



East Belfast Community Development Agency eBulletin

EBCDA's eBulletin is distributed on the **1st and 3rd Wednesdays** of each month. If you would like to submit a community news item, event, or training/funding opportunity please contact Trisha McQueen on 028 9045 1512 or email trisha@ebcda.org on the Tuesday before by **11.00am**.

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1. EBCDA News

Community Support

East Belfast Community Workers Forum

The next meeting of the Community Workers Forum is on Tuesday 16 October at 12.00pm in the Exchange Church, Albertbridge Road (the old YMCA building). The meeting will include a presentation from East Belfast Alternatives on their recent graffiti-mapping research, and a presentation on the East Belfast Men's Health Clinic. Please confirm your attendance by contacting Trisha at 9045 1512 or email trisha@ebcda.org.

East Belfast Ethnic Minority Support Network

The next meeting of the network is on Thursday 18 October at 10.00am in the Micah Centre, My Lady's Road. Please confirm your attendance by contacting Trisha at 9045 1512 or email trisha@ebcda.org

East Belfast Youth Providers Forum

The next meeting of the Youth Providers Forum is on Tuesday 6 November at 2.00pm in the Alternatives Drop-in, Woodstock Road. Please email trisha@ebcda.org or call 9045 1512 to confirm your attendance.

Victoria PACT Meeting

The next meeting of the Victoria PACT (Partners and Community Together) will take place on Tuesday 27 November at 7pm in Heyn Hall, St Mark's Church, Hollywood Road.

Health Development and Connections Programme

Lay Health Information Workers Open Meeting

The next open lay health information volunteers meeting is taking place on **Tuesday 30 October 2012** from **9am till 1pm** at **Knockbreda Wellbeing and Treatment Centre**, Case Conference Room 2, followed by lunch at Short Strand Cafe. The Network has invited Recall, Cruse and the Alzheimer Society to give informal presentations of their work. This is also an opportunity to learn more about becoming involved as a volunteer lay health worker. Lay health

workers play an important role in passing on health information, raising health issues with the Patient Client Council, participating in the organisation of health events, meeting and greeting at the evening men's clinic, participating in and promoting physical activities such as cycling, walking, fishing and gardening.

There will also be a sub group meeting of volunteers on **Tuesday 9 October 2012** at the **Ballyoran Centre** in Ballybeen at **10am** to share information and opportunities for volunteering and training. For more information contact Alan Houston, Health Development Worker, on 028 9045 1512 or email alan@ebcda.org

East Belfast Men's Clinic

EBCDA along with the Wise Men of the East Network will once again be supporting the start of the evening men's clinic at Holywood Arches Health Centre with health promotion information on Wednesday 1 August 2012 from **6pm till 8pm** and after that on every other Wednesday. The next clinic will be on **Wednesday 10 October 2012**.

As we all know men are less likely to engage in preventative health checks, to make infrequent use of health services and usually present late with their problems which can mean reduced treatment options. However, in the past 12 months 190 men have made use of the evening clinic which is a modest beginning. The exit survey showed that the clinic experience for the majority of the men was a motivation to improve their health and that they had also thought about a strategy to carry this out.

The clinic is taken by District Nurses and is aimed at men who have not had contact with their GP in the past 12 months. The service offers men over 35 years of age a check up for their weight, blood pressure, screening of their blood, cholesterol level and an opportunity to discuss their general health. The results of raised blood sugar levels, cholesterol, prostate problems, raised blood pressure etc are forwarded onto GPs and the men are advised to follow this up.

As well as men being referred by their GP men can also refer themselves to the clinic by leaving their details on an answering machine 028 9056 3307 and they will be contacted about an appointment.

For further information contact Alan Houston, Health Development Worker, on 028 9045 1512 or email alan@ebcda.org

Special Seminar on Men's Health Clinics

The theme of achieving a sustainable Men's Health Clinic is being organised by Belfast Men's Health Group at **NICVA** on **Friday 12 October 2012** from **9.15am to 1pm** with a light lunch provided. The seminar will be facilitated by lead Nurse Jim Leishman at the Camelon men's health centre in Scotland's Forth Valley and Jim has ten years experience of delivering services to men. To reserve a place please contact Sinead McGreevy on 028 9056 4930 or by email sinead.mcgreevy@belfasttrust.hscni.net or for further information contact; Alan Houston, Health Development Worker on 028 9045 1512 or email alan@ebcda.org.

Action Cancer Big Bus comes to Knocknagoney

The Big Action Cancer Bus comes to Knocknagoney Primary School car park on **Friday 19th October** from **10.00am - 4pm**. There are still a number of appointment slots available to members of the community to avail of free Breast Screening, Body Composition/Health Checks, Skin Scanner and Listening Ear Service. To register or book your appointment contact Jackie Harper at Glenluce Quality Caring Centre Knocknagoney on 07702361174 or 07517390092 as the remaining free slots will be allocated on a first come first served basis.

For further information or enquiries you may also contact Chris Deconink, Health Development Worker at EBCDA on 028 9045 1512.

Health Advocacy Programme

EBCDA Health Development and Social Connections Programme are currently recruiting for their annual Health Advocacy Programme, details of which are shown below.

Week 1 Tuesday 30 October at 11am-1pm "What we need to know about Welfare Reform" – Facilitated by East Belfast Independent Advice Centre.

Week 2 Tuesday 6 November at 2pm-5pm Stormont Visit - Q&A session with Social Development Chairperson Alex Maskey on Welfare Reform.

Week 3 Tuesday 13 November at 10am-1pm "Safe Talk"- Accredited Suicide Awareness Training.

Week 4 Tuesday 20 November at 11am-1pm "Transforming Your Care" Health Consultation, what this means for you and your family.

To register for this innovative programme please contact Marie Anne at EBCDA on 028 9045 1512 or email marie@ebcda.org For further information on the programme contact Chris Deconink Health Development Worker at EBCDA on 028 9045 1512. We look forward to seeing you for what should be an action packed programme.

"Safetalk" Suicide Awareness Training

East Belfast Community Development Agency are providing free "Safetalk" Suicide Awareness training to the community on **Tuesday 13 November at Walkway Community Centre at 9.30am - 1pm**. To register for this excellent training which will help you to recognise and help when someone is in crisis, contact Marie Anne at EBCDA on 028 9045 1512 or email marie@ebcda.org

If you wish to discuss further aspects of the training feel free to contact Chris Deconink, Health Development Worker at EBCDA on 028 9045 1512 or email chris@ebcda.org who will be happy to answer your questions.

Supporting Men at Carew Family Centre

EBCDA and The Wise Men of the East Network provided support to the Carew Family Centre for a programme of history films of Belfast, MOT checks, hair cuts and massage on Friday 28 September 2012. Twenty four men registered for the event from five different men's groups with five men being successful in receiving fantastic shopping vouchers and all men received goodie bags of grooming items. The hospitality was second to none on the day and it was a great success with the family centre rocking with the sounds of male voices. Men in east Belfast didn't let this opportunity pass by and the staff at the centre were overwhelmed with the activity, hoping to build and strengthen these links in the future.

For further information contact Alan Houston, Health Development Worker on 028 9045 1512 or email alan@ebcda.org or telephone Carew on 028 9045 1730.

Men's Shed Exchange

The Wise Men of the East Network (WMEN) is taking part in an exchange programme with Geevagh Men's Shed Project when they travel to Sligo on Thursday 18 October 2012 for three days. Supported by the Community of Lough Arrow Social Projects (CLASP) and IFI funding a programme based around local history, culture and employment has been arranged. Both groups are interested in providing community programmes that keep older people active in their communities and homes as long as possible. CLASP has 13 years of service delivery while the WMEN has 10 years under its belt of supporting projects and local men's groups. The contrast between the two groups is huge in terms of the urban and rural divide, sporting traditions, cultural traditions and politics however they hope to learn from each other on how to combat common barriers faced by men.

For further information contact; Alan Houston, Health Development Worker, on 028 9045 1512 or email alan@ebcda.org

Volunteer Development Programme

Latest East Belfast Volunteering Opportunities

Oasis Caring in Action is currently recruiting Volunteer Drivers to help meet with the transportation needs of their new Maintenance & Cleaning Project. Company vehicle provided. Prospective drivers must have a full driver's license (Endorsements may have to be checked with their insurers). Please contact Jill Dunlop at the Oasis Centre on 028 9087 2277 for further details.

Choice Charity Fundraisers are a small group based in East Belfast. At present they are fundraising for Coronary Care at the Ulster Hospital. If this is a subject close to your heart, why not get involved. Please contact Noel on 07752385679 or email noel@choicecf.org.uk.

Dee Street Community Centre is looking for volunteers to get involved in their youth programmes. Volunteers help to facilitate the smooth running of their youth schemes on Mondays, Tuesdays and Wednesdays by supporting, organising and mentoring the young people. At the moment they are particularly welcoming volunteers who are available on Tuesdays. For more information contact Andrew McDermott on 028 9045 8113 or email mcdermotta@belfastcity.gov.uk.

Older Volunteer of the Year Award 2012

Belfast City Council is inviting organisations and groups to nominate volunteers aged 60 and over who have made an outstanding contribution to their work or local communities over the last year. Nominees must be current volunteers and nominations must come through the group or organisation the person volunteers for. The Older Volunteer Award celebrates the considerable contribution made by older volunteers to the work of organisations and groups across the city and gives an opportunity for groups and organisations to promote and recognise the difference older volunteers and their volunteering make to the people and communities of Belfast.

Nominations went 'live' on **Monday 10 September 2012** with nomination forms and guidance notes available on the council's website – www.belfastcity.gov.uk/volunteering. The closing date for entries is 4.30pm on **Friday 19 October 2012**. For more information contact Tracy Mawhinney, Community Development Officer on 028 9032 0202 ext 3775 or email mawhinneyt@belfastcity.gov.uk.

World Police and Fire Games 2013

The World Police and Fire Games are the third largest multi-port competitions in the world and they're coming to Northern Ireland. You can be a part of it. The World Police and Fire Games takes place on 1 -10 August next year and is set to attract 10,000 competitors from over 70 countries to participate in 66 sports in 41 venues across Belfast and beyond, as well as a further 15,000 visitors. Team 2013 are pushing the starter button on a volunteer campaign to recruit over 3500 volunteers who will help deliver what's being billed as the friendliest Games ever. Building on the legacy of London 2012 Games Makers, which saw over 1700 local people apply to volunteer at the Olympic and Paralympic Games. Volunteer Now are seeking enthusiastic and motivated people, aged 16 and over, to get involved in a variety of roles both on and off the field of play.

Opportunities for volunteers to be a member of Team 2013 include roles both on and off the field of play within transport, registration, translation, sports venue branding, media, warehousing and many more exciting roles. The volunteer recruitment process went live on Monday 3 September with applications to be submitted by **Wednesday 31 October 2012**.

Join in today by applying online at www.2013wpfg.com/volunteers.

Volunteering Information

If you want more information about any of the volunteering opportunities above or want to find out about volunteering opportunities in East Belfast and beyond click [here](#) to fill in the online enquiry form or arrange an appointment with Katy Gaston, Volunteer Development Worker on 028 9045 1512 or email katy@ebcda.org.

An up to date list of volunteer opportunities across East Belfast can be found online by clicking [here](#). If you'd like to receive regular news about volunteering opportunities contact Katy.

2. Community News

Lagan Village Youth & Community Group

From Monday 1 October 2012 the Bridge Youth Projects and Bridge Community Association will no longer be operating out of what was Lagan Village Hall as both projects are now closed. From Monday 1 October 2012 Lagan Village Youth & Community Group will be located and operating out of the hall on Ballarat Street which is now renamed as Lagan Village Youth & Community Centre. The new contact details are:

Michael Logan
Youth & Centre Coordinator

Lagan Village Youth & Community Group
Lagan Village Youth & Community Centre
15 Ballarat Street
Belfast
BT6 8FW

Telephone: 028 9045 6993
Email: Centre Coordinator: laganvillage@gmail.com
Admin Office: infolaganvillage@gmail.com
Website: www.laganvillage.webs.com
Facebook: www.facebook.com/LaganVillage

Update on the Yard Project

The Braniel community has strong links with the shipyard. These are both historical and current. Recognising this the 'Yard Project' is taking place. The 'Yard Project' is a collaboration between Braniel Primary School, DreamScheme and Braniel Church and others in the local community. It is being facilitated by the BBC who are training some of the older young people to capture the stories on camera and also Engage with Age who are helping with people to reminisce. With regards to 'the Yard' the project seeks to: Celebrate the Craftsmanship, Honour the Sacrifice, Treasure the Memories and Pass on the Legacy.

There are a number of key events with regards to the Yard Project and tied into these is an exhibition. It is hoped to have an exhibition of "what the Yard means to ourselves in the Braniel". We would therefore encourage you that if you have, or someone in your family or circle of friends have stories about 'the Yard' to contact us in order that these could be noted and recorded in some way. If you can come to the next reminiscing session or indeed if you know someone for whom it would be easier for them to talk in their home we can arrange for them to be visited. Please do contact us at...if there was a story that could be told about yourself or someone you know. The children from Braniel Primary School are going to be "Painting, Drawing Crayoning the Cranes" and their own work will also be displayed in the exhibition.

There are a number of events that are going to take place in the next couple of weeks
Sunday 7 October Harvest Service 'Fruit of the Yard' with Braniel Primary School Choir at **11am**
Sunday 7 October Songs of Praise at **7pm**
Thursday 11 October "An evening of song and story about the shipyard" at **8pm**
Friday 12 October Tea Dance at **2pm**
Saturday 13 October Family Fun Morning from **10:30am**
All the above events are in **Braniel Church** unless stated otherwise

For further information please contact John Wonnacott on 07989302455 or email john.wonnacott@irishmethodist.org

Free history of Protestants and the Irish language Workshops

East Belfast Mission is providing free workshops which explore the hidden history of Protestants and the Irish language. The workshop reveals little known facts about the Unionist community's Irish language heritage and shows how even today we use many Gaelic words in our everyday speech. We also run 2 beginners Irish classes Mondays at 7 - 9pm for total beginners and Tuesdays 6.30pm – 8pm for beginners. For more information or to arrange a workshop, contact Linda Ervine 028 9045 8560 or 07824348988 or email linda.ervine@ebm.org.uk

Areas Focus Meeting

Belmont and District Council of Churches and Victoria PACT are holding a Joint Meeting with the Minister of Justice David Ford on **Wednesday 3 October 2012** at **7:30pm** in **Heyn Hall, St Marks**. This event allows us to hear from key leaders in our society on current issues. There will also be brief presentations on BDCC and PACT.

Free Finance Workshop

Free training for groups working with older people or older people groups. What the workshop will focus on Information on the legal financial requirements for groups, simple templates for keeping income and expenditure accounts, understanding how to operate Petty Cash, guidance/training on how to use templates on daily basis, Easy to understand, practical examples, questions and answers, hear fundraising ideas from other groups. The training is

suitable for any older group member interested in ensuring group runs effectively, volunteers with older peoples groups who work with the groups finance and any group that works with/for older people. This will be a practical useful session. Everyone attending will receive resources and templates they can use daily within their group. To register please contact Ciaran on 028 9023 2587 or email admin@communitychange-ni.org

Audit of experiences within Mental Health Services

Mental health conditions are among the most common illnesses in the UK affecting around one in five with Northern Ireland having the highest incidences in the UK. A landmark project was launched bringing together health and social care professionals, users of services, carers and families to help improve "the experience of users and carers" as outlined in the principles, standards and recommendations of the Bamford Review of Mental Health & Learning Disability in Northern Ireland (2005) and through standards 10-26 of the Mental Health and Wellbeing Service Framework. It will also help inform service planning, practice development and staff training. GAIN, the Public Health Agency and the Health & Social Care Board are leading this pioneering piece of work. For the first time the project will collect details of people's journey in 'story' form. This will show how mental health treatment and care services are perceived by service users and carers.

The web address <http://eu.sensemaker-suite.com/gain/index.html> will be up and running for anyone to access and tell their 'story/experience'. Help is available to those who wish to participate but do not want to do this electronically by contacting the GAIN Office. Stories about experiences will be collected from 1 August to 31 October 2012. For further information please contact Nicola Porter, GAIN Manger on 028 9052 0629 or the website: www.gain-ni.org

Substance Misuse Services

The Public Health Agency have published a list of Substance Misuse Services in August 2012. Please click [here](#) to see the list. All services are delivered across the whole of the Belfast Health and Social Care Trust area.

Belfast Restaurant Week

Belfast Restaurant Week is a citywide celebration of local cuisine and will take place from **Saturday 6 to Saturday 13 October 2012**. With over 70 eateries taking part, the week is an opportunity for our local chefs to show-case the best dishes their kitchens can provide. From the delights of Asian cuisine to traditional fayre and fine dining, the week offers something for all tastes and budgets.

About our local eateries. Belfast is home to a highly diverse range of eating out options, from high end dining and award-winning takeaways, to homely cafes and fashionable bistros. Our city also has some of the most dedicated and gifted chefs and food heroes, many with award-winning credentials, attracting national media attention and recognition. Belfast Restaurant Week is a Belfast City Council initiative, supported by the NI Food Programme and Northern Ireland Tourist Board. For more information on all Belfast Restaurant Week events, promotions and menus go to www.gotobelfast.com/belfastrestaurantweek

Migration Awareness and Ending Hate in our Communities Training

Belfast City Council Good Relations Unit and South Belfast Roundtable run regular training events for community workers and organisations. Places are limited and available on a first-come, first-served basis. For more information or, to book a place, email higginsmargaret@belfastcity.gov.uk

Migration Awareness Training at **9.30am to 1.30pm**

Friday 30 November 2012, Grosvenor House, Glengall Street, Belfast

Migrant Awareness Training is a half-day workshop designed by South Belfast Roundtable and staff from our Good Relations Unit. It is an interactive session which explores inward and outward migration and the rights of migrant workers in Northern Ireland. It aims to dispel myths and provide practical information on issues relating to migration.

Ending Hate in our Communities Training at **9.30am to 1.30pm**

Tuesday 16 October 2012, Grosvenor House, Glengall Street, Belfast

Wednesday 5 December 2012, Grosvenor House, Glengall Street, Belfast

Ending Hate in our Communities is a half day workshop that aims to give participants an understanding of the extent of bias, harassment and hate crimes in their community and the impact of bias and harassment on those targeted, as well as practical skills to help them respond to and prevent hate crime.

This project is supported under the Belfast Peace Plan by the European Union's European Regional Development fund through the [Peace III programme](#) for Northern Ireland and the border region.

Nominate for a Community Outdoor Gym Equipment

Delegates and visitors at Active in the Community will be eligible to nominate a local community for the opportunity to receive £18,000 of outdoor gym equipment supplied and installed by The Great Outdoor Gym Co. Check out this video of outdoor Gym equipment installed recently in Wallace Park, Lisburn. [Click here](#) to view video. To download a nomination form [click here](#) Active in the Community takes place at **The Ramada Hotel, Shaw's Bridge, Belfast on 9 and 10 October 2012**. For further information visit www.activeinthecommunity.com

"Fit and Well - Changing Lives" Consultation

Participate in the Community Development and Health Network workshops on the new Public Health Framework, "Fit and Well –Changing Lives". This is an open consultation and a fantastic opportunity to share your views and help shape the future of Public Health in Northern Ireland. The Belfast Area Consultation will take place in **Groundwork Northern Ireland, 63 –75 Duncairn Gardens, Belfast, BT15 2GB on Friday 12 October 2012 at 10.30am – 12.30pm**. Early registration is advised as places are limited. To book your place please email ruthmurphy@cdhn.org or telephone 028 3026 4606

Paisley & Me – Community Showcase Evening

You are invited to a colourful evening of performances, preview and discussion by local community groups and professional actors in advance of the high profile performance of Paisley & Me which opens in the Grand Opera House in October 2012! This Community Showcase Evening will be held at **Westbourne Church on Thursday 18 October 2012 at 7pm** and will consist of entertaining performances and readings by local community groups, a sneak preview of Paisley & Me by the professional cast and a panel discussion entitled 'Where is the Protestant Community Today' featuring local leading activists and commentators with question and answer session.

This is your chance to catch a glimpse a sneak preview of the groundbreaking new play by Belfast-born, Emmy Award-winning writer Ron Hutchinson in the heart of East Belfast as well as hear the views and experiences of local people. The panel discussion will include commentators from a range of political perspectives and will explore the current state of Ulster unionism. There will be an opportunity for the audience to participate in the discussion in a Question & Answer session. It is set to be a powerful and engaging event not to be missed!

For tickets and more information, please contact Tanya Kirk, Education & Outreach Coordinator, Green Shoot Productions on 028 90 291555 or email marketing@gbjproductions.com or website www.martinlynchproductions.com

Think Pink! Luncheon

Focusing on Local Woman with Breast Cancer with special guest Penny Junor, Author and Broadcaster on **Friday 19 October 2012 Europa Hotel, Belfast, Pink Champagne Reception at 12pm**. To book your tickets please contact Kirsty Thompson, Cancer Focus Northern Ireland on 028 9068 0771 or email kirstythompson@cancerfocusni.org Tickets cost £40 per person.

Skainos Fest "Your Community, Your Space"

In **Skainos Square, 239 Newtownards Road, Friday 19 October** is Music and Culture Night from **6:30pm-9:30pm**. Free food samples from several cultures Northern Irish, Chinese, African, Indian and Polish with a variety of music and dance performances.

Saturday 20 October is Festival Fun Day from **10:00am - 4:00pm**. Entertainment and activities for all ages• Live music, storytelling, face painting, cooking demonstrations, balloon modelling, football shootout, bouncy castles, dance and music workshops, and more! Find out what's on in East Belfast from more than 20 other participating organisations, tours of the new Skainos facilities and a free BBQ **from 12pm - 2pm**. **From 7:00pm** Crosslinks Drama Production Featuring talent from Culture Crosslinks, an arts-based youth project working in conjunction with East Belfast Mission's youth department.

East Belfast Anti-Rumour Network

Belfast City Council is working with GEMS NI, the Law Centre and the South Belfast Roundtable to deliver the Belfast Integration and Participation Project which aims to improve the integration and participation of migrant and minority ethnic communities in Belfast. One of the aims of the project is to establish Anti-Rumour Networks in north, south, east and west Belfast. These networks will bring together key community and statutory representatives as a means of combating the myths and rumours that we sometimes hear in relation to people from minority ethnic communities.

If you are interested in becoming a member of the east Belfast anti-rumour network you need to attend training which we are providing on **Friday 19 October 2012** from **9.30am - 4.00pm** in **Walkway Community Centre**, Finvoy Street, Upper Newtownards Road. This training will provide up to date information in relation to minority ethnic communities in Belfast and teach some of the skills that can be used to challenge rumours when they are heard. Everyone who attends this training will then be a member of their local anti-rumour network and they will link in with each other to combat damaging rumours that spread in the community. There has been considerable interest in this issue in east Belfast and we have decided to try to develop the first anti-rumour network here. This is a new project that is based on a model that has worked very successfully elsewhere. If you would like to attend this training please RSVP to stephanie.mitchell@sbrtr.org.uk by Friday 12 October 2012.

We are keen to get a mix of representatives from community and voluntary organisations as well as PSNI, Belfast City Council, NIHE, YJA and BELB. If you have any queries about anything in relation to the training or anti-rumour network please contact Margaret Higgins, Good Relations Officer, Belfast City Council on 028 9032 0202 ext:3547 or 078 2514 7712

National Schools Film Week

Castlereagh Arts invites local community to take part in National School's Film Week, a curriculum linked, UK-wide FREE film festival. Screenings are offered FREE to groups and leaders are provided with learning resources for centre based activities surrounding the films' themes.

War Horse, directed by Steven Spielberg, is an epic adventure set against a sweeping canvas of rural England and Europe during the First World War. *War Horse* begins with the remarkable friendship between a horse named Joey and a young man called Albert, who tames and trains him. When they are forcefully parted, the film follows the extraordinary journey of the horse as he moves through the war, changing and inspiring the lives of all those he meets - British cavalry, German soldiers, and a French farmer and his granddaughter - before the story reaches its emotional climax in the heart of No Man's Land. Date: **Wednesday 24 October** at **7pm** (screening time negotiable based on demand) in **Belvoir Studio Theatre**.

Eleanor's Secret, after Nathanael inherits his eccentric aunt's book collection he discovers that all the heroes of children's literature have taken shelter in the books and that they are now counting on him for protection. When his parents start selling off the books it's down to Nathanael to brave everything and save his tiny friends. Date: **Friday 26 October 2012** at **6pm** (screening time negotiable based on demand) in **Belvoir Studio Theatre**. To book your community group's place on either screening please call 028 9049 4566 or email carolinereid@castlereagh.gov.uk

Council Youth Forum is Recruiting

The children & young people's unit is currently looking to recruit thirty six young people from across the city to serve on the next Council Youth Forum. The Youth Forum extends the opportunity to raise important issues and also provides the following: the opportunity to meet new people and make new friends, have a say on things that matter to friends and peers, get involved in the decision making mechanisms of the Council, opportunities for self development and skill building and work alongside other organisations in the city.

The recruitment criteria would require young people to live in a Belfast electoral area and be aged between 13 - 18. New members serve for two years and should be available two nights per month. If you require further information, nomination forms or more leaflets/posters for distribution then please contact Lorraine Wallace, Children and Young Peoples Co-ordinator on 028 9050 0521 or email wallacel@belfastcity.gov.uk You can also log on to our website www.belfastcity.gov.uk/youthforum or email youth@belfastcity.gov.uk. Closing date of nomination forms is **Friday 19 October 2012**

Halloween Metro Monster Mash 2012

There`s something chilling in the air and some spooky goings-on as Belfast gets ready for its annual Halloween spooktacular on **Sunday 28 October 2012** from **2pm to 6pm** in the **Odyssey Car Park**. The Metro Monster Mash will offer entertainment for all the family, especially for all those young witches and wizards. Celebrations begin at 2pm and will feature live on-stage music and dance performances, street theatre and walkabout entertainers, breathtaking fire shows, face painters, wacky workshops and special guests. Don`t forget to come in your spookiest costume for the chance to win some great prizes! Entertainment will finish at 5.45pm, followed by the biggest fireworks display in Northern Ireland taking place from 5.45pm to 6pm. Translink Metro has organised free `ghost buses` to whisk little ghouls and goblins to and from the event. The free shuttle service operates on a circular route from SS Moores in Chichester Street to the Odyssey and back to City Hall from 2pm - 7pm. Parking at the event will be restricted so please use the shuttle bus service if possible. For further information contact 028 9027 0260 or email events@belfastcity.gov.uk

Alzheimer`s Society Dementia Activity Group

We hope to change people`s lives by preventing isolation that they may feel. We aim to do this by providing a social informal setting where there will be peer support to share experiences and gain practical information on living with dementia. Staff and volunteers will facilitate discussions and there will also be facilitated speakers on the topics that are most important to the individual group.

Alzheimer`s society recognises having dementia does not make a person, a person`s personality, interests and history make someone who they are. We want to ensure we do not forget the person and be taken over by the impact of the illness. Therefore the concentration of each group will be on a range of activities such as reminiscence, light exercise, social hobbies and cognitive stimulation.

The East Belfast group will be held on **30 October, 27 November** then every 4th Tuesday of each month in **Hollywood Arches Library** at **10.30am - 1.30pm**. The service is in a closed group structure. A person wishing to attend is to meet the set criteria and go through the referral process of a confirmed diagnosis of dementia; must be in the early-moderate stage of dementia, with no personal care needs and must attend with a carer/friend/family member. For a referral or more information please contact Nicola Neill and Roisin Coulter, Alzheimer`s Society North Down and Ards on 028 9181 0083 or e-mail Nicola.neill@alzheimers.org.uk or roisin.coulter@alzheimers.org.uk

Paisley & Me at the Grand Opera House

Green Shoot Productions presents Paisley & Me at the Grand Opera House. Green Shoot Productions is delighted to introduce the second play in its groundbreaking Ulster Trilogy, PAISLEY & ME by Belfast-born, Emmy Award-winning writer Ron Hutchinson. Paisley & Me is a play that stares hard at one of Northern Ireland's most iconic and controversial figures and his impact on the Protestant community in Northern Ireland. A hugely divisive figure in Northern Ireland, the Rev Ian Paisley has split political parties, churches and families. This play focuses in on one such family. From the Divis St riots in 1964 to Ian Paisley`s final momentous act of entering a power-sharing government with his deadly enemy, Sinn Fein, this powerful new drama explores what it is to be Protestant in Northern Ireland today. Controversial? Painful? Explosive? It's bound to be all those things. Dare to miss it. Directed by Matt Torney. Produced by Martin Lynch. Designed by Ciaran Bagnall **Grand Opera House, Tuesday 30 October – Saturday 3 November 2012** Performances: Tuesday, Wednesday, Thursday & Saturday 8pm. Friday 8.30pm. Matinees: Friday 5pm & Saturday 2.30pm Tickets: £11.75 ~ £28.00 For more information go to <http://www.goh.co.uk/paisleyandme>

Belfast Waterfront & The Ulster Hall - Community Access Scheme

At Belfast Waterfront and Ulster Hall we are dedicated to engaging with local charities, community groups and youth groups. Our Community Access Scheme forms a key part of our outreach work and offers the benefits of: free access to our community art galleries; community ticketing programme which offers community groups discounted concert tickets; free rehearsal and workshop space for registered groups ; community hire rate for Studio.

The Community Access Scheme is open to all community groups currently operating within Northern Ireland. In order to qualify for the scheme groups must complete an application form and demonstrate that they are active, inclusive and non party political via the submission of the following documentation: a governing document (e.g. constitution, articles of association, memorandum of understanding) which include a community or social benefit clause, Minutes of recent Board or Committee meeting, a list of current Board or Committee members.

To request an application form and for more information about the scheme, please contact Mark de Conink on 028 9033 4423, or email deconinkm@waterfront.co.uk

Self Harm in Your Community – Understanding the Relationship to Suicide

PHA is inviting Community & Voluntary organisations that work in the area of Mental Health Promotion / Suicide Prevention to attend this workshop on **Wednesday 21 November 2012 at 2pm – 4pm** in **Octagon Room, King's Hall, Belfast, BT9 6GW**. Please email Elizabeth McGrath liz.mcgrath@hscni.net to register for the workshop.

Suicide Prevention - What Works?

Contact have just confirmed that their second 'Suicide Prevention - What Works?' one day conference will be held on **Thursday 22 November 2012**, in the **Stormont Hotel, Belfast**. It will last from **9.30am - 4.30pm**. Conference presenters include: David Covington (National Chair of the NSPL Lifeline - lead U.S. strategy contributor on suicide risk assessment and prevention), Professor Annette Beautrais (World Health Organisation lead on international suicide prevention strategy results), Professor Mike Tomlinson (School of Sociology, Social Policy and Social Work at Queen's University Belfast, and author of 'The Trouble with Suicide'), Trisha Forbes (Queen's University Belfast, presenting on Contact's Atlantic Philanthropies funded study on youth suicide prevention), and Dr John Devaney (QUB) / Dr Teresa Gerrity (NCB) presenting on early intervention aggression related trauma research. Send all booking enquiries to caroline.king@contactni.com

Sexual Health Education Facilitators Training Course

This course is designed for people who would like to develop their knowledge and skills to become providers of Sexual Health Education, as part of their current role and/or in the wider community in the Belfast area. This course has been accredited by the Open College network (OCN) as a Certificate in Sexual Health Education with 12 credits at Level 3. To complete this accreditation requires full attendance at 10 training days along with personal study and completion of course assignments. Applications are welcome from people working in either statutory or voluntary sectors within the Belfast Area who want to provide Sexual Health Education, with young people/adults. Places are restricted to 10 participants. ACET has been funded by the Public Health Agency to provide this accredited course in the Belfast area, therefore ACET can provide this course free of charge to the course participants. Dates in 2013 is Jan: Thursday 17th, 24th, 31st. Feb: Thursday 7th, 14th, 21st, 28th. Mar: Thursday 7th, 14th, 21st. All training will take place at Knockbracken Healthcare Park and will run from 10am to 4pm. For further information and to download an application form, please visit our training page at www.acet-ni.com/training2012-13 Alternatively, please contact Nigel Armstrong at nigel@acet-ni.com or telephone on 028 9032 0844

Youthworks Programme

A new programme for young people in South or East Belfast, Youthworks is currently recruiting for a new intake. Are you 16-17? Are you unemployed or not in training or education? Would you like to improve your chances of getting into training or education? Would you like to meet other young people like you from different community backgrounds? Do you live in south or east Belfast? Are you interested in training, qualifications, driving lessons, residentials, free childcare... If yes, then why not apply for Youthworks. For more information contact Andy Moorehead, East Belfast Alternatives on 028 9045 6766 or Debbie Hamill, South Belfast Alternatives on 028 9031 5763. Funded through the Sharing in Education programme.

3. Funding News

If you would like any assistance with applying for any of the funding opportunities below please contact Jonny Currie, Community Support Manager on 90 451512 or email jonny@ebcda.org.

McDonalds Kick-Start Community Soccer Grants

The McDonalds Kick Start scheme is a new programme to support local community football teams to grow, develop their players and build links with the community with grants ranging from £500 to £2500.

You can apply for a grant on behalf of your club, as long as they are recognised by your national FA - so in Northern Ireland's case the IFA (Irish Football Association) and have at least one team at or below junior (U18) level. You must be over 18 and involved with the club at some level, such as a coach, volunteer or parent and there is only one application can be made per club per project application period.

You can apply for anything, which will help to support, grow or develop your players and the community for one-off grants of between £500 to £2500 including VAT for a single project. There are two remaining application cycles in 2012 and any club can only make one application per cycle.

Opens 1 July and closes 30 September 2012

Opens 1 October and closes 31 December 2012

Full information about McDonalds Kick Start is available at

www.mcdonalds.co.uk/ukhome/Sport/Football/Investment/small-grant.html.

Belfast City Council Community Development Project Grant

This grant aims to support Belfast-based organisations with small scale funding (up to a maximum of £500) to deliver projects and programmes in local neighbourhoods, for example:

- developing a community building's programme
- enabling new groups to become established in areas where there is little or no community activity
- contributing to the ongoing organisational or programme costs of small community projects
- supporting short courses that aid the development of self confidence and skills for committees and volunteers

Please note that priority may be given to applicants not awarded funding at the previous open call in March 2012. The deadline for applications is **4pm on Thursday 4 October** 2012. Late applications cannot be accepted. Visit <http://www.belfastcity.gov.uk/funding/communitydevelopment.asp> for more information.

Castlereagh Borough Council one day Funding Conference

Castlereagh Borough Council one day Funding Conference will be on **Monday 15 October** from **10am to 4pm** in **Castlereagh Hills Golf Club**. In response to an increasing number of funding enquires from local community groups, Castlereagh Borough Council is holding a one day funding conference to provide interested groups or persons with the required skills and knowledge to make successful funding applications.

You will benefit from: Workshops facilitated by NICVA focussed on; Community Fundraising; Community Grants. Meet local charities and community groups who have successfully secured funding from Government bodies i.e. Big Lottery or Foundation Funding for example the Community Foundation. Meet the funders: A selection of funding bodies will be in attendance to help advise you regarding applications. They will provide information on what funding is available to you. This event is free and places are limited, please contact Yvonne Burke on 028 9049 4645 or email yvonneburke@castlereagh.gov.uk for more information.