or the Koziol (that's Polish for bagpipes!)? We would like to hear from you .....this is about your East Belfast Community. If you have always wanted to be a journalist for radio, now is your chance.

For more information contact: [alison.wilson@orchardville.com](mailto:alison.wilson@orchardville.com), [www.homelyplanet.org](http://www.homelyplanet.org) or <http://www.eastbelfastartsfestival.org>

## **Belvoir Parish Church Mother & Toddlers Group**

Tuesday Mother & Toddlers group is restarting for the season from **Tuesday 8 September 2012** in **The Family Centre of Belvoir Parish Church, Dunseverick Avenue** from **10am to 12pm**. All welcome for play, chat and refreshments. £1 per family. Contact Bernie Reid on 028 9064 5929.

## **Community Safety Regional Steering Group seeks voluntary and community sector representatives**

NICVA is currently seeking nominations for voluntary and community sector representatives on the Department of Justice's Regional Steering Group on Community Safety. The purpose of the Regional Steering Group on Community Safety is to:

- Provide strategic oversight of implementation of the Community Safety Strategy and Delivery Plan
- Assist the Delivery Groups to deal with any barriers to implementation of the Strategy or Delivery Plan
- Ensure that synergies between the work of the Delivery Groups are exploited (eg links between Anti-Social Behaviour and Alcohol and Drugs)
- Ensure that any cross-cutting actions from the Delivery Groups are taken forward effectively (eg media/communications issues, joint research)
- Ensure any linkages with other related Government strategies are identified in particular Reducing Offending Framework, DARD Rural White Paper, Prisons Review, Youth Justice Review etc.

Two nominees will be selected to represent the sector and will be expected to disseminate any information about the work of the Regional Steering Group. A member will also be required to proactively seek input to the steering group, particularly on cross-cutting issues. The nomination process includes the completion of a nomination form to be submitted by Friday 14 September with representatives selected at the end of September by the NICVA Executive. The nomination form can be accessed by clicking: <http://www.nicva.org/news/community-safety-regional-steering-group-seeks-sector-representatives> If you would like further information on the nomination process, please contact Patricia Stewart at [patricia.stewart@nicva.org](mailto:patricia.stewart@nicva.org) or 028 9087 7777.

## **Prince's Trust Personal Development Course**

It is a 12 week personal development programme that starts on **Monday 17 September 2012**. It includes a residential, work placements, interview prep, CV building and community work. It is for those 16-25 who are unemployed (they can be working part time/casually). It runs each day **9.30am-3.30pm/4pm** and is a free course. Those claiming JSA can still do so while 16/17 yr olds are entitled to a £30 allowance each week. Travel is also covered.

As well as developing teamwork and employability skills we build confidence and social skills. Each young person will work towards 2 qualifications: ESK ICT and a Level 1 or 2 Cert in Teamwork, Employability and Community Skills. For further information please contact James Lavery or Jennifer Campbell on 028 9053 3160 or 07760 144458 or email [JLavery@belfastmet.ac.uk](mailto:JLavery@belfastmet.ac.uk)

## **Migration Awareness and Ending Hate in our Communities Training**

Belfast City Council Good Relations Unit and South Belfast Roundtable run regular training events for community workers and organisations. Places are limited and available on a first-come, first-served basis. For more information or, to book a place, email [higginsmargaret@belfastcity.gov.uk](mailto:higginsmargaret@belfastcity.gov.uk)

Migration Awareness Training at **9.30am to 1.30pm**  
**Friday 14 September 2012**, Grosvenor House, Glengall Street, Belfast  
**Wednesday 3 October 2012**, Park Inn, (off Bedford Street, Belfast)  
**Friday 30 November 2012**, Grosvenor House, Glengall Street, Belfast

Migrant Awareness Training is a half-day workshop designed by South Belfast Roundtable and staff from our Good Relations Unit. It is an interactive session which explores inward and outward migration and the rights of migrant workers in Northern Ireland. It aims to dispel myths and provide practical information on issues relating to migration.

Ending Hate in our Communities Training at **9.30am to 1.30pm**  
**Thursday 27 September 2012**, Grosvenor House, Glengall Street, Belfast

**Tuesday 16 October 2012**, Grosvenor House, Glengall Street, Belfast

**Wednesday 5 December 2012**, Grosvenor House, Glengall Street, Belfast

Ending Hate in our Communities is a half day workshop that aims to give participants an understanding of the extent of bias, harassment and hate crimes in their community and the impact of bias and harassment on those targeted, as well as practical skills to help them respond to and prevent hate crime.

This project is supported under the Belfast Peace Plan by the European Union's European Regional Development fund through the [Peace III programme](#) for Northern Ireland and the border region.

## **One Makes A Difference Day**

This very special event will allow us to make a difference in the Walkway area working in partnership with the community, youth, statutory representatives and church friends on **Saturday 22 September 2012 from 9am to 2pm** at **Walkway Community Centre**. We will finish with a BBQ. Please do note the date and plan to join us. Your participation will prove that...ONE MAKES A DIFFERENCE! Come and bring your friends! Please let Rachael Davison, Centre Manager at Walkway know you are coming on 028 9059 5858.

## **"What 'The Yard' Means To Us Festival" Autumn 2012**

Braniel Community Celebrates and Commemorates its links with the world famous Harland & Wolff Shipyard... Something for everyone including... Reminiscing sessions, Harvest services, family fun day, coach trips, lectures, exhibition and concerts.

In the Braniel the iconic outlines of the Samson and Goliath cranes are a constant on our horizon. However, the shipyard is not simply on the periphery of Braniel it was and is at the heart of our community. Over half a century ago when people, like pioneers came to settle in the Braniel where did they go to work every day? Most, if not all, went to the world famous Harland & Wolff Shipyard and associated industries such as Sirocco Works, Short Brothers and the Ropeworks. In many ways 'the Yard' shaped the people in our community. Its memory and experiences are etched in many people's minds and hearts. The Yard was more than simply a 'Boat Factory'; it was a university for life. It was through the yard you found your first love, your accommodation, your motorbike, your car, your son's or daughter's first job...even your first kitchen!!! Given our historic links with the shipyard there is going to be a festival linked to the 'Yard' this coming Autumn.

For more information please contact Braniel Community Association on 028 9079 5053 or mobile 078 1856 6106 or [www.branielchurch.co.uk](http://www.branielchurch.co.uk)

## **Free Essential Skills Classes in Tullycarnet**

Did you leave high school without getting your GCSE Maths, English and ICT? Well now is your chance to catch up. Free Essential Skills Classes in Numeracy, Literacy and ICT starting in **September**. Delivered by Belfast Met tutors in Tullycarnet. \*12 Places per class and preference will be given to people who live in Tullycarnet estate. To register please email Tullycarnet Community Support Services [tcss2011@hotmail.co.uk](mailto:tcss2011@hotmail.co.uk)

## **Community Inspiration Award**

Do you know someone that is inspirational through their work with people with disabilities? Each year as part of Springboard's Peace Day Campaign, inspirational people are recognised in a ceremony in Belfast's City Hall on **Friday 21 September 2012** which is UN International Day of Peace. At this ceremony four Inspiration Awards are presented, one of which is the Community Inspiration Award which recognises and honours those who go that extra mile either through paid employment or voluntary work. As this year's theme is 'Disability' and we are looking to recognise those people who work with people with disabilities. We are therefore looking for nominations for the Community Inspiration Award from organisations, individuals or members of the public who wish to recognise and honour the achievements and role of an individual or a team who works/volunteers within the disability services field.

Eligibility Criteria: The Award is open to individuals and teams providing services in Northern Ireland, that make a significant contribution to the lives of people with a disability. Nominees will have made a significant contribution to improving the lives of people with a disability in the following areas: As direct support workers currently in a direct support role with people with a disability. As disability client services workers currently engaged in supporting people



with a disability to enhance independence, choice and community inclusion. As volunteers who work in the disability services field. To apply or for more information go to [www.peacedaycampaign.com](http://www.peacedaycampaign.com)

## **Victoria PACT Public Meeting and Special Event**

PACT (Police, Partners and Community Together) Public Meeting will be held on **Tuesday 25 September 2012 at 7pm in Heyn Hall, St Marks**. Special Focus on Hate Crime - How do we develop an inclusive society? As always at PACT there will be an opportunity to raise matters of community concern for ACTION by the PACT Panel.

Special Event with David Ford, Minister of Justice will be held on **Wednesday 3 October 2012 at 7:30pm in Heyn Hall, St Marks**. Belmont and District Council of Churches and PACT combine forces to host this joint meeting. If you have any queries please contact Peter Quigley, Chair of Victoria PACT on 07818062370 or email [peter.s.quigley@gmail.com](mailto:peter.s.quigley@gmail.com) For further details on PACT go to [www.victoriapact.webeden.co.uk](http://www.victoriapact.webeden.co.uk)

## **Half-Day Conference on New Mental Capacity Legislation NI**

On **Wednesday 26 September 2012 in The MAC, 10 Exchange Street West, Belfast BT1 2NJ**. Following the Bamford Review, the Department of Health, Social Services and Public Safety announced in 2009 that it is to introduce a new single Bill into the Assembly to reform mental capacity and mental health legislation in Northern Ireland. The legislation will provide for the regulation of situations where someone lacks the capacity to make decisions in a range of areas of life; including healthcare, welfare and financial decisions. The proposal is for a single Bill which takes a capacity-based approach, which includes mental health. This will mean that all those who lack capacity will be treated on an equal basis under the same legislation.

The half-day conference, organised in association with Disability Action, aims to inform stakeholders on the proposals for the development of the Northern Ireland Mental Capacity (Health, Welfare, Finance) Bill. In particular, there will be an opportunity to learn about and contribute to the Department of Justice's current public consultation on proposals to extend new mental capacity legislation to the criminal justice system.

Those attending the conference will hear firsthand from the DoJ and DHSSPS on their legislative proposals, discuss with the panel of speakers how effectively the legislative proposals will safeguard the rights of the individual, be able to inform the development of the legislation.

Speakers confirmed: Edwin Poots MLA, Minister of Health, Social Services and Public Safety, David Ford MLA, Minister of Justice, Professor Roy McClelland, the former Chair of the Bamford Review of Mental Health and Learning Disability, Monica Wilson, Chief Executive, Disability Action, Dr Frederick Browne, Consultant Forensic Psychiatrist, Bill Halliday, Chief Executive, Mindwise, Dr Colin Harper, Head of Disability Action's Centre on Human Rights, Representative from the Northern Ireland Law Commission.

For full programme click [here](#) To register for this event, please click [here](#) or alternatively email your details to [kelly@chambrepa.com](mailto:kelly@chambrepa.com) (payment is via invoice or credit card). Refreshments and lunch are included. Delegate Fee: £125 + VAT @ 20% = £150 Discounted rate for Disability Action members: £105 + VAT @ 20% = £126

## **'Network Earth: Pro-Active Citizen' Training Programme**

The programme is aimed at Youth and Community workers, Young Leaders and Trainers from Northern Ireland, Scotland, England and Wales that work directly with young people and is designed to address and alter participants perceptions of 'others' through the examination of poverty at a local, regional, national and European level and in doing so promote the responsibilities of participants to initiate actions that addresses identified issues with young people in their communities.

The programme will take place in Derry~Londonderry, Northern Ireland between 27-30 September 2012 and designed for those who have an interest in and commitment to the examination of poverty and the willingness to work with young people post-training to develop local responses. Up to twenty-four participants can take part and places will be equally distributed among participating countries. For further information contact Fergal Barr at [thekingisalive@hotmail.com](mailto:thekingisalive@hotmail.com)

## **Greenpower – Inspiring Engineers**

An amazing opportunity has now become available to local young people thanks to an investment made by Tomorrow's Engineers. The investment will enable The Greenpower Educational Trust to bring their pioneering educational experience to Northern Ireland. Over a racing season, young people will form teams, then design, build and develop a car propelled by an electric motor. The teams will put their creation to the test by driving it in regional heats and if successful, a national final at the Goodwood Motor Circuit in West Sussex. The competitive focus is on efficiency, innovation, skill, and spirit, rather than speed. Over 200 primary schools and 200 secondary schools across the UK participate in the different Greenpower events as well as independent youth groups. Teams from industry like Jaguar Land Rover and from Europe also compete against the top school teams in the Corporate Challenge. Success from team Silesian Greenpower in Poland has become a regular occurrence and this year will see the arrival of the first American team representing the Huntsville Center of Technology, Alabama.

The initial focus of Greenpower in Northern Ireland will be on assisting ten primary schools towards the goal of competing in a regional IET Formula Goblin (ages 9-11) competition in May 2013. However opportunities also exist for proactive youth groups, schools and colleges to work towards establishing IET Formula 24 (ages 12-16) and IET Formula 24+ (ages 16-25) teams with full support from the Northern Ireland Greenpower Ambassador Team which could then compete in a Regional Heat in Britain.

For more information or to get involved, please contact the Northern Ireland Ambassador Team on 01243 552305 or by e-mail Keith Patterson: [keith.patterson@greenpower.co.uk](mailto:keith.patterson@greenpower.co.uk) or Stuart Christy: [stuart.christy@greenpower.co.uk](mailto:stuart.christy@greenpower.co.uk)

## **Men's Health Seminar**

Belfast Men's Health Group would like to invite you to a special free seminar in Men's Health "Achieving a sustainable Men's Health Clinic" at **NICVA**, 61 Duncairn Gardens, Belfast, BT15 2GB on **Friday 12 October 2012** from **9.15am to 1.00pm**. A light lunch will be provided. The seminar will be facilitated by Jim Leishman who runs a successful Men's Health Clinic in Scotland. To reserve a place please contact Sinead on 028 90564930 or email at [sinead.mcgreevy@belfasttrust.hscni.net](mailto:sinead.mcgreevy@belfasttrust.hscni.net) as soon as possible as places are limited.

## **Alzheimer's Society Dementia Activity Group**

We hope to change people's lives by preventing isolation that they may feel. We aim to do this by providing a social informal setting where there will be peer support to share experiences and gain practical information on living with dementia. Staff and volunteers will facilitate discussions and there will also be facilitated speakers on the topics that are most important to the individual group.

Alzheimer's society recognises having dementia does not make a person, a person's personality, interests and history make someone who they are. We want to ensure we do not forget the person and be taken over by the impact of the illness. Therefore the concentration of each group will be on a range of activities such as reminiscence, light exercise, social hobbies and cognitive stimulation.

The East Belfast group will be held on **30 October, 27 November** then every 4th Tuesday of each month in **Hollywood Arches Library** at **10.30am - 1.30pm**. The service is in a closed group structure. A person wishing to attend is to meet the set criteria and go through the referral process of a confirmed diagnosis of dementia; must be in the early-moderate stage of dementia, with no personal care needs and must attend with a carer/friend/family member. For a referral or more information please contact Nicola Neill and Roisin Coulter, Alzheimer's Society North Down and Ards on 028 9181 0083 or e-mail [Nicola.neill@alzheimers.org.uk](mailto:Nicola.neill@alzheimers.org.uk) or [roisin.coulter@alzheimers.org.uk](mailto:roisin.coulter@alzheimers.org.uk)

## **Belfast Waterfront & The Ulster Hall - Community Access Scheme**

At Belfast Waterfront and Ulster Hall we are dedicated to engaging with local charities, community groups and youth groups. Our Community Access Scheme forms a key part of our outreach work and offers the benefits of: free access to our community art galleries; community ticketing programme which offers community groups discounted concert tickets; free rehearsal and workshop space for registered groups ; community hire rate for Studio.

The Community Access Scheme is open to all community groups currently operating within Northern Ireland. In order to qualify for the scheme groups must complete an application form and demonstrate that they are active, inclusive and non party political via the submission of the following documentation: a governing document (e.g. constitution, articles of association, memorandum of understanding) which include a community or social benefit clause, Minutes of recent Board or Committee meeting, a list of current Board or Committee members.

To request an application form and for more information about the scheme, please contact Mark de Conink on 028 9033 4423, or email [deconinkm@waterfront.co.uk](mailto:deconinkm@waterfront.co.uk)

## 3. Funding News

If you would like any assistance with applying for any of the funding opportunities below please contact Jonny Currie, Community Support Manager on 90 451512 or email [jonny@ebcda.org](mailto:jonny@ebcda.org).

### **Belfast Policing and Community Safety Small Grants**

Constituted community and voluntary groups in Belfast can apply for a small grant to deliver projects which reduce actual and perceived levels of crime and other aspects of antisocial behaviour in their area. Projects must take place between Monday 15 October 2012 and Saturday 23 February 2013.

Application forms and information are available from Monday 3 September 2012, you can download a blank application form and information sheet from [www.belfastcity.gov.uk/communitysafety/smallgrants](http://www.belfastcity.gov.uk/communitysafety/smallgrants)

Alternatively, call Aileen Turley on 028 9027 0469 and request an application form by post. For general advice on your proposed project, please attend the information session for East Belfast: Thursday 6 September 2012 at 7pm - 8pm in City East, 68-72 Newtownards Road, Belfast, BT4 1GW or contact Terry Quinn, East Belfast Antisocial Behaviour Officer on 07825140634.

### **Comic Relief Local Communities Programme**

The Community Foundation for Northern Ireland is delighted to announce it will be one of the delivery partners for Comic Relief's Local Communities programme. Comic Relief is working with the Community Foundation Network (CFN) and Community Foundations across the UK, to deliver this funding and the Community Foundation for Northern Ireland will be distributing the funds in Northern Ireland.

The amount of grant money available for the Comic Relief Local Communities programme in Northern Ireland is £62,900 for 2012-13. Under the programme, organisations can apply for funding to increase local services, build skills of local people, increase community cohesion, respond to local economic needs and increase access to sport and exercise for people who face social exclusion and isolation.

Organisations which have received a Community Cash grant or any other grant from a Community Foundation can apply for a Local Communities grant. However organisations which already hold a grant directly from Comic Relief, cannot apply for a Local Communities Grant. A Local Communities grant must be at least 30% of the total cost of the project.

Community/voluntary groups, residents associations, community centres are amongst the groups eligible for funding with the types of activities that might be funded including projects providing access to benefits advice, projects combating fuel poverty, community consultation exercises, community employment projects, food co-ops, running costs, committee and volunteer/staff training and community sport activities. Applications are now open. To apply and for more information, visit <http://www.communityfoundationni.org/Grants/Comic-Relief-Local-Communities>.

The closing date for applications for 2012-13 grants is **Friday 7 September 2012 at 1.00pm**.

### **BT Community Connections Award**

If you are a community group or charitable organisation which helps or wants to help people access the internet and improve their ICT skills, you could be eligible to receive 12 months' free broadband from BT. Applying for a BT Community Connections award is easy, simply go to [www.bt.com/communityconnections](http://www.bt.com/communityconnections) to access the online application form and read the full rules and guidance notes. The closing date for applications is **Friday 7 September 2012 at 5.30pm**.

For further information please contact BT Community Connections on 0845 257 6792 or email [info@btcommunityconnections.com](mailto:info@btcommunityconnections.com)

## **Active Belfast Grants**

Working through the Belfast Strategic Partnership, Active Belfast has launched a new grant scheme, which aims to support more people to be active in the key areas of workplace and schools.

In total there will be £50,000 of support available to each of the 2 key areas listed above, with £25,000 towards a large scale citywide programme in each key area (priority 1) and £25,000 to support local community programmes in each of the key areas (priority 2). The minimum awards for a local community grant will be £1,000 and the maximum £5,000.

Please note the closing date for receipt of applications is **Monday 17 September 2012 at 10.00am**. For more information on the grants please contact Martina Smyth at [martina.smyth@bhdu.org](mailto:martina.smyth@bhdu.org) or call 028 9050 2073.

## **McDonalds Kick-Start Community Soccer Grants**

The McDonalds Kick Start scheme is a new programme to support local community football teams to grow, develop their players and build links with the community with grants ranging from £500 to £2500.

You can apply for a grant on behalf of your club, as long as they are recognised by your national FA - so in Northern Ireland's case the IFA (Irish Football Association) and have at least one team at or below junior (U18) level. You must be over 18 and involved with the club at some level, such as a coach, volunteer or parent and there is only one application can be made per club per project application period.

You can apply for anything, which will help to support, grow or develop your players and the community for one-off grants of between £500 to £2500 including VAT for a single project. There are two remaining application cycles in 2012 and any club can only make one application per cycle.

**Opens 1 July and closes 30 September 2012**

**Opens 1 October and closes 31 December 2012**

Full information about McDonalds Kick Start is available at

[www.mcdonalds.co.uk/ukhome/Sport/Football/Investment/small-grant.html](http://www.mcdonalds.co.uk/ukhome/Sport/Football/Investment/small-grant.html).

## **Belfast City Council Community Development Project Grant**

This grant aims to support Belfast-based organisations with small scale funding (up to a maximum of £500) to deliver projects and programmes in local neighbourhoods, for example:

- developing a community building's programme
- enabling new groups to become established in areas where there is little or no community activity
- contributing to the ongoing organisational or programme costs of small community projects
- supporting short courses that aid the development of self confidence and skills for committees and volunteers

Please note that priority may be given to applicants not awarded funding at the previous open call in March 2012. The deadline for applications is **4pm on Thursday 4 October 2012**. Late applications cannot be accepted. Visit <http://www.belfastcity.gov.uk/funding/communitydevelopment.asp> for more information.

## **Castlereagh Borough Council one day Funding Conference**

Castlereagh Borough Council one day Funding Conference will be on **Monday 15 October** from **10am to 4pm** in **Castlereagh Hills Golf Club**. In response to an increasing number of funding enquires from local community groups, Castlereagh Borough Council is holding a one day funding conference to provide interested groups or persons with the required skills and knowledge to make successful funding applications.

You will benefit from: Workshops facilitated by NICVA focussed on; Community Fundraising; Community Grants. Meet local charities and community groups who have successfully secured funding from Government bodies i.e. Big Lottery or Foundation Funding for example the Community Foundation. Meet the funders: A selection of funding bodies will be in attendance to help advise you regarding applications. They will provide information on what funding is available to you. This event is free and places are limited, please contact Yvonne Burke on 028 9049 4645 or email [yvonneburke@castlereagh.gov.uk](mailto:yvonneburke@castlereagh.gov.uk) for more information.